

\$500 - 1,000 Training Funds Available to the Wisconsin Afterschool Network (WAN) partners working with UW-Extension staff to support WAN's vision that: All Wisconsin school age children and youth have the opportunity to attend a high quality afterschool program.

Apply by Jan. 7, 2008

E. LOCAL FUNDS CAN BE USED FOR:

- Staff, curricula, training materials, program supplies, travel, transportation, activities that strengthen collaborations, public education and marketing. Examples include the following:
- Mileage for Extension staff to attend the Wisconsin Afterschool Network gatherings, the Wisconsin AfterSchool Association Conference and other relevant afterschool training events. Staff are encouraged to bring a carload of partners along with 4-H youth and adult volunteers to these training events. To access funds, Extension Staff must submit a State Travel Expense form found at <http://www.uwex.edu/business-services/forms/http://www.uwex.edu/business-services/forms/>
- Making training notebooks, teaching kits, meals and break food for local trainers and trainees, rental for meeting space and other actual training expenses and/or supplies needed to carry out the local training.
- 4-H Afterschool training materials and promotional materials from www.4-Hmall.org or Lights On Afterschool promotional materials found at http://www.afterschoolalliance.org/lights_on/art_main.cfm or other reputable sources.
- Grant funds *cannot* be used for the purchase of capital equipment or hardware, paying volunteers or Extension staff for services, building and renovation, in-direct costs or administrative overhead expenses or any costs that do not benefit the proposed training program.

G. HOW TO SUBMIT TRAINING PLANS:

- **ONE** training plan/county must be submitted by UWEX staff. 4-H staff must work with at least two other local partners Applicants type information into a simple Word.doc and e-mail to tom.carpenter@uwex.edu on **January 7, 2008** by 4:00 p.m. CST.

TRAINING PLANS MUST INCLUDE:

A brief 2-3 page narrative response covering the following topics:

- 1) **Applicant contact person**, e-mail, address, phone and fax information along with at least two co-trainers.
- 2) Brief **historical description** about your local after school partnerships, your current training needs, a list of your partners and their organizational affiliation.
- 3) The **planned training goals** and objectives, evaluation plan, training outline, brief description of how you will **reach at least 10 afterschool providers and/or partners with 8 hours of training and support between January 15, 2008 – August 29, 2008**. Smaller counties can work together if they wish.
- 4) Indicate how this training plan will promote and infuse **citizenship/civic engagement** during training. We encourage you to use the Civic Engagement Resource Guide which can be found at <http://www.4hafterschool.org/resourceguides.aspx> and the Wisconsin Afterschool Network Guiding Principles found at <http://dpi.wi.gov/sspw/wan.html>
- 5) Proposed training **timeline** between January 15, 2008 – August 29, 2008 indicating how you will build in the 8 hours of training and support to at least 10 afterschool providers and partners.
- 6) Itemized **budget** expenditures including a brief budget narrative on how you intend to spend training funds. Suggested budget categories include:

Expenditures	Grant Request	Supporting Funds (if any)	Total
Salary/Stipends			
Fringe Benefits			
Travel			
Curricula			

Supplies			
Training materials			
Marketing materials			
Total			

REPORTING REQUIREMENTS:

1. *After-school Provider Survey* is required by all 2008 4-H Afterschool Training Grants funded by the MetLife Foundation. Only one survey should be completed per training session. See the 2008 After-school providers training survey sample on the National 4-H Council grants page: <http://www.fourhcouncil.edu/GrantsProgram.aspx> for more details.
2. *Success stories* on your 4-H Afterschool Training grant must be submitted into the Cooperative Extension Planning and Reporting System by December 31, 2008
<http://www.uwex.edu/ces/techservices/prs/>
3. By September 3, 2008 the lead Extension trainer must submit to tom.carpetner@ces.uwex.edu :
 - An electronic copy of the *participant and trainer roster* that includes name, organization, title, mailing address, phone number and e-mail of all participants.
 - Electronic copies of *training materials* to share on the 4-H Afterschool website. Please make sure it is not copyrighted material unless you have permission

Applicant Contact Information

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Historical Description

Fond du Lac County 4-H has been a partner with Fond du Lac Boys and Girls Club Afterschool program since 2002. As the Afterschool program has grown the role of 4-H Youth Development staff has evolved into three areas. They include support of B&GC Afterschool staff training (many staff are new each year and are college students with limited experience); providing age appropriate resources and curriculum, and helping staff organize and maintain 4-H Afterschool clubs within the Afterschool program. As the 4-H Afterschool club leadership moved from being 4-H staff led to B&GC staff led the staff have had difficulty in understanding their role and the youth have found it difficult to see a clear difference in 4-H Afterschool and their regular Afterschool involvement. There has not been a strong connection between 4-H Afterschool and 4-H community club programming. Each could be a resource to the other. The Afterschool program especially targets low income children (41% of Fond du Lac School District students are eligible for free or reduce price lunches) and the growing number of children who require English as a Second Language instruction. These are audiences that are typically underrepresented in 4-H.

Throughout recent years the Volunteer Center of Fond du Lac County, Boys and Girls Club, and Fond du Lac County 4-H have collaborated in a variety of efforts (i.e. summer

leadership adventure, youth service day, service learning task force, orientation for college students doing service learning). Youth are looking for opportunities to be involved in community service and service learning to benefit the greater good and to learn more about the community and the world in which they live. This semester the Volunteer Center is working to bring the Random Acts of Kindness service learning program to third graders at each of four Afterschool sites. Volunteers will be sought to lead this program.

Objectives (Outcomes)

1. Afterschool staff & volunteers will develop skills to effectively carry out their roles
2. Young people in Afterschool will build civic/citizenship skills
3. 4-H Afterschool club programming will be strengthened

Planned Activities (Outputs)

- A.) Feb. to April - Random Acts of Kindness service program for 3rd graders, Volunteer Center of Fond du Lac County would recruit volunteers to lead this program one day/week for 4 to 6 weeks at each of 4 sites
- B.) March - Staff training (1 ½ hours) 20-30 staff
 1. Transitioning activities to move children effectively from one activity to another
 2. Core competencies for paid and volunteer staff who work with youth;
<http://www.nydic.org/nydic/staffing/workforce/NCYApprovedCompetencies.htm>
- C.) Develop a pilot “club mentor” program where community 4-H club members would work with 4-H Afterschool staff and members to strengthen 4-H Afterschool clubs
- D.) Mid June through early August lead a one day/week service learning program for 4th & 5th grade Afterschool students using the Civic Engagement Resource Guide
<http://www.4hafterschool.org/resourceguides.aspx>
- E.) Week of August 25-29 staff training for 20-30 people
 1. Positive guidance and discipline (1 hr)
 2. Experiential learning and effective teaching methods (1 hr)
 3. What is 4-H, Managing a 4-H Afterschool Club, Introduce new 4-H curriculum (1 hr)
 4. Core Competencies repeated because of new staff (1 hr)
 5. Nan Baumgartner, Family Living Educator will do a training on poverty awareness and understanding. (4 hours)

Evaluation Plan

Number of volunteers who received training and led Random Acts of Kindness programs, and follow-up interview of their perception of the value of the program to the youth and to those served

Number of students who participated in Random Acts of Kindness and summer service learning, and a post survey on what they learned and how they feel about providing service to others.

Written feedback form from Random Acts of Kindness and summer service learning recipients as to the value of the service

End of session evaluations at staff trainings to indicate increase in knowledge and how it will be applied.

Number of youth and adults from community 4-H clubs who will be mentors to Afterschool 4-H Clubs. Written feedback from 4-H'ers on what they learned from this experience. Written feedback from staff as to the effectiveness of 4-H community club involvement.

Budget

Expenditures	Grant Request	Supporting Funds (if any)	Total
Salary/Stipends			
Fringe Benefits			
Travel	400		
Curricula	160		
Supplies	280		
Training	160 490		
Marketing materials			
Total	1000 1330		

Budget Narrative

In-kind

- Salary of B&GC staff while attending training
- Salary and travel of B&GC, UWEX or others conducting training

Travel

- Bus transportation to take youth to service sites

Curricula (for each of 4 sites)

- Civic Engagement: After-School Activities for Citizenship, Leadership and Service \$10
- Public Adventures 4-H curriculum \$10
- Poverty session handbook \$20

Supplies

- Copies, pens, refreshments for staff and volunteer training
- Snacks and materials for youth for service learning projects
- Snacks and materials for 4-H community club mentoring 4-H Afterschool clubs

Training

Funds for 2 B&GC staff members to attend Wisconsin Afterschool Conference in Appleton in April **Increase in training line item as we believe that a more realistic estimate of the conference and lodging will be about \$175/person x 2 =\$350. We will also send two staff to the Educating the 21st Century Citizen training on February 20. It is a service learning training. Cost is \$70/person.**