

Be Part of the Group 4-H Project Box Contents

This box contains the lesson plans and materials for three lessons in the 4-H *Be Part of the Group* project designed for 12 participants. Some materials are to be shared in small groups. *Friendship* and *Listening for Sounds* are targeted at youth in grades 3-4. *Leading Games* is targeted at youth in grades 4-5. It has two parts that can be used over two sessions. Each Lesson takes approximately 50 minutes to complete.

	Date √	Date √	Date √	Date √	Date √	Date √	Date √	Date √
Materials in this box								
Activity Plan: <i>Friendship</i>								
Activity Plan: <i>Leading Games, Part 1</i>								
Activity Plan: <i>Leading Games, Part 2</i>								
Activity Plan: <i>Listening for Sounds</i>								
Activity Plan: <i>Today I Feel Silly</i>								
Book: <i>Today I Feel Silly</i> by Jamie Lee Curtis								
Book: <i>I'm Gonna Like Me, Letting Off a Little Self-Esteem</i> by Jamie Lee Curtis								
Beans								
12 black film canisters								
1 blanket								
1 CD (with songs about friendship)								
1 die (single dice)								
Items that make sound (in the canisters, i.e. jingle bells, popcorn, metal nuts, paper clips, cotton balls)								
2 markers								
1 Mood Dudes set								
12 newspapers								
Paper slips								
12 pencils								
1 playing cards, pack								
2 poker chip packs (space markers)								
4 scissors								
3 soft balls								
Sound Bingo Card								
Sound Bingo Pictures								
1 tape roll								
Additional materials not in this box								
Activity slips								
1 apple								
Feelings BINGO cards (example in Activity Plan – vary the layout)								
CD Player								
Crayons								
Flip Chart								
Large white paper (instead of newspaper)								
Money (15 pennies, 10 dimes, 6 nickels)								
Mood cards (take from Feelings BINGO)								

Music								
1 orange								
Prizes (optional)								
Skills List Checksheet								

Materials Checklist for Each Lesson

Friendship- Positively interacting with others in a group setting.	Date √	Date √	Date √	Date √	Date √	Date √	Date √	Date √
Activity Plan: <i>Friendship</i>								
• <u>Activity: Circle of Friends</u>								
1 CD (with songs about friendship)								
• <u>Activity: Paper Hat Friends</u>								
12 newspapers								
1 tape roll								
Additional materials not in this box								
CD Player								
Crayons								
Enhance/Simplify								
Large white paper (instead of newspaper)								

Leading Games I & II- Learning to effectively lead games.	Date √	Date √	Date √	Date √	Date √	Date √	Date √	Date √
Activity Plan: <i>Leading Games, Part 1</i>								
Activity Plan: <i>Leading Games, Part 2</i>								
• <u>Activity: Foxes and Squirrel</u>								
3 balls, soft								
2 markers								
12 pencils								
Additional materials not in this box								
Activity slips								
Flip chart								
Skills List Checksheet								

Games to Play with Elementary-age Children – supplement to <i>Leading Games I & II</i>	Date √	Date √	Date √	Date √	Date √	Date √	Date √	Date √
• <u>Activity: Bean Game</u>								
Beans								
• <u>Activity: Exchange game</u>								
1 die (single dice)								
Additional materials not in this box								
Money (15 pennies, 10 dimes, 6 nickels)								
• <u>Activity: Apples to Oranges</u>								
Paper								
12 pencils								
Additional materials not in this box								
1 apple								
Music								
1 orange								
• <u>Activity: Blanket game</u>								

1 blanket								
• <i>Activity: Fitness Mania game</i>								
1 playing cards, pack								

Listening for Sounds - Learning the importance of listening.	Date √	Date √	Date √	Date √	Date √	Date √	Date √	Date √
Activity Plan: <i>Listening for Sounds</i>								
• <i>Activity: Sound Shakers</i>								
12 black film canisters								
Items that make sound (in the canisters, i.e. jingle bells, popcorn, metal nuts, paper clips, cotton balls)								
• <i>Activity: Sound Bingo</i>								
4 scissors								
Sound Bingo Card (part of Activity Plan)								
Sound Bingo Pictures (part of Activity Plan)								
2 poker chip packs(space markers)								
Additional materials not in this box								
Prizes (optional)								

Today I Feel Silly – Explore, identify and have fun with ever-changing moods.	Date √	Date √	Date √	Date √	Date √	Date √	Date √	Date √
Activity Plan: <i>Today I Feel Silly</i>								
• <i>Activity: Read Today I Feel Silly</i>								
Book: <i>Today I Feel Silly</i> by Jamie Lee Curtis								
• <i>Activity: Feelings BINGO</i>								
2 poker chip packs (space markers)								
Additional materials not in this box								
Feelings BINGO cards (example in Activity Plan – vary the layout)								
Mood cards (take from Feelings BINGO)								
• <i>Activity: Feelings Toss-A-Cross</i>								
1 Mood Dudes set								
Enhance/Simplify								
Book: <i>I'm Gonna Like Me, Letting Off a Little Self-Esteem</i> by Jamie Lee Curtis								