

2007 NORTH CENTRAL REGION VOLUNTEER FORUM

Educational Sessions Summary

101 Byron Garrett Super Session

During his super session, Garrett will present strategies that you can use to develop youth-adult partnerships. *Byron Garrett, National 4-H Program Leader.*

102 Update Your Club's Nutrition IQ

Cover the basics of health, nutrition, fitness, environment, addictive substances, hygiene and the growing problem of obesity in America. *Debora Raboin, Adult Volunteer, & Jessica Raboin, Youth Volunteer, Wisconsin.*

103 Reenergizing Your 4-H Service Projects

Would you like to learn exciting ways to help your club put excitement back in your service projects? Through hands-on activities, learn about the “best practices” of service-learning projects, simple and effective reflection activities, and become inspired to try some new service projects in your community. All participants will receive a copy of “Reflection Activity Ideas For Community Service and Service-Learning Projects” and lesson plans that can help your club learn more about service-learning. *Jessica Jens, 4-H Youth Development Agent, & Youth Volunteers, Wisconsin.*

104 Building Strong Camp Staff

Is your camp struggling to find capable camp staff? Learn how to retain your campers and teach them to be star staff. Many counselors feel uneasy about taking on this leadership role because they feel they don't have the tools to do so. This program provides those tools by creating training for CIT's (Counselors in Training) and Assistant Counselors to provide opportunities for new staff to gain the confidence needed to become stars. Hands-on activities! *Terri Brunner, 4-H Program Assistant; & Youth Camp CIT's & Counselors, Wisconsin.*

105 Promoting 4-H to the Media

4-H has lots of “good news” opportunities throughout the year. Learn tips on working with local media to get the recognition that your 4-H club and members deserve. Sample press releases and radio public service announcements will be provided, as well as samples of media clippings published in Illinois. Participants will receive a calendar of media ideas and have time to brainstorm other possibilities. *Natalie Bosecker, Media Communications Specialist, Illinois.*

106 4-H Club Meetings . . . Capture the Enthusiasm!

Putting together an interesting 4-H meeting is like putting together a puzzle, except you have the flexibility to put the puzzle pieces together the way that works best for your club and its members. Are you looking to find that perfect fit? Learn new ways of organizing your meeting and officer teams; bring back the “cool” factor to your club. Community service, fund raising, holding an officer position – what does it all mean? Take with you some creative ideas, handouts and pieces to your club's puzzle. *Karen Sipple & Chris*

Viau, 4-H Youth Development Agents; & Laura Bucholz & Jason Greis, Youth Volunteers, Wisconsin.

107 Youth and the Loss of a Project Animal

Has one of your project members lost a project animal and had trouble dealing with the loss? This session will help leaders look at ways to support their members if/when they sell their project, an animal dies, or ownership changes. Explore resources and possible approaches for working with youth during a difficult time. *Melanie Miller, 4-H Youth Development Specialist, Wisconsin.*

108 International Friendship Exchange: The 4-H Flat Stanley Project

The Flat Stanley Project, an international literacy and communications activity for youth, is based on the book “Flat Stanley” by Jeff Brown. There are many advantages to being flat and one of them is the ability to travel in an envelope. Learn how 4-H youth can travel around the world without leaving home. *Kevin Palmer, Youth Development Educator; & Adam & Mallory Miles, Youth Volunteers, Wisconsin.*

109 Half Empty or Half Full? Fostering Optimism

Optimism about life’s challenges can be developed during childhood with the support of parents and the assistance and intentional programming of caring adult volunteers in youth organizations. Optimism is influenced by a person’s ability to accurately assess challenges, identify feelings, and plan for best outcomes. Participants in this workshop will practice a model for promoting optimism in youth by building their competence and confidence. *Marilyn Rasmussen, Associate Professor, South Dakota.*

110 10 Minute Leadership Lessons

The skills of leadership must be taught and caught! Skills such as teamwork, goal setting, consensus building, problem solving, and communication are vital in all types of groups. You can build leadership in your club, project meetings, camps, and other settings by incorporating fun and interactive lessons. You will leave this workshop with a wealth of new “leadership lessons” and the strategies to help implement them. *Anne Stevenson, Regional Extension Educator, Minnesota.*

111 Games that Energize, Enlighten and Excite!

Need to spice up your club meeting? Ever have a county project that needed a boost? What about a youth lock-in that needed some get acquainted games? Then this training is for you. We’ll teach you games that are fast, fun and fabulous. You’ll also be able to purchase our “Backpacks To Go!” filled with everything you need to teach games in a flash. *Jill Lindert, Adult Volunteer, & Christine O’Neil, Youth Volunteer, Wisconsin.*

112 Fun with Rabbits

Learn about rabbit care, leadership and community service opportunities in county rabbit clubs. Will have live rabbits for breed identification and judging. Learn about showmanship contests and rabbit royalty. Come to watch or get hands-on experience. *Tom & Cherie Trieb & Family, Kansas.*

203 Building Hippology Boards Through Teamwork

Hippology boards can be a fun way for youth to learn about horses. Constructing Hippology boards can also be a great way for club members to work together on creating educational tools. Participants will learn how to select appropriate topics and how to interchange details to vary the difficulty level. There will also be discussion on how the youth can have fun being involved with the process from start to finish. *Liv Sandberg, Equine Extension Specialist, Wisconsin.*

204 New Trends in Sewing

A TV studio has been Nancy Zieman's classroom for the past 25 years. During this quarter of a century, sewing methods, notions, and attitudes have made drastic changes and improvements in both technology and equipment. Learn about the newest methods, trends and teaching methods in Nancy's Super Session. Find out how you can apply these techniques and projects in your local 4-H club and with your sewing members. *Nancy Zieman, Host /Producer of the TV show Sewing With Nancy & founder of Nancy's Notions, Beaver Dam, Wisconsin.*

205 Public Adventures – Building Active Citizens

Youth and adults working together on "4-H Public Adventures" can make a real difference in their communities. This process for developing active citizens uses the approach of helping youth identify where their interests and passions come together with the "public good." The Public Adventures model goes beyond service to giving youth a real voice and meaningful roles in community development. *Katy Forsythe, 4-H Youth Development Educator, Wisconsin.*

206 Don't Be Scared: Meeting Facilitation Made Easy

Ever feel like a meeting is going nowhere? Projects and action planning efforts can be greatly enhanced by well facilitated meetings. At the completion of this session, you will have learned basic facilitation and recording skills. Learn how to apply and teach them through fun and interactive activities. Leave with the ability to facilitate your meetings more efficiently and able to teach others to facilitate meetings more effectively. *Amanda Kostman, 4-H Youth Development Program Advisor, & Neil Jackson, Youth Ambassador & Leader's Association Vice President, Wisconsin.*

207 Learn More About the 4! An Overview of the Four Essential Elements of Positive Youth Development

Belonging, mastery, independence, generosity – known as the Four Essential Elements of Positive Youth Development – are what make 4-H great. Come learn more about the Four Essential Elements in this interactive workshop and take home ideas to share with others. *René Mehlberg, 4-H Youth Development Educator, & Kari Kopf, Youth Volunteer, Wisconsin.*

208 Non-Traditional 4-H on the Reservation

This will be a great opportunity to learn and re-create projects used with our pro-Native Legends, Traditional Games, the Buffalo Box, and many others. This will give you many

ideas you can use with your 4-H programs. Join us and learn how you can add diversity to your programs. *Sue Isbell, Human Development Extension Agent, North Dakota.*

209 TeRRiFFiCC Teachable Moments

Everyone who works with children knows the value of a teachable moment. With TeRRiFFiCC Teachable Moments, you can respond to character and behavior issues at a moment's notice. The 75 hands-on, minds-on mini lessons (about 10 minutes each) equip you to reinforce positive behaviors and discourage the less desirable ones. Participants will learn how to create their own teachable moments, receive sample lesson plans, and have the opportunity to purchase this resource at a discounted price. *Judy Taylor, Youth Development Educator, Illinois.*

210 “Hey Coach – Help Me Capture the Spirit of Mentoring!”

In this fun and interactive workshop, participants experience the powerful, spirited process of being a mentor. There are lots of ways older 4-H members can lead as coaches and helpers, and this workshop deals with the steps of the mentoring process. Hear about examples of mentoring projects taking place in Southern Illinois where youth and leaders alike are able to plan for their own chances to capture the spirit of mentoring. *Steve Wagoner, Youth Development Extension Educator, Illinois.*

211 Community Service with an International Connection

Learn about a 4-H youth's trip to Nicaragua and how it led to an international community service project for her 4-H club in Fond du Lac County. Share in learning about the traditions of a Central American country where needs are great and find out how your 4-H club can get involved in a similar opportunity. *Kayla Schraufnagel, Youth Volunteer, Wisconsin.*

212 Club Rummage Sale for Profit and Leadership

Looking for a different fund-raiser for your 4-H club? Learn how to organize and run a successful club rummage sale. Involve youth, families, and your neighbors while raising funds from your garage. Tips for promotion, pricing, and signage through selling, customer service and cleanup *Jean Kumba, Adult Volunteer, & Jackie Kumba, Youth Volunteer, Wisconsin.*

303 Get into the Act

Theatre Arts Adventure Curriculum activities will be shared by the director and members of the 2007 Wisconsin 4-H Drama Company during this workshop. Participants will learn and be involved in character, voice, movement, and improvisation activities that will help in school, 4-H and forensics. All participants will learn about materials to use with youth in grades K-12 in their home counties. *Herb Stoltenberg, 2007 Wisconsin 4-H Drama Company Director, & Drama Company Members.*

304 Gardening with Youth: “It’s a Garden Party”

Mary Mary quite contrary, how does your garden grow? Research has proven that youth who garden also tend to eat healthier. Gardening with youth plants seeds of confidence and self-esteem and encourages youth to make healthier life style choices. The University

of Minnesota Master Gardeners, 4-H and the nutrition educator have grafted together to create community gardens that enhance a love for learning and gardening. This session will sprout your imagination, fertilize your knowledge, and water your hope of creating gardening projects in your area. *Janet Malone & Tammy Mordich, 4-H Program Coordinators; & Marilyn Hoffland, NEA, & Mary Detringer, Master Gardeners, Minnesota.*

305 Tools to Promote and Enhance the 4-H Program

Come learn tips and receive tools to help you communicate with and promote your 4-H Club. Easy-to-use templates and graphics for newsletters, flyers, postcards, certificates, press releases, and more will be provided. Learn the tricks needed to add and move graphics in Microsoft Word documents. Share your promotion ideas with other participants. Take home tools to help communicate and promote 4-H. Templates and material examples are available at <http://www.4-H.uiuc.edu/staff/promotion.html>. *Natalie Bosecker, Media Communications Specialist, & Sue Reilly, Adult Volunteer, Illinois.*

306 Operation Military Kids: Volunteers Supporting Military Youth and Their Families

The Operation Military Kids (OMK) program was established by the U.S. Army, Child and Youth Services, 4-H, and other national partners to provide strong community support for military families. In this interactive workshop, participants will learn about OMK programs and resource materials. Open discussions will identify methods for youth and adults to extend community support to children from military families. *Steve McKinley, Extension Specialist, Indiana.*

307 Fun, Laughter and Spirit: Club Activities in a Bag!

Those first few minutes at the beginning of the 4-H year can be awkward for new and established 4-H families. Clark County 4-H has developed a number of activities and ideas to share in creating a “welcoming” environment. Kits have been developed by youth and adult leaders for clubs to use throughout the year to help build relationships and encourage teamwork within the local club. Information will be shared on what is in the kits. Participate in hands-on activities and receive a notebook of ideas. *Karen Sipple, 4-H Youth Development Agent; Deb Krutz, Adult Volunteer; & Youth Volunteers Laura Buchholz, Jenn Krutz, Theresa Reuth, John Knox, Becky Bushman, Ashley Borowski, & Jason Gries, Wisconsin.*

308 Understanding Your Culture and Appreciating Other Cultures

Participants will experience activities they can use in their clubs to help members learn more about their own culture, develop a multi-cultural perspective, and begin to appreciate many other cultures. Receive a fact sheet about defining and understanding culture and directions for the games and activities discussed or carried out during the workshop. *Judy Taylor, Youth Development Educator, Illinois.*

309 Including Youth with Emotional and Behavioral Disorders

What have parents, 4-H agents, and volunteers in Wisconsin identified as the benefits and barriers of including youth with emotional and behavioral disorders in the 4-H program?

Can 4-H be an opportunity for this typically isolated group of young people? Along with the results of a statewide survey, participants will explore how to make the benefits of 4-H available to these youth and how to minimize identified barriers. *Sarah Tarjeson, Wraparound Service Coordinator; & Parents and Youth Volunteers, Wisconsin.*

310 4-H Makes a Difference: Using the Tufts Study to Promote 4-H

In this interactive workshop facilitated by National 4-H Council's Marketing and Communications Team, volunteers will learn how to use marketing and communications in their everyday lives to promote 4-H in their community. Through exercises and examples, participants will learn how to promote their 4-H programs and recruit members and volunteers. Learn about the 4-H/Tufts Study of Positive Youth Development – research which supports the value of 4-H. Engage in role-play to practice the ideas learned and conclude with a discussion on ideas and challenges to marketing 4-H. *Laura Garner, Director of Marketing & Communications, National 4-H Council, Chevy Chase, Maryland.*

311 Service Learning in 4-H Projects

Service Learning is becoming more and more popular within 4-H as a way of engaging young people in active learning. Furthermore, this active learning is designed to benefit the community by meeting a defined need or issue. This session will explore the concept of putting the first “H” (Head) together with the third “H” (Hands) in 4-H project work and is designed to be a hands-on “learn by doing” experience. *John de Montmolin, Youth & Family Educator; Beth Kitzrow, 4-H Program Assistant; & Kenosha County 4-H Ambassadors, Wisconsin.*

312 Quiz Bowls, Skillathons, and Judging Teams, Oh My!

This session will assist adult and youth leaders in coaching Quiz Bowls, Skillathon Teams, Livestock and Meats Judging Teams and other educational competitions. Participants will learn of resources available, how to engage youth, and how to make learning the material interesting and fun. There will be hands-on skill stations for participants and numerous handouts available to be effective leaders at home. *Bernadette (Bernie) O'Rourke, Extension Youth Livestock Specialist, Wisconsin.*

313 Introduction to Leathercraft

Come and participate in a hands-on leathercraft experience where you will make a unique leather item. Participants will learn the use of several tools in this workshop as well as many techniques that will help them lead youth to a successful experience with leathercraft. *Jerry Orana, Bill Bissell, & Bill Johnson, Tandy Leather Company.*

403 Introduction to Basket Weaving

Participants will be introduced to basket weaving. Make a 7 x 7 inch square basket with a handle. Learn how to work with reed, weaving techniques, sources of materials, project meeting suggestions and goals. (2-part session. Also sign up for session 503.) Fee: \$10. *Nancy Schulz, Adult Volunteer, & Youth Volunteers, Wisconsin.*

404 Going to the Dogs

Come bark up the right leash with a fun learning experience from a leader, youth and judge's point of view. Learn some basics on agility, obedience, rally and showmanship for a well rounded dog project. *Anne Biernasz, Adult Volunteer, & Brayce Lancour, Youth Volunteer, Wisconsin; Kathy Ries, Judge & Adult Volunteer, Michigan.*

405 Achievable, Reachable, Teachable

Palette of Fun, Sketchbook Crossroads, and Portfolio Art – sample activities from these materials, along with some of the hot trends in art while attending this session. Learn from presenters how to have your own art camp for youth and adults, afterschool programming ideas, and art ideas for junior camp! No special skills needed – just the need to have fun! Participants leave with a CD featuring tools used by presenters. Fee: \$5. *Ann Torbert, Youth Development, & Cheryl Collins, County Youth Coordinator, Iowa.*

406 4-H Goes Outdoors With S'Mores and More: Together 4-H and DNR Serve Our Youth

Are you looking to jazz up your 4-H open houses and re-energize current 4-H members? Join this workshop to learn how the Youth Ambassadors of Vernon County partnered with the Dept. of Natural Resources in creating and implementing an innovative outdoor education program. This session will feature interactive discussion of youth-adult partnerships, the challenges, opportunities and endless possibilities. *Shawna Stringham, Wisconsin DNR Warden; Joanne Hornby, Leader/Parent Federation Board; Colleen Pulvermacher, 4-H Youth Development Agent; Donna Leum, Youth Ambassador Advisor; & Carrie Jo Leum, Youth Ambassador President, Wisconsin.*

407 4-H to the Rescue

We know that 4-H members are GREAT at community service! Are they also great when it comes to service learning? Of course! Learn the differences between volunteerism, community service, a unique example of service learning from youth who participated in a hurricane relief trip to Louisiana and the Gulf Coast. Find out how YOU can implement service learning experiences with your 4-H clubs! *Donna Duerst, 4-H Youth Development Agent, Wisconsin.*

408 How Does Your Garden Grow?

“Grow 4-H” was a grant funded program to start new 4-H clubs. Learn about the promotional efforts in two Wisconsin counties to market 4-H in areas that do not currently have a 4-H club. Learn about Family Fun Days, Kids and Canines Camp, and other promotional efforts. The presenters will also share the challenges faced in recruiting adults to assume leadership roles in a new club. *Katy Forsythe & Kim Reaman, 4-H Youth Development Educators, Wisconsin.*

409 Putting Spirit Back in 4-H by Making Meetings Fun

Put the spirit back in 4-H by making club meetings effective AND fun. Volunteers will learn skills and receive tools to make parliamentary procedure fun and natural for youth. Participants will also receive resources and training outlines to replicate the session to train others. Explore using the club meeting wheel, learn techniques related to all

components of club meeting structure, making each part of the business meeting a fun and engaging experience for youth. *Patricia McGlaughlin & Sheri Seibold, Youth Development Extension Specialists; Steve Wagoner, Youth Development Extension Educator; & Youth Volunteers, Illinois.*

410 Go Global with 4-H

Travel the world through fun activities from 4-H global curriculum, such as “And My World” and “¡Que Rico! La Cultura.” International hosting and travel opportunities will also be explored. *Kay Hobler, 4-H Youth Development Outreach Specialist, Wisconsin.*

411 Boomerang! Character Education Program

The Boomerang character education program got its name from the flight of the boomerang. If people practice sending positive messages to others, positive actions may be returned. Older youth are trained to lead elementary students in a monthly educational activity focused around a character trait. Participants in this session will experience activities used in the classroom and will learn how a character education program can be initiated in their community. *Kevin Palmer, 4-H Youth Development Educator; Faye Malek, Family Living Educator; & Sam Meneau & Jason Linzmeier, Boomerang Program Youth Facilitators, Wisconsin.*

412 Goal Setting (in 4-H and Beyond)

4-Her's have long been encouraged to choose their own goals for their project work and personal development. But setting goals takes practice and it is important for volunteers to provide guidance to members throughout the 4-H year. Presenters will share the advantages of Goal Centered Learning and help workshop participants learn steps to help club members select and write project and development goals. Explore the far-reaching application of goal setting skills for youth and adults alike. *Christopher Anderson, Youth Development Educator; & Josh Frank, Brian Kane, Rebecca Luke, Simon Martin, & Erin Puls, Sangamon-Menard Youth Leadership Team, Illinois.*

503 Introduction to Basket Weaving

Continuation of session 403. Fee: \$10. *Nancy Schulz.*

504 Taste of Wisconsin 4-H Community Club Central

Come and learn about the resources of 4-H Community Club Central. Taste several of the 4-H club activities and take home some recipes (resources) from this cool club web site. *Jeanne Baum & Sally Schoenike, 4-H Youth Development Educators, Wisconsin.*

505 Club Special Emphasis Programs

Does your club struggle with what to do throughout the year? The 4-H Special Emphasis Program is an in-depth hands-on educational program designed to provide a packaged program that clubs can use throughout the year. The program incorporates 15-20 different learning experiences that focus on an identified theme. The featured program will be “Eat Well, Be Active, Retrofit Yourself.” Activities will include Jeopardy, What Am I?, Portion size, create a commercial, and a beach ball game. *Kandi O'Neil, 4-H Youth Development Educator, & Jocelyn Ritger, Youth Volunteer, Wisconsin.*

506 Money! Money! Money! Handling 4-H Finances

Handling 4-H money is a great way for youth to learn basic financial skills. However, there are many requirements that need to be followed when raising funds in the name of 4-H. What do you do if something goes wrong? Come have fun while learning the basics of handling finances, some best practices to follow, and walk away with a \$500 bill! *René Mehlberg, 4-H Youth Development Educator, & Youth Volunteer, Wisconsin.*

507 Cultural Connections: Understanding Yourself and Others Around You

Our country is experiencing phenomenal growth in its diversity. Cultural Connections is a curriculum designed to increase multi-cultural awareness through hands-on activities, discussions, and action plans. Activities encourage participants to develop skills, knowledge, and attitudes that enhance an understanding and acceptance of diversity. Join in the fun, try several of the activities, and learn how to use the curriculum with varied audiences. *Judy Schumacher, Youth Development Educator, Illinois.*

508 Bullying – Dealing with It in the 4-H Setting

Bullying affects virtually all children in a variety of settings. While it is true that some children will never be bullied, research shows that 85% of our children witness bullying incidents while growing up. Learn how to recognize bullying in your 4-H club and activities as well as how to deal with it should it occur. This workshop will be a fun interactive session that deals with a critical issue. *Pam Hobson, 4-H Youth Development Agent, Wisconsin.*

510 A World of (4-H) Leadership Opportunities – You Can Open the Door

4-H offers a world of leadership opportunities for youth that can impact their future. Volunteers and staff must inform youth about these opportunities and help them participate. Hear how premier state and national leadership events have impacted three youth presenters, all from the same two Illinois counties. As members of the Illinois Youth Leadership Team, these youth have planned and participated in more than 10 national programs. *Christopher Anderson, Youth Development Educator; & Jenny Embalabala, Chelsea Gerberding, & Rebecca Luke, Sangamon-Menard County Youth Leadership Team, Illinois.*

511 Glass Etching

Glass etching is an art form that can be done by youth and adults. Learn how to etch on a round and a flat glass surface (a cup and a plate). Create your own design or use patterns provided. It's fun to be original! Fee: \$5. *Ruth Flasch, Adult Volunteer, Wisconsin.*

512 Horse Camp and Beyond

Horse Camp was created to encourage youth to interact with other age groups, gain confidence in their knowledge, stretch to leadership roles, be active in the decision making process, and learn to constructively debrief an event when it is over. The youth leaders become positive role models for the younger youth, gain a greater respect for walking in others' shoes, foster a partnership with adults, and can uniquely encourage

younger youth to try . . . and this is just the beginning. *Susan Johnson, Chairperson, Polk County Horse Project, & Youth Volunteers, Wisconsin.*

513 The Joy of Photography

Learn the basics of taking well-composed photos and teaching photography to others. Be among the first to explore fun activities in the new National 4-H photography curriculum available in the fall of 2007. Instructor Wayne Brabender has been the Wisconsin 4-H Photography Specialist and a county fair photography judge for nearly 30 years. Veteran youth and adult leaders will co-teach activities from the new curriculum and answer your photography and photo leadership questions. *Wayne Brabender, 4-H Photo Specialist; & Youth & Adult Volunteers, Wisconsin.*

603 Teamwork with Real Colors

Have you ever wondered why someone else does something so differently from the way you would? Learn about why you and others act the way you do and how these differences can enhance your teamwork. Participants will take the Real Colors Temperament Assessment to see what their “color” is. Then we will apply that knowledge to how to work best with others. (2-part session. Also sign up for session 703.) *Merry Klemme, 4-H Youth Development Agent, & Gabriel Bennin, Youth Volunteer, Wisconsin.*

604 Peacemaking: More Than Hammers and Nails

What conflict style do you identify with most...the avoidant turtle?...the competitive lion?...the accomodating pup?...the compromising raccoon?...or the collaborating squirrel? Explore the different styles and how they relate to youth communication and peacemaking. Abraham Maslow once said, “If the only tools you have are hammers, every problem begins to look like a nail.” With each new skill learned, add the “tool” to your “toolkit,” to build a positive and educational atmosphere. *Marta Lemke, Extension Educator/YD 4-H, & Amanda Diede, Extension Educator/FCS, South Dakota.*

605 Glass Etching

Glass etching is an art form that can be done by youth and adults. Learn how to etch on a plate and a mug. Create your own design or use patterns provided. Its fun to be original. (This is a repeat of session 511.) Fee: \$5. *Ruth Flasch, Adult Volunteer, Wisconsin.*

606 A Day for All to Lead and Learn

Do you know younger 4-H members who are looking for hands-on activities? Mid-age members searching for others with similar interests? Older members wanting opportunities to practice planning, communication, and leadership skills? This session will include idea sheets for project sessions, tip sheet on working with older youth as first-time presenters and completing a Cloverbud project. *Brenda Langerud & Cindy Olson, Extension Staff, North Dakota.*

607 Is 4-H After School Really 4-H?

Can you really include experiential learning, life skill development, working together, community service, and leadership in a 4-H Afterschool program? Yes! We’ll explore the

basics of organizing a 4-H Afterschool Club and how this facet of 4-H can reach new audiences. Both challenges and opportunities will be discussed. We'll explore connections between Afterschool and the community 4-H club program. Resources to support 4-H Afterschool will be highlighted. *Denise Retzleff and Tracy Strother, 4-H Youth Development Educators.*

608 Clover College

Are you looking for a hands-on approach to market the 4-H program to non-4-H families? Then this session is for you. Find out how Chippewa County, Wisconsin, is using this program to market 4-H to county families. This program helps them understand the opportunities available for 4-H families. *Jackie Johnson, 4-H Youth Development Educator; & Anna Cornell & Heidi Frisinger, Youth Volunteers, Wisconsin.*

609 Capture the Spirit Through 4-H Expansion

Help others Capture the Spirit in expanding 4-H club outreach in your community. Workshop participants will gain knowledge and skills marketing 4-H, assess where local club expansion is needed, using statistical data, census data, and survey tools to meet local youth development needs. Participants will leave prepared to expand their club program or assist with county expansion via county Expansion and Review committee involvement. *Particia McGlaughlin, Youth Development Extension Specialist; Steve Wagoner, Youth Development Extension Educator; & Youth Volunteers, Illinois.*

610 Starting County Tech Teams

Jump start technology education and youth adult partnerships while providing a community service to your county. Learn how the Dodge County 4-H Tech Team of Wisconsin did just that and how you can start your own Tech Team. *Janet Deutsch & Ben Fuller, Adult Volunteers, Wisconsin.*

611 Capturing the Spirit of Access and Equity

Why is it so difficult to involve non-traditional, urban and minority youth and adults in our traditional 4-H programs? In this session we will work together to identify some of the barriers to participation and to brainstorm ways of removing these barriers, creating equal access that have successfully involved Latino, African-American, and other nontraditional audiences. *Carolyn Belczyk, 4-H Youth Development Educator, Ohio.*

703 Teamwork with Real Colors

Continuation of session 603. *Merry Klemme & Gabriel Bennin.*

704 Youth Leaders in Shooting Sports???

Learn about developing Youth Leaders in Shooting Sports and how they can compliment your program. Youth leaders will be doing presentations and hands-on demonstrations in archery, air rifle, and wildlife ecology that you can use in your program. *Norb & Barb Yogerst, 4-H Shooting Sports Co-Coordinator, & Shooting Sports Youth Volunteers, Wisconsin.*

705 Collegiate 4-H Partnerships

Collegiate 4-H organizations are located on many campuses throughout the North Central Region. Members of Collegiate 4-H provide an excellent set of resources in support of local 4-H club programming. This session will highlight some of the activities conducted by Purdue Collegiate 4-H in Indiana and provide suggestions for organizing Collegiate 4-H groups and developing partnerships with Collegiate 4-H organizations in other states. *Steve McKinley, Extension Specialist, & Purdue Collegiate 4-H Members, Indiana.*

706 Public Presentations: Plan, Prepare, Practice and Present

“Cat got your tongue?” One of the greatest fears of people is that of speaking in front of others. 4-H members hone their communication skills by giving talks and demonstrations at their club meetings. Participants will learn how to assist members in planning, preparing, practicing, and presenting quality, fun talks and demonstrations. They will also receive tools and a lesson outline they can use to replicate this workshop full of hands-on activities back home. *Sheri Seibold, Youth Development Extension Specialist, & Youth Volunteer, Illinois.*

707 Friends Helping Friends

Communication, Decision Making, Teamwork and Self-Esteem: these are the elements of the Friends Helping Friends mentoring program designed for community clubs and schools. Participate in a hands-on mini FHF training program that you can take back to your club, county, or school. Youth and adult volunteers will share how the program has been adapted for their clubs and schools. You will leave with a FHF kit to use with your club. *Kandi O’Neil & Sally Schoenike, 4-H Youth Development Educators; & Youth and Adult Volunteers, Wisconsin.*

708 Teamwork is Fun

Energize your club or project meetings with mixers, songs, and hands-on activities. This interactive workshop will give you great ideas you can use with your members. Handouts for each activity will be included with this session. *Pam Kescenovitz, Adult Volunteer, & Melissa Kescenovitz, Youth Volunteer, Wisconsin.*

709 Meeting Generation NeXt

Kids, do you ever wonder why adults just don’t get it sometimes? Adults, do you ever wonder why kids now days talk in their own language? Meeting Generation NeXt is a fun and interactive session designed for youth and adults to help understand each other a little bit better. From 8-track tapes to ipods, you won’t want to miss out on this “groovy” session! TTYL!! *Jamie Froh, Adult Volunteer; & Panel of Youth & Adult Volunteers, Wisconsin.*

710 So You’ve Got a YAP . . . Now What?

Youth-Adult Partnerships have proven to be one of the most effective ways to engage both youth and adults in the learning process. Maybe you have a YAP in your community and you want to make it more functional. Or you’d like to make changes to a YAP and don’t know where to start. We’ll show you hands-on ideas and resources to take home and implement in your own organization. *Jill Lindert & Krista Woolever, Adult Volunteers, Wisconsin.*

711 Our Changing World: Lessons from National 4-H Conference

2007 National 4-H Conference youth and adult delegates will facilitate an interactive session on the conference theme, “Our Changing World.” This theme reflects the question, “As the world changes, how do we continue to enhance 4-H Youth Development Programs to ensure we are being socially significant and relevant to meet the needs of young people today?” We will share the outcomes of the conference and engage participants in discussion related to this theme. *Annette Bjorklund, 4-H Youth Development Educator, & Jocelyn Ritger, National 4-H Conference Delegate, Wisconsin.*

712 Learn to Juggle

The ultimate “learn by doing” 4-H project . . . juggling! Come join youth and adults for some hands-on action designed to get you juggling in one lesson. No prior experience is necessary! From Cloverbuds to grandparents, juggling is a skill anyone can learn. Come and create your own juggling balls and learn why juggling is a fantastic way to improve yourself both physically and mentally. *Rosemarie Palmer & Laura Schulz, Youth Volunteers, Wisconsin.*