

18th Annual Pain Resource Nurse (PRN) Training Course

September 2, 3, 4, 2009

7:30 a.m. ~ 4:00 p.m.

City of Hope Platt Conference Center

New material!



Same low price!

Featured Speaker:

Chris Pasero, MS, RN-BC, FAAN

Presented by:
City of Hope Nursing Research & Education Department

2009 Pain Resource Nurse Training Course

Yes, I will attend!



Name: _____ License #/State Issued: _____
Address: _____ City, State, Zip: _____
Phone Number: _____ Email: _____
Institution: _____ Position: _____

Pain Management Case Studies: A B C (See Agenda, Day 2 →)

Early Bird Registration (postmarked by Aug. 21, 2009)

- \$300/person for all 3 days
- \$250/person five or more from one institution*
- \$225/person for students**/COH staff
- \$100/person per day
- \$75/person per day for students**/COH staff

Registration (postmarked Aug. 22 - Sept. 1, 2009)

- \$325/person for all 3 days
- \$275/person five or more from one institution*
- \$250/person for students**/COH staff for all 3 days
- \$125/person per day
- \$100/person for students**/COH staff

Please send this form along with check made out to City of Hope:
Maggie Johnson ▪ Nursing Research & Education
City of Hope ▪ 1500 E. Duarte Road ▪ Duarte, CA 91010

* mailed together

** please send confirmation of student status

Contact: Maggie Johnson

626 256-4673 Ext. 63202 or mjohnson@coh.org

Provider approved by the California Board of Registered Nursing, Provider #CEP13380, for 18 contact hours.

COURSE DESCRIPTION AND OBJECTIVES

Pain is a significant problem in management of acute, chronic, malignant and non-malignant conditions. The primary objectives of this course is to educate nurses in pain management and prepare nurses or institutions to develop the role of the Pain Resource Nurse. Upon completion of this course, participants will be able to:

- ★ Discuss appropriate advocacy, communication, and education strategies.
- ★ Identify current issues in acute and chronic pain management.
- ★ Describe the process of pain assessment.
- ★ Identify the pharmacologic approaches to the management of pain and side-effect management.
- ★ Explore the use of non-pharmacologic interventions for pain management.
- ★ Identify issues in pain management for pediatric, elderly and other at risk populations.
- ★ Review resources for extending pain education in your settings.
- ★ Discuss the role of the Pain Resource Nurse.
- ★ Review professional self-care strategies.

**Helps with
JCAHO Compliance
in Pain Management**

AGENDA

- Day 1** Pain Assessment and Principles of Pain Management
Nonopioids, Anticonvulsants, Antidepressants, Tramadol, Local Anesthetics
Opioid Analgesics: First-line Opioids, Equianalgesia, Addiction, Titration and Range Orders
Selected Therapies: PCA and Alternative Uses of Analgesic Pumps, Perineural Infusions, Intraspinial Analgesia, Prevention of Opioid-induced Respiratory Depression
- Day 2** Pediatric Pain
Pain Management at the End-of-Life
Pain Care Needs of Elders
Psychosocial-Spiritual Aspects of Pain Management
Communication
Pain Management Case Studies:
A. Acute/Post Op B. Chronic/Non Cancer C. Palliative/Cancer
- Day 3** An Institutional Commitment to Pain Management/Role of PRN
Preparing for Pain Management Nursing Certification
Non-Pharmacologic Interventions for Pain Management
Review of Resources for Extending Pain Education in Your Settings
Caring for the Professional Caregiver

Travel Information:

<http://sccpi.coh.org/>

City of Hope Directions & Maps:

<http://www.cityofhope.org/About/directions.htm>

**Registration includes
Extensive Course Materials
& Meals**

