

Connecting to the Wisconsin Afterschool Network

Adapted by Kathi Vos, 4-H Experiential Learning Specialists from John DeMontmollins's It's in the Bag Team Building Activities Handbook.

Change Challenge

Group Size: Medium to large

Materials: One rope tied in a circle or loop for each person. Each rope should be four to six feet long

Directions:

1. Lay the loops out on the ground and have each person stand in one loop. Each loop represents resources. Standing with both feet in the loop (or on one foot in the loop) represents using resources wisely. Having one foot in the loop and one out of the loop represents not using resources wisely.
2. When you call out, "change," each person should find a new loop. The activity doesn't continue until everyone is in a loop.
3. After one or two changes, start gradually removing loops so people have to double up inside the loops.
4. Eventually, you will end up with only one loop and everyone standing in it. The challenge is for everyone to be using resources wisely (e.g. no feet outside the loop).

TALKING IT OVER:

Reflect

- How did **you** work with others to save resources?
- How did **group members** support one another during times of change?
- What advantages are there for being able to make good use of your resources?

Apply

- What resources do we now have, that we could share to better support the needs of Afterschool programs?
- How can we help each other use resources wisely on a local level? On a state level?