

2009 Outpost Information Sheet

Please return to Upham Woods by ___/___/___

4-H Group Name: _____

Dates of Outpost: ___/___/___ to ___/___/___ Length of Outpost: ___ Days & ___ Nights

Some Package Options (see the following page for descriptions of each package)

- ___ Package 1: Devil’s Lake Outpost (*Call 888-947-2757 for campsite reservations*)
- ___ Package 2: Mirror Lake Outpost (*Call 888-947-2757 for campsite reservations*)
- ___ Package 3: Canoe Down the Wisconsin, Juneau County Park
- ___ Package 4: Canoe Down the Wisconsin, Two Rivers Adventure (*New! See description next page*)
- ___ Package 5: North Shore Base Camp Canoeing

Number of **youth** participants: _____ # of males: _____ # of females: _____

Number of **adult** participants: _____ (1 adult/10 youth **required**)

Name and qualifications of Outpost First Aid person: _____ (*Must be at least 18 years old, and hold current Red Cross First Aid and CPR certifications or higher. Please bring cards to copy for files.*)

Name of Meals Supervisor: _____

Outpost Leader Information: (*This is the person actually going on the Outpost. They will receive all further correspondence.*)

Name: _____

Address: _____

City: _____ Zip: _____

Daytime Phone: _____ Evening: _____

Outpost Educational Requests: You may choose a maximum of **2 activities per day** to be led by the Upham naturalist. Swimming does not count toward your 2 activities.

Date(s)	Date(s)
Astronomy	Orienteering
Camping skills 101	Outdoor survival skills
Canoeing	Recreation activity, naturalist choice
Fire building	Swimming
Minimum impact camping techniques	Team building initiatives
Nature hike	Campfire skits and songs
Night hike	Fishing (call for info)

We need these forms at least 30 days before your trip. A fee may be assessed for late forms

* Menu sheet * Outpost Information Sheet * Scheduling Sheet * Equipment Request Form

Return Address:

Upham Woods Outdoor Learning Center
 N194 County Rd. N
 Wisconsin Dells Wisconsin, 53965

Questions? Toby Grabs
 Phone Number (608) 254-6461
 Fax Number: 608-253-7140

Some choices for Outpost: If you have any questions about the packages, please call Toby Grabs at 608-254-6461, ext. 203

Package 1 – Devil’s Lake State Park: A less demanding Outpost perfect for participants who desire the amenities of a state park, such as flush toilets, showers, and drive-up loading/unloading. Group campsite maximum capacities are 20, 30 and 60 people. The group campground is located approximately one half mile from the south shore area of the lake. The trail network of the east bluff is easily accessed across the road from the group campground. Some popular activities commonly enjoyed on the Devil’s Lake Outpost are: hiking, swimming, canoeing, half day hike to the park nature center and recreational activities on the south shore play fields. Drive time to the group campground from Upham Woods is about 35 minutes.

Package 2 – Mirror Lake State Park: A less demanding Outpost perfect for participants who desire the amenities of a state park, such as flush toilets, showers, and easy vehicle loading/unloading. Group campsite maximum capacities are 20 people per site. The group campground is centrally located and in close proximity to hiking trails, swimming beach, canoe ramp, and play field. One of the best ways to enjoy the lake is by canoe. Some other popular activities commonly enjoyed on the Mirror Lake Outpost are: hiking, swimming and recreational activities on the play fields. Drive time to Mirror Lake State Park from Upham Woods is about 15 minutes.

Package 3 – Canoe Down the Wisconsin, Juneau County Park: This Outpost is a little bit more strenuous and a good introduction to adventure tripping. Participants will be required to walk up to one mile, portage equipment, paddle an overall distance of about 12 miles and utilize pit toilets or wilderness bathroom techniques. The customary way to start this Outpost is to transport the group by vehicle to Juneau County Park where they camp their first night. The next day the group walks one mile to the Two Rivers Boat Ramp to start the day of paddling. Drive time to Juneau County Park from Upham Woods is about 20 minutes.

- 1st day – arrive, orientation, swim/canoe tests, check-out supplies, drive to Juneau Co. Park
- 1st night at Juneau Co. park
- 2nd day – walk to Two Rivers Boat Ramp, canoe down Wisconsin River, lunch on river
- 2nd night at North Shore property
- 3rd day – (*if 3-day trip*) back to main camp, wash and check-in equipment, set up tents if damp
- 3rd night – (*If 4-day trip*) choice of 3rd night at North Shore or main camp
- 4th day – back to main camp, wash and check-in equipment, set up tents if damp

Package 4 – Canoe Down the Wisconsin, Two Rivers Adventure: This Outpost is the most strenuous and should only be chosen by a group eager for a challenge. Participants will be required to walk up to one mile, portage all equipment both nights, paddle an overall distance of about 20 miles and utilize pit toilets or wilderness bathroom techniques. This Outpost will start with a six mile paddle on the Lemonweir River. Drive time to the put-in spot on the Lemonweir from Upham is about 25 minutes.

- 1st day – arrive, orientation, swim/canoe tests, check-out supplies, 6 mile paddle on the Lemonweir River
- 1st night at Juneau Co. park
- 2nd day – canoe down Wisconsin river, lunch on river
- 2nd night at North Shore property
- 3rd day – (*if 3-day trip*) back to main camp, wash and check-in equipment, set up tents if damp
- 3rd night – (*If 4-day trip*) choice of 3rd night at North Shore or main camp
- 4th day – back to main camp, wash and check-in equipment, set up tents if damp

Package 5 – North Shore Base Camp Canoeing: A canoe-based Outpost that feels remote but is never far from main camp. Participants paddle from and back to main camp so vehicular transportation of participants is not needed. Participants will be required to portage equipment up to the campsite and utilize wilderness bathroom techniques. This Outpost is easily combined with main camp accommodations, meals, and activities so it can be customized into a one, two or three night Outpost.