

## Department 25

### FAVORITE FOODS REVUE

Every person (4-H, FFA, and other organizations) enrolled in the 4-H Foods and Nutrition Project (or equivalent) is encouraged to participate in this Foods Revue. Exploring and Cloverbud project members may also participate. Cloverbuds bring favorite food and menu plan and recipe card. Participants may enter in 1 class only for foods and they may enter for 2 activities **or** displays in addition to the favorite food.

#### Premiums Offered Lots 1 Classes I—M

Blue	\$ 3.00
Red	\$ 2.75
White	\$ 2.50
Pink	\$ 2.25

#### Class I—Exploring Foods

Lot# 1 Display your favorite food, menu plan, and recipe card

#### Class J—Six Easy Bites

Lot# 1 Display your favorite food. Bring two pieces of equipment used to prepare the food. Include your menu plan and recipe.

#### Class K—Tasty Tidbits

Lot# 1 Display your favorite food with complete, appropriate place setting. Include your menu plan, and recipe card.

#### Class L—You're the Chef

#### Class M—Food Works

Lot# 1 Display your favorite food with complete, appropriate table setting and centerpiece. Include your menu and recipe.

#### Class N—All Other Food Projects

#### Premiums Offered Class N Lots 1 through 14

Blue	\$ 2.00
Red	\$ 1.75
White	\$ 1.50
Pink	\$ 1.25

- Lot# 1 Mobile showing the importance of food pyramid groups
- Lot# 2 Poster on food/kitchen safety
- Lot# 3 Menu for a birthday party
- Lot# 4 Menu plan for one week listing nutritious menus
- Lot# 5 Poster (14x22") related to food buymanship or preparation
- Lot# 6 Mini exhibit on nutritious snacks with written description
- Lot# 7 Mobile on vitamin or mineral of your choice
- Lot# 8 Scrapbook outlining a low cost evening meal for a family of 4, or your family, using supermarket advertising
- Lot# 9 Plan a menu for Theme Party with decorations
- Lot# 10 Poster (14x22") depicting convenience product or new equipment that saves you time and effort in the kitchen
- Lot# 11 Scrapbook of file of 15 recipes used for special diets, with 3 sample menus
- Lot# 12 Scrapbook or file of favorite recipes (15-20) you would use for entertaining: state food group in which each recipe belongs.
- Lot# 13 Food exhibit: Nationality. Must include recipe and statement of recipe origin, along with nationality, samples, and menu plan.
- Lot# 14 Any other educational Food Display.

#### Class O—Food Preservation - Grades 3<sup>rd</sup> through 6<sup>th</sup>

#### Class P—Food Preservation - Grades 7<sup>th</sup> and older

#### Premium Offered Lot 1

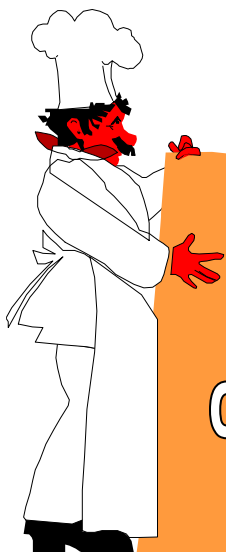
Blue	\$ 3.00
Red	\$ 2.75
White	\$ 2.50
Pink	\$ 2.25

Lot# 1 Display 3 preserved foods. Include menu plan, list of equipment used in canning and recipe card.

#### Premiums Offered Lots 2 through 4

Blue	\$ 2.00
Red	\$ 1.75
White	\$ 1.50
Pink	\$ 1.25

- Lot# 2 Display of two utensils used for method of food preservation.
- Lot# 3 Educational poster (14x22) relating to method of food preservation other than canning.
- Lot# 4 Poster on safety when canning.



**FOODS REVUE**  
**July 1st**  
**Community Center**  
**Starts at 4:30 pm**