

Skillathons: A Hands On Teaching Technique

Skillathons are an excellent way to involve learners in a challenging, non-competitive, learn by doing activity. A skillathon is a series of learning stations at which teams are presented with realistic situations and task to do. The teams attempt to complete the tasks BEFORE being told or shown how. The facilitator at each station follows with questions to help teams REFLECT on their experiences.

The Display Board will highlight the Situation and Task and only the key steps to do the activity. You will also get a complete handout of the activity. You will get to sample each different stations for only **7-10 minutes** Therefore your facilitator will move you along. You may not have enough time to complete the activity but be sure to allow some time to TALK IT OVER using the questions that support the steps of the Experiential Learning Model.

Here's the text that is on each of the display boards, just in case you want to recreate this at another time. They are easy to put together and really work well for local training.

Experiential Learning Model

