



# CALUMET ASSOCIATION FOR HOME & COMMUNITY EDUCATION

Courthouse, Chilton, WI 53014  
(920) 849-1450, 989-2700

April / May 2008

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Dear HCE Friends,

I cannot believe I'm putting down thoughts for HCE summer break when the ground is covered with snow and ice yet!

We had a very good executive board meeting addressing HCE issues. We have moved to increase our scholarship amount to \$300 to address the ever increasing college expenses and build-up in the scholarship fund, because no one is applying. This, along with clarifying by-laws regarding the term of president, will be addressed and approved at the Fall Association meeting.

My thoughts for you to ponder over the summer are in the following little tale. Place your name or HCE in place of "the carpenter" as you read and consider.

*An elderly carpenter was ready to retire. He told his employer, a building contractor, of his plans to leave the house building business and live a more leisurely life. He would miss the paycheck but he needed to retire. He could get by.*

*His employer was sorry to see his good worker go and asked if he could build just one more house as a personal favor. The carpenter said "yes," but it was easy to see that this heart was no longer in his work. He had lost his enthusiasm and had resorted to shoddy workmanship and used inferior materials. It was an unfortunate way to end his career.*

*When the carpenter finished his work and his boss came to inspect the new house, the contractor handed the front door key to the retiring carpenter. "This is your house," "My gift to you." What a shock! What a shame! If he had only known he was building his own house, he would have done it all so differently. Now he had to live in the home he had built non too well.*

Continued → →



Letter from Barb continued --

*We build our lives in a distracted way, reacting rather than acting, willing to put up with less than the best. At times we do not give the job our best effort and then are shocked when we look at the situation we have created.*

*CAHCE is the result of our attitudes and choices of the past. Our future will be the result of how well we are "moving our cheese."*

Have a great summer....but we must not put HCE on hold throughout.

Sincerely,

*Barbara Krueger*

Barbara Krueger  
CAHCE President



HCE HAPPENINGS	
Wednesday, April 23	East District Spring Meeting - hosted by Door County HCE. Held Bay View Lutheran Church, Sturgeon Bay, 8:45 AM-2:15 PM.
June 3-5	College Days, Madison, WI
Tuesday, June 10	Registration deadline for July 11-13 NVON Conference - National Volunteer Outreach Network, Charlestown, West Virginia. For registration information see <a href="http://nvon.org">http://nvon.org</a>
July 17-25	Grandparents University, Madison
Monday, August 25	Registrations due for WAHCE State Conference
August 28-Sept. 1	Calumet County Fair
Wednesday, Sept. 10	Safety Program: Round-Abouts and Other Safety Issues - 7:00 PM, Room 17, Courthouse. Please register your club at least one week in advance.
September 15-17	2008 WAHCE State Conference - Holiday Inn, Manitowoc

  
**Mother's Day**

Calumet County UW-Extension Office  
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Chilton, WI 53014-1127  
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FAX: (920) 849-1614

**April 2008**

Dear Partner, Collaborator, and/or Affiliated Organization:

Periodically, UW-Extension is required to take steps to assure that our partners know and understand our policy of nondiscrimination. This letter is to remind or notify you that the University of Wisconsin-Extension does not discriminate in the treatment of individuals, in the admission or access to its programs and activities, in the provision of services, or in employment.

UW-Extension will not participate with organizations or in activities that discriminate on the basis of any of the legally prohibited categories of discrimination. Categories of prohibited discrimination include race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status, arrest or conviction record, or membership in the National Guard, state defense force or any other reserve component of the military service.

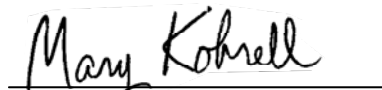
Consistent with the Americans with Disabilities Act, persons who need materials in alternative formats or other accommodations must write or call the UW-Extension contact person for the specific program area: 4-H & Youth – Ellen Andrews; Family Living – Teri Zuege-Halvorsen; Agriculture – Matt Glewen or Bryce Larson; and Community Resource Development - Mary Kohrell, at least 10 working days prior to the event. They can be reached at (920) 849-1450 or (920) 989-2700. Individuals who need **TTY** access may contact the Calumet County Clerk's Office at (920) 849-1492.

On behalf of Calumet County and the University of Wisconsin-Extension, we want to thank you for collaborating with our faculty and staff in our many educational endeavors. We appreciate your support and cooperation as we provide educational programs designed to empower the diverse citizens of Calumet County. If there is anything further we need to inform you of regarding our nondiscrimination policy, we will contact you.

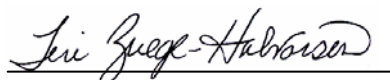
Sincerely,  
Calumet County UW-Extension Agents/Educators



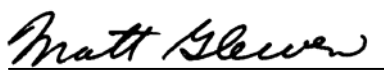
Ellen Andrews  
4-H Youth Development Educator



Mary Kohrell  
Community Development Educator



Teri Zuege-Halvorsen  
Family Living Educator



Matt Glewen  
Agriculture Agent



Bryce Larson  
Agriculture Educator

## A MESSAGE FROM TERI

Dear HCE Members:



Well it is official.... this morning Channel 2 reported that Green Bay reached a new snowfall record this year with over 80" of snow. That makes this the snowiest winter in the last 119 years (or at least since they have been keeping records). Now that is a lot of snow!

What an interesting process driving has been this winter! An old friend from Chilton has been driving to Manitowoc for work for the past 35 years or so on Hwy 151, told me that this winter has been "one for the record books" in her mind. She does not remember it being worse than this. Goodness knows we had to reschedule CAHCE events because of weather issues this year. However, I would be remiss if I did not talk about the wonderful qualities of winter. My morning commute has provided me with beautiful views of the landscape. Some mornings on my way to work, I wished I had my camera with me. There were quite a few snapshots I would have loved to have taken.

Today was a beautiful, sunny day and it feels as if spring is in the air. There is nothing like a long, cold winter to make you appreciate the beauty of a Wisconsin spring. Be sure to take advantage of the good weather just in case winter decides to blow back in one last time.

Enjoy the upcoming holidays and I will see everyone at the Spring Fling!

Respectfully,

Teri Zuege-Halvorsen  
Family Living Educator

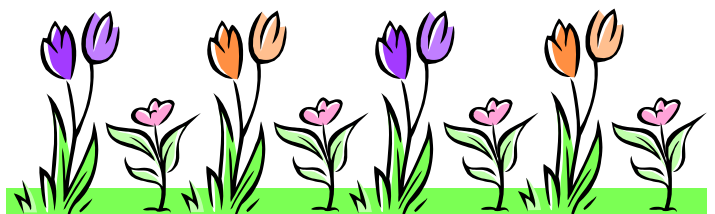
## PROGRAM REPORT

Recently, I attended a session of the Wisconsin State Education Convention with my husband, where the keynote speaker was Henry Winkler the "Fonz" of the *Happy Days* TV program. As a child he struggled with undiagnosed dyslexia. He said he once was the king of negativism until he developed a strategy for dealing with negative thoughts. He said, "When those negative thoughts come into your brain...you just say out loud, I'm sorry I don't have time for you." "You move the negative out and the positive in and pretty soon that becomes your habit." I was so impressed by that statement that I jotted it on a note pad for future reference. That is a piece of advice I hope to keep in my mind as I face changes in my life.

At our last program, *Who Moved My Cheese?*, we discussed changes in our lives and how we deal with them. Sometimes change seems like an obstacle, but many times a change can be an enjoyable opportunity. Do you ever wonder how HCE could be changed? Your input and opinion is valuable to this organization. Terri and I have prepared a survey that is designed to collect ideas and comments to help us plan future leadership programs and other events. Each of you will receive a copy at your next meeting. Please give some thought to this survey, be honest with both positive and negative concerns, and return it to Teri Zuege-Halvorsen at 206 Court Street, Chilton, WI, 53014.

Thank you,

JoAnn Mueller,  
Program Coordinator



## COMMUNITY OUTREACH

I will be serving as your Calumet County HCE Vice-President for Community Outreach for the next two years. I began my term on January 1, 2008, and will continue through year-end 2010. Together, we can make the next two years great for reaching our residents/communities in Calumet County.

At this time we have three projects we are involved in through Community Outreach. These projects are Stitches of Love; Quilts for Kids; and Wisconsin Bookworm, formerly known as "First Book". Stitches of Love involves making knit or crocheted caps for cancer patients throughout the Fox Valley Region. HCE members from Calumet County also make butterflies to decorate the caps. Calumet County HCE members travel to a work site in Oshkosh throughout the year to work on making caps. These same volunteers bring yarn, patterns and unfinished caps back to HCE members/clubs in Calumet County to continue working on caps when not at the site in Oshkosh. There is a great need for these caps so more volunteers are needed. For more information on this program, please call HCE members Diane Sattler at 849-4584 or JoAnn Mueller at 853-3986.

Quilts for Kids involves making quilts for children staying at the Harbor House and are kept in police cars to be used for children in need at a scene of an accident or family crisis situations. Quilts are made by many Calumet County HCE members. Please bring your quilts to our annual Spring Fling on April 28th. These quilts will be distributed to the Harbor House and the Calumet County Sheriff's Department in early May.

Wisconsin Bookworm formerly known as "First Book/First Read," involves giving and reading books to children specifically enrolled in the Head Start program. In Calumet County we no longer have a Head Start program. Our HCE executive board will be discussing what to do with the funds left for the "Bookworm" project in the near future.

As your community outreach vice-president, I am researching new projects for HCE to take on to empower the residents of Calumet County. If any HCE Club or member has ideas, please contact me at [dickandsue@ppcws.net](mailto:dickandsue@ppcws.net) or 849-2145. A plan of action for HCE's Community Outreach program will be presented at our Fall Association meeting.

Sincerely,

Sue Schultz,  
Vice-President Community  
Outreach



### Tips You Can Use

Bananas: Peel a banana from the bottom and there will be no stings to pick off. Take your bananas off the bunch. If they stay connected, they ripen faster.

Cheese: Store open chunks of cheese in aluminum foil. It will stay fresher longer and will not mold as easily.

Colored Sweet Peppers: Peppers with three bumps on the bottom are sweeter and better for eating raw. Peppers with four bumps are firmer and better for cooking.

Ground Beef or Turkey: Add a tablespoon of water when frying. It will help pull the fat away from the meat while cooking.

Brownies: For a minty treat - Make a pan of brownies and cool. Then take Andes Mints and melt them in a double boiler and pour over the cooled brownies instead of frosting.

Garlic: Add garlic immediately to a recipe if you want a light taste of garlic and at the end if you want a stronger taste.

## SAFETY REPORT

### More Things You Can Do To Reduce Global Warming



- Turn lights and appliances (computers) off when you are not using them.
- Unplug electronic devices when you are not using them. Up to 40% of energy is consumed by “phantom draw” when devices are off!
- Insulate your hot water heater.
- Buy a tankless water heater.
- Shorten your showers by just 2 minutes.
- Use digital cameras instead of disposable cameras.
- Enroll in paperless billing for utilities and credit cards.
- Adjust your irrigation system for upcoming weather.
- Use the energy saving setting on your dishwasher.
- Run dishwasher and washing machines only when they are full.
- Insulate your home properly.
- Use cold or warm water to wash clothes.
- Keep your fireplace damper closed unless a fire is going.
- Use kitchen and bathroom vents sparingly in winter to reduce heat loss.
- Remove yourself from junk mail lists at <http://www.newdream.org/junkmail/>
- Buy organic foods and clothes.
- Buy rechargeable batteries.
- Install low flow showerheads.
- Close heating vents and doors to spare rooms in your house.
- Invest in a programmable thermostat.
- Use your home air conditioning sparingly.
- Donate your old gently used clothing and household items to thrift/salvation army stores.
- Buy gently used items from thrift/salvation army stores.
- Remove unnecessary items from your car to reduce weight.
- Buy products that have less packaging.
- Buy fresh foods in the grocery store instead of packaged foods.
- Take your own reusable canvas bags to the grocery store.

- Submitted by Ceil Van Daalwyk, Safety Chair

### Notes from Pat

Citizenship is for all of us a daily challenge. At present our nation faces both new and old problems. Our responsibility to vote should bear heavily on our shoulders. It perhaps is true that we don't understand each and every issue. But what is also true the privilege of secretly expressing our opinions demands respect and accountability to our ancestors.

Their paths were strewn with many obstacles, also the unknown at every turn. The men worked hard with little equipment and knowledge. We could not begin to comprehend the conditions of women bearing children. Think of this experience on a boat, a covered wagon or a bleak log cabin. My own great grandmother was born on a boat in 1825.

In our affluent society it would be most difficult to grasp their hardship. It is said these early settlers had a strong faith and chose a higher power as their guide.

In an election year one should not conceive that our one vote won't count. Adolph Hitler came to power of the Nazi party on the strength of one vote. Be sure to exercise this priceless privilege which did not come to us without cost.

Sincerely,  
Patranella Degeneffe



P.S. I have never missed my opportunity to vote.

#### In Memory Of

Our condolences to Gundula Duchow on the loss of her husband, Don. Don suffered a heart attack while taking his son and daughter-in-law to the airport on February 2, 2008.

Gundula has been a faithful member of the Rantoul Sunshine HCE club since 1964.



University of Wisconsin Extension  
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Chilton, WI 53014-1198

**Return Service Requested**



**Calumet County UW-Extension**

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Bryce Larson, Agriculture Agent  
Mary Kohrell, Community Resource Development Educator  
Teri Zuege-Halvorsen, Family Living Educator  
Ellen Andrews, 4-H Agent  
Darlene Kramer, WNEP Coordinator

**Support Staff:**

Connie Leonhard, 4-H/Ag Program Assistant  
Linda Schaffer, Family Living/CRD Program Assistant

**Website:** <http://calumet.uwex.edu>

**InfoSource:** <http://infosource.uwex.edu/>

