

REMEMBER....



1. Divorce is never, ever your fault.
2. You will always have a mom and a dad that loves you.
3. Nothing is wrong with you just because your mom and dad are divorced.
4. You are always a member of a family even if you have two households.
5. To ask questions about divorce no matter how big or small.
6. That you can speak up for yourself when you're stuck in the middle.
7. It is not your job to take care of your parents.
8. That's important to share how you are feeling.
9. Thinking up ways to get your parents back together won't make them do it.
10. It's a waste of time to wish you had your 'old' life back. Change can be good.