

The Love Bucket Water Activity

Equipment needed:

- 1 large clear empty bowl
- 1 large clear measuring cup
- Colored water



The large clear bowl represents our love buckets. The colored water represents things we do that will communicate love to our spouse: affirming words, acts of service, quality time, gifts, or physical touch (the five love languages).

To demonstrate the importance of “speaking” your spouse’s love language the instructor starts pouring the colored water into the large bowl, explaining that Hannah is filling Jeremy’s love bucket. A little bit of water is poured into the bowl when she tells Jeremy how much she appreciated the fact that he had cooked supper and put the kids in bed so she could have some time for herself.

A little bit more is poured in when Jeremy overhears Hannah telling her friend that Jeremy is a wonderful husband.

A little more is poured in when Hannah decides to go with Jeremy when he is going out to feed the horses.

When Hannah gives Jeremy a gift, a little more goes in his love bucket.

Lots of water goes in the “love bucket” when Hannah reaches out and touches Jeremy throughout the day by messing up his hair as she walks by, or holds his hand while taking a walk. **Physical touch is his love language.** The other things are important, and yes they contribute to the love bucket, but when she uses his language the level rises significantly.

How do love languages relate to your finances?

If your partner's love language is...	You might consider...
Words of affirmation	Verbal acknowledgment of meeting financial goals, finding a bargain, appreciation of openness to discuss finances, etc.
Acts of service	Balancing the checkbook, making financial appointments, investigating financial questions, preparing and sharing financial information
Quality time	Find inexpensive or free things to do together, plan a vacation for one on one time, discuss how you can set aside chores or other commitments for time with your partner.
Gifts	It isn't the price that counts. Find meaningful gifts that speak to your partner's heart and look for creative ways to deliver them.
Physical touch	Explore new kinds of touch. Check out a book on massage from the library, discuss when your partner most appreciates your touch, buy or barter a massage for your partner if they appreciate therapeutic touch.