
CALUMET LEADS

VOLUME 6 January 2004

Hi Volunteer Leaders,

This fall the UWEX office participated in a statewide exploration of local needs. Our staff conducted face-to-face or telephone interviews with 19 key informants, who were asked to identify the most important issues facing Calumet County in the next 2 to 4 years. This data was then organized into categories. In combination with demographic data, the key informant information was provided to our 25-member Advisory Group, which met in September for 2 hours to further refine and prioritize the major issues. Seven issue statements were developed:

- 1. Investing In Quality Family Time**
Parents in families are facing many demands in the workforce and at home. Quality time with the children has become greatly reduced and in some instances almost eliminated.
- 2. Successful Planning for Retirement**
Many Calumet County residents are 10-15 years from their retirement years and many are ill prepared financially for the retirement years. In addition, the rising cost of health care and the increased need for quality, affordable, portable health insurance were identified.
- 3. Fostering Democracy Through Youth and Adult Leadership**
Community leaders from throughout Calumet County note a gap in qualified adult citizens prepared to assume leadership roles. There is need for civic leadership development programs.
- 4. Managing Community Growth and Land Use Conflicts**
On a percentage of growth basis, Calumet County is the second fastest growing county in Wisconsin. This growth caused by rapid suburbanization in the county's northwest corner, and the increasing presence of nonfarm families in rural areas have created land use issues.
- 5. Reducing Concerns Over the Loss of Living Wage Jobs**
Employers and employees in and near Calumet County are facing increasing challenges to maintain jobs that pay a living wage and include health care benefits. There are concerns about the future job market in a county where the majority of the eligible workforce (57%) are under the age of 45.
- 6. Supporting Our Rapidly Growing Culturally Diverse Population**
Comparing U.S. Census Bureau population projections for 2002 with actual population figures from the 2000 Census, there has been significant growth in the number of Latino/Hispanic residents (increased by 20%, while the Asian (primarily Hmong) increased by 27%).
- 7. Protecting and Improving Groundwater Quality**
Recent private well testing in Calumet County has shown that 47 percent of residential wells were unsafe for either nitrates or bacteria. In areas of the county where shallow bedrock is found, this number jumped to over 70 percent of the wells exceeding recommended levels for either nitrates or bacteria.

Your UW-Extension office will be offering programs to meet the identified needs of Calumet County citizens. We welcome partners who share interest in these areas to work together with us. Happy New Year!



Sincerely,

Faden Fulleylove-Krause

Faden Fulleylove-Krause
Family Living Educator
Calumet County UW-Extension



Calumet County UW-Extension Office
206 Court Street
Chilton, WI 53014-1198
920-849-1450, 920-989-2700
FAX: (920) 849-1614

January 2004

Dear Partner, Collaborator, and/or Affiliated Organization:

Periodically, UW-Extension is required to take steps to assure that our partners know and understand our policy of nondiscrimination. This letter is to remind or notify you that the University of Wisconsin-Extension does not discriminate in the treatment of individuals, in the admission or access to its programs and activities, in the provision of services, or in employment.

UW-Extension will not participate with organizations or in activities that discriminate on the basis of any of the legally prohibited categories of discrimination. Categories of prohibited discrimination include race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental status, arrest or conviction record, or membership in the National Guard, state defense force or any other reserve component of the military service.

Consistent with the Americans with Disabilities Act, persons who need materials in alternative formats or other accommodations must write or call the UW-Extension contact person for the specific program area: 4-H & Youth - Merry Klemme; Family Living - Faden Fulleylove-Krause; Agriculture - Matt Glewen; and Community Resource Development - Mary Kohrell, at least 10 working prior to the event. They can be reached at (920) 849-1450 or (920) 989-2700. Individuals who need **TTY** access may contact the Calumet County Clerk's Office at (920) 849-1492.

On behalf of Calumet County and the University of Wisconsin-Extension, we want to thank you for collaborating with our faculty and staff in our many educational endeavors. We appreciate your support and cooperation as we provide educational programs designed to empower the diverse citizens of Calumet County. If there is anything further we need to inform you of regarding our nondiscrimination policy, we will contact you.

Sincerely,

Calumet County UW-Extension Agents/Educators

Merry Klemme
4-H Youth Development Agent

Faden Fulleylove-Krause
Family Living Educator

Mary Kohrell
Community Development Educator

Matt Glewen
Agriculture Agent

Faden Fulleylove-Krause, Calumet County's Family Living Educator is available to facilitate presentations to area organizations. Here is a partial list of programs available: Contact Faden at the UW-Extension office 920-849-1450 or, 989-2700 to discuss dates available. Her e-mail is faden.fulleylove-krause@ces.uwex.edu

❖ **Thriving with Your Spirited Child** - 2 hours

Do you know of a child who just has “more” intensity, sensitivity, distractibility, or activity than other children? Learn how understanding a “Spirited Child’s” temperament can help you and them thrive.



❖ **Positive Parenting** - 30 to 90 minutes

With 20 plus video based topics from discipline tools to raising socially responsible children, there must be a topic here of interest to your group.

❖ **ReFirement: Fire Up for the Best Years of Your Life** - 30 to 90 minutes

Take a look at how you view aging, how you can make the most of aging, and what you want to do with the rest of your life.

❖ **Character Counts!** - 30 to 90 minutes

Become familiar with the six pillars of character. Learn how you can become an advocate for Character Counts youth emphasis.

❖ **America Saves** - 30 minutes

Build wealth not debt, become an American saver.

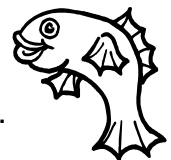


❖ **Who Gets Grandma's Yellow Pie Plate?** - 30 to 90 minutes

If your group hasn't heard this popular presentation, learn how to transfer personal property (non-titled) through the generations. It's still available!

❖ **FISH Philosophy: Catch the Spirit, Release the Potential** - 30 to 90 minutes

A fish company in Seattle has turned a terrible job in to FUN and ATTRACTION. Learn how your organization can capture the spirit and release its potential.



❖ **Encouraging the Heart** - 30 to 90 minutes

Leaders learn how rewarding and recognizing others can build your volunteer program.

LEADERSHIP

A Crisis Doesn't End Until You Learn From It

Reference: McCormack, M. H. (2000). *Never wrestle with a pig: and ninety other ideas to build your business and career*. New York: Penguin Books.



You learn a lot about people by how they deal with a catastrophe. Some folks panic and make foolish decisions. Some are paralyzed by the calamity, others do nothing. Some deny it, hoping that the problem will disappear.

Then, of course, there are people who are somehow enlarged by a crisis. They take a disastrous turn of events as a personal challenge.

Examine them closely and one fact emerges: they didn't get that way overnight. If you ask them, they'll tell you that they've faced many crises in their careers and they weren't always as composed in the beginning. To them, each crisis was not only a challenge but also a learning experience, a chance to get slightly better and not repeat past mistakes.

The best people know that there are two phases in every crisis: the one where you manage it and the other where you learn from it. To succeed you have to do both (McCormack, 2000, p.176).

What small moments are defining your character and reputation?

Skills for Teamwork

Reference: Cloke, K.; & Goldsmith, J. (2002). *The end of management and the rise of organizational democracy*. San Francisco: Jossey-Bass

Skills for Teamwork Continued --

Special skills are required for successful teamwork. Here are ten skills team members can develop:

1. The skill of self-management
2. The skill of communication
3. The skill of leadership
4. The skill of responsibility
5. The skill of supporting diversity
6. The skills of feedback and evaluation
7. The skill of strategic planning
8. The skill of shaping successful meetings
9. The skill of resolving conflicts
10. The skill of enjoyment

Mastering team skills is a lifelong process, one that requires and contributes to self-discovery, reflection and reinvention instructions (Cloke & Goldsmith, 2002, pp. 205-214).

LOOKING AHEAD -- Spring Family Living Satellite Programs

Better Kid Care
6:00 – 8:00 PM, Room 17
Calumet Co. Courthouse,

April 22, 2004

The Art and Science of Playing with Young Children

Children's play can be even better with a little adult help. Learn when to step in and when to stand back. Find out what can you say and do to help make play more valuable.

May 27, 2004

Dealing with Anger - The Children's and Yours

Everyone gets angry at times. How that anger is handled is the key. Learn ways to help the children and yourself to work through angry times without hurting others.



Living With Grief: Alzheimer's Disease
April 28, 2004 12:30-3:00 P.M.
Calumet County Courthouse, Room 17

Approximately 4 million Americans have Alzheimer's disease. An estimated 14 million Americans will have Alzheimer's disease by the middle of this century (2050) unless a cure or prevention is found. Loss and grief are a significant part of dealing with Alzheimer's. In our 2004 Teleconference, we will explore the grief experience of persons in the early stages of Alzheimer's disease, as well as grief issues that are experienced by family members throughout the illness and subsequent death. Hospice can play a significant role in offering end-of-life care to persons with Alzheimer's disease. As in all Hospice Foundation teleconferences, with the aid of their panel of experts, they will provide helping strategies that may be useful in assisting both patients and their families, and the professional caregivers. To register, call the UWEX office at 849-1450.

UW-Extension Educational Opportunities

Get Checking

Feb. 7 & 14, 2004, 9:00 AM – 12:00 noon
Community First Credit Union, South Oneida Street, Appleton

March 23 & 30, 5:45-8:45 PM
NorthShore Bank, Appleton



Want to save money cashing your paychecks? Need a safe place to keep your funds? Then Get Checking will help participants qualify for a checking or saving account. Registration fee is \$20.00. Local sponsors: a collaboration of FISC/CCCS; UW-Extension, and financial institutions serving the Fox Valley.



www.uwex.edu/disted/infosrce/

or
(800) 441-4636

- *A homeowner finds an infestation of Asian lady beetles and wonders if the insects will cause damage.*
- *A gardener, canning homegrown produce on the weekend, questions whether she is processing the food according to the latest safety standards.*
- *On a hot summer day, a concerned dad wants to know if it's safe for his kids to swim at the local beach.*

Free, accessible and 24/7 – fast answers to these questions – and many more – are available from University of Wisconsin-Extension's InfoSource. InfoSource is an easy to use, audio taped phone message system and Web site with more than 600 short, educational messages on gardening, landscaping, environmental issues, youth development, food safety and issues relating to home and family life. It can be accessed from anywhere in the state, 24 hours a day every day via an 800 number and on the Web. The service is free to users.



CALUMET ASSOCIATION FOR HOME & COMMUNITY EDUCATION

Courthouse, Chilton, WI 53014
(920) 849-1450, 989-2700

JANUARY / FEBRUARY 2004

Many times one goes to a meeting or a conference and hears the speaker and it is memorable, for a day or two. Less often is the message remembered after a week or two and very seldom does one actually experience the words and ideas in your mind after a month or two. However, Dr. Richard Swenson's keynote speech and workshop on "Margins" at the HCE Conference in September continues to alter my perceptions and my activities. To paraphrase some of his key points---everybody is busy. The U.S. is the only country in the world with a mountain named "Rush More." We are a country that has seen great progress. Progress always results in more and more, of everything, faster and faster. Therefore, it leads to stress, change, complexity, speed and overload.



Margin is a buffer. It is the space between our load and our limits; it is our reserve; it is opposite of overload.

There is a prescription of resorting margins:

1. Be intentional—progress is NOT going away.
2. Slow the pace or speed. There are 3 gears: rush, medium, park. Use all the gears.
3. Say NO—prioritize.
4. Define/defend boundaries—we have a right to protect our home and selves. Do self-care so you can care more.
5. Tame technology—turn it OFF.
6. Disconnect selectively—set limits on activities.
7. Control debt.
8. Cultivate simplicity—everything we own—owns us. (We use only 20% of what we own but it takes 100% to maintain it.)
9. Cultivate social supports—community.
10. Practice priorities.

In the workshop, Dr. Swenson and his wife gave many practical prescriptions for restoring margins in emotional energy, physical energy, time and finances. For more details and resources, Dr. Richard A. Swenson has written three books, "Margin," "The Overload Syndrome," and "A Minute of Margin" (published Nov. 2003).

-- Notes on "Margins" by June Waterworth, Columbia County HCE President

In Memoriam

Hilda Karls, 91, of Chilton, passed away December 13 at Calumet Medical Center. She organized and was a 54-year member of Hi-Hopes HCE. We will remember her for all the beautiful doilies she crocheted. She and Norman would have celebrated 70 years of marriage in April.

HCE HAPPENINGS

Tuesday, January 20
1:30 PM, Room 17

The Quest for Knowledge committee meets to plan the annual Quest for Knowledge. New committee members are always welcome!

Tuesday, February 3

Registration deadline for Creativity Day.

Tuesday, February 10
1:00 & 6:00 PM

Creativity Day will be held at the Calumet County Courthouse. Classes available: Afternoon - Basketry & Beginning Knitting; Evening - Painting on Wood & Button Craft. See flyer for details. Coordinator: Diane Sattler.

Thursday, March 4
7:30 PM, Room 17

My Trip to Tsubame - Jane Wong was one of two chaperones for ten middle school and high school students from Sheboygan who traveled to Tsubame, Japan, a sister city of Sheboygan. Their group stayed with local host families for 7 days and then visited Tokyo for two days before returning home. She has photographs and a video clip of part of their annual Summer Festival.

March 15

CAHCE scholarship applications due.

Thursday, March 18
7:30 PM, Room 17

Executive Board Meeting

March

Order your Program in a Box for April HCE meeting.

Note: Please be sure to register your club at least one week prior to each and every program. This way we can insure adequate materials for all participating clubs.

CAHCE Scholarship

Applications for the Calumet County Home & Community Educator's scholarship (\$150) can be obtained at the UWEX Office. This scholarship for high school seniors, continuing college or technical school students, is available to any child or grandchild of a Calumet County HCE member. Grandchildren who apply must live in Calumet County. There will be no outside publicity on this scholarship. CAHCE members are asked to tell eligible children and grandchildren about this scholarship and encourage them to apply. The application requires a 200-word essay about "My Future Role as a _____," and is due to the UWEX office by March 15.



Jones-Lee Scholarship

The Jones-Lee Scholarship is awarded to any WAHCE member, their children, stepchildren, and grandchildren. The Jones-Lee Scholarship is to be used toward a 2-year associate degree in vocational school or at a university as a full or part-time student with a minimum of 4 credits. It is a \$1,000.00 scholarship, which will be paid upon proof of enrollment. The application will be in the Communicator. The due date is April 15. Contact Faden at the UWEX office for forms.

Notes from Pat

At this writing it is the 62nd anniversary of Pearl Harbor. Many of us HCE members can remember it vividly. When it comes to peace, it seems little has changed. With the joyous Christmas season we are ready to embark on a new year. Our new President Ruth Schmitz was fortunate to have Marlys Mathiebe to work with. Congratulations Ruth. Our thoughts and prayers should all keep Marlys in mind as we send our best wishes for a recovery for good health.

**Wisconsin Association For Home & Community Education
Cultural & Textile Arts Show
2004 Guidelines**

1. **Pre-registration is required for the State Cultural Arts Contest. The deadline for entries will be August 1, 2004.**
Send in forms early, right after your county art show so you don't forget. Poems, essays, and short stories must accompany the entry form.
2. Any items NOT pre-registered will not be judged or on display at the show.
3. Each county can enter a total of 10 entries. Seven entries from #1-15 and 1 each from #16, #17, & #18. **NO DOUBLE CLASS ENTRIES BY COUNTY.** All entries from #16, #17, & #18 must be typed.
4. All work must be done by entrant and finished within the year and have received a blue ribbon from judging at a county cultural and textile arts showing.
5. Kits are allowed and patterns may be used as long as all the work is done by entrant.
6. Photography picture must be an 8" x 10" or larger in size before matted or framed. Panoramic size can be enlarged to proportion 2 to 3 times. Table easels may be brought in for pictures. Please put your name on them.
7. Short Story, Essay, Poem (manuscript), not framed or in book form.
8. Counted Cross Stitch - has a separate category (Easter, Christmas, etc.). Tablecloths can be handstitched or a combination of stitches.
9. NO category changes will be made on entry day of show.
10. All items must be clean or laundered or will be disqualified.
11. When mailing forms, enclose a self-addressed stamped post card to be returned, if you desire.
12. Each sub-category is judged in its own class.
13. WAHCE is not responsible for any loss or damage of items on display.

2004 Color Coding Entry Forms by Districts:

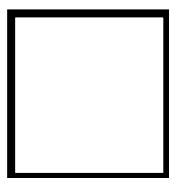
Central - White
Northeast - Yellow
Southwest - Orange

East - Lavender
Northwest - Light Blue
West - Tan

North - Pink
Southeast - Green

Entry Day: Items may be brought in from 9:00 AM to 1:00 PM Tuesday. Judging will begin at 2 PM. ALL entries will receive a placing and there will be no participation ribbons given. Show viewing will be Tuesday evening after reception, Wednesday afternoon from 4:00 PM to 6:00 PM, and one hour after the Banquet. Entries with the exception of Medallion winners must be picked up from 7:00 to 8:00 AM, Thursday only. Medallion winners will be available after the Noon Luncheon on Thursday.

Do Not Separate



**Office
use
only**

Category Number _____
Name _____
Telephone _____
Address _____
City/Zip _____
County _____
District _____
Title _____
Description _____

Category Number _____
Name _____
Telephone _____
Address _____
City/Zip _____
County _____
District _____
Title _____
Description _____

* Only one entry on each registration form.

Send in this complete form and fill out both sides, one is for on the item on entry day and the other is your claim check to pick up the items. You will get both of these on entry day.

Entries should be sent to: Diane Sattler, W3103 Hwy F, Chilton, WI 53014 by **May 1, 2004.**

2004 HCE - WI Association for Home and Community Education Cultural Arts Contest

1. Paintings - Framed

- A. Oil
- B. Acrylic
- C. China Painting
- D. Pastels
- E. Water Color
- F. Other

2. Drawings

- A. Pencil
- B. Pen & Ink
- C. Charcoal/Conte
- D. Mixed Media
- E. Other

3. Photography

- A. Color-Landscape/Plants
- B. Color-Animals/People
- C. Color-Miscellaneous
- D. Color-Panoramic only
- E. Black/White-Any subject
- F. Digital-Any subject

4. Clothing

- A. Formal Wear
- B. Children's Wear
- C. Original Designs
- D. Made from Pattern
- E. Wearable Art
- F. Other

5. Knitting

- A. Bedspread
- B. Tablecloth
- C. Wearable Item
- D. Other
- E. Machine Kitting

6. Crocheting

- A. Bedspread
- B. Tablecloth
- C. Wearable Item
- D. Other

7. Afghan

- A. Crocheting
- B. Knitting
- C. Other

8. Hand Stitchery

- A. Needlepoint
- B. Embroidery
- C. Crewel
- D. Counted Cross Stitch
- E. Counted Cross Stitch -
Only Seasonal
- F. Tablecloth
- G. Plastic Canvas
- H. Hardanger
- I. Sampler (any skill)
- J. Swedish Weaving
- K. Other

9. Rug Making

- A. Hooked
- B. Braided
- C. Crocheted
- D. Other

10. Spinning/Weaving

- A. Hand
- B. Loom

11. Heritage Skills

- A. Rosemaling
- B. Tinting
- C. Quilling
- D. Woodworking
- E. Basketry
- F. Other

12. Ceramics, Porcelain & Pottery And Polymer Clay

- A. Free form
- B. Commercial Mold
- C. Dolls
- D. Figurines

13. Quilts

- A. Tied Quilt
Hand Quilted
- B. Pieced
- C. Appliqué/Embroidery
- D. Vest
- E. Other
- Machine Quilted by you
- F. Pieced
- G. Appliqué/Embroidery
- H. Vest
- I. Other
- Machine quilted professionally
- J. Pieced
- K. Appliqué/Embroidery
- L. Vest
- M. Other

14. Wall Hanging

- A. Hand Quilted
- B. Machine Quilted
- C. Paper Pieced Only
- D. Other

15. Miscellaneous Creations

- A. Textile
- B. Wood-Construction
- C. Glass
- D. Handcrafted Toy
- E. Pillow
- F. Painting on Fabric
- G. Painting on Wood
- H. Other

Poem-Essay-Short Story must accompany this form and be typed.

16. Poem

No longer than 30 lines.

17. Essay

Original, 1 topic.
250-500 words

18. Short Story

Original that has beginning,
middle & end
3,000 words or less



Sponsored by



Open
To All

CREATIVITY DAY

Tuesday, February 10, 2004
Calumet County Courthouse, Chilton

Basketry 1:00 PM – Room 18

Participants will make a small basket.

Material cost: \$5.00 Instructor: Mary Stutzman

Beginning Knitting 1:00 PM – Room 17

Bring a pair of knitting needles, Size 5.

Material cost: \$1.00 Instructor: Diane Sattler

Painting on Wood 6:00 PM – Room 18

Material cost: \$3.00 Instructor: Sue Hansen

Button Craft 6:00 PM – Room 17

Bring a man's tie, scissors, needle & thread to match the tie
and a variety of buttons (at least 25).

Material cost: \$0 Instructor: Diane Sattler

**** DINNER IS ON YOUR OWN ****

Registration Fee: \$2.00/Class



An EEO/Affirmative Action employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX requirements. Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity. Call (920) 849-1450 or (920) 989-2700 to request an accommodation.



Creativity Day Registration Form (DEADLINE – February 3)

Name: _____

Phone: _____

Please check choice(s):

- Basketry (\$5.00)
- Beginning Knitting (\$1.00)
- Painting on Wood (\$3.00)
- Button Craft (\$0)

Return this form, a \$2.00 registration fee per class, and
material fee to:

Calumet Co. UW-Extension
Attn: Linda
206 Court Street
Chilton, WI 53014

Return Service Requested



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