



# Wisconsin Nutrition Education Program

The Wisconsin Nutrition Education Program (WNEP) helps low income families and individuals choose healthful diets, prepare food safely, and become more food secure. There are currently WNEP projects in 59 Wisconsin counties.

## ELIGIBILITY

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### Am I Eligible?

**FAMILIES** or individuals who receive FoodShare (or are eligible to receive FoodShare) can learn through WNEP.

### Is WNEP available in my county?

**WNEP PROJECTS** exist in all counties EXCEPT: Chippewa, Clark, Crawford, Green, Jefferson, Lafayette, Manitowoc, Monroe, Ozaukee, Vernon, Waupaca, Waushara, Wood.

## BENEFITS

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### What Does WNEP provide?

**WNEP PROVIDES** lessons that can help you:

- Get more food for your money;
- Choose food for good health;
- Plan low cost meals;
- Keep food safe to eat.

WNEP educators live in the community and understand the needs of families. They teach about nutrition in a variety of ways: small and large group workshops, home visits, and at displays and exhibits. Lessons are offered in a variety of settings: schools, senior meal sites, WIC clinics, job centers, homes, garden sites and farmers markets.

## APPLICATION

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### How Do I Apply?

**CONTACT** your county University of Wisconsin-Extension office to reach your WNEP coordinator. See the WNEP website for contact information:  
[www.uwex.edu/ces/wnep/index.cfm](http://www.uwex.edu/ces/wnep/index.cfm)