

CALUMET LEADS

VOLUME 8 November 2004

Dear Calumet Leader,

We have all heard how important it is to have a good attitude. Realize as a leader your attitude is contagious. Cynical, unhappy leaders can bring the entire group down. However, cheerful people are not immune from negative emotions. They simply choose to deal with them more positively, not just for their own sake, but for the sake of others. It's an important characteristic, one worth striving to have.

This reminds me of a story of a dad who bought a bat and ball for his five-year-old son who immediately ran out to the yard to practice. He threw the ball in the air and swung at it over and over. After an hour he said, "Dad, come watch how good I am."

The boy threw the ball up, took a mighty swing, and missed. "Strike one," he yelled enthusiastically. He threw the ball again and missed again. "Strike two," he called. His dad then cautioned him with, "Concentrate son, remember, three strikes and you're out." The boy bit his lip, threw the ball high in the air and took a terrific swing, hitting nothing but air. The dad winced but the boy looked triumphant. "Son, you struck out. Why are you so happy?" "Cause I'm proud of how good I got at pitching."

What a great example of the power of attitude. This isn't just a question of looking at the glass and saying it's half empty or half full. The boy was thrilled simply to have a glass. And because of his great attitude he could have fun and feel good.

What's more, his positive attitude not only affected his own sense of happiness, but it created joy for his father. Attitudes are contagious. Strive to be a positive leader.

Sincerely,



Faden Fulleylove-Krause
Family Living Educator
Calumet County UW-Extension

Calumet County UW-Extension Staff



Faden Fulleylove-Krause
Family Living Educator

Darlene Kramer
*Calumet, Outagamie, Winnebago
WNEP Coordinator*

Maria Shoemaker
WNEP Nutrition Educator

Matthew Glewen
Agriculture Agent

Merry Klemme
4-H Youth Development Agent

Mary Kohrell
*Community Resource Development
Educator*

To contact the UWEX office:

By phone:
(920) 849-1450, 989-2700

by Fax
(920) 849-1614

on the web
www.uwex.edu/ces/cty/calumet

Save it as a favorite!!

UPCOMING FAMILY LIVING PROGRAMS IN CALUMET COUNTY

Thriving With Your Spirited Child



Thursday, November 4
6:00 - 8:00 PM
Room 17, Calumet County Courthouse

Learn your child's temperament type and begin to better understand their spiritedness. Spirited children are those who are either "more" intense, sensitive, perceptive, active persistent or moody than their peers or siblings. Knowing the nine temperament traits will help you identify positive labels for their behavior and help you apply effective strategies for parenting spirited children.

What's a Parent to Do?

-- Helping families deal with bullying and with kids who are out of control --

November 30 and December 7
5:45-8:15 PM
Room 17, Calumet County Courthouse

Iowa State University is the host of this national satellite series featuring David Osher, PhD and Chuck Smith, PhD as speakers. Topics to be covered include: effective school and community programs and services; tips to help children who have behavioral problems; how to nurture integrity and courage in children, and the role of childhood resiliency in fear management. To learn more visit their web site at <https://www.extension.iastate.edu/parent/>

***This program is available free but to insure adequate materials and space, register with the UWEX office by November 22.*



The Ins and Outs of Good Circle Times - Better Kid Care Satellite

December 2, 2004
6:00-8:00 PM
Room 17, Calumet County Courthouse

Are children excited to join in circle times or do you feel like you need to drag them to get started? Learn what makes circle and group times fun for children. The workshop will offer tips and ideas for gathering children and keeping them involved.

Get Checking



November 10 & 17
5:45 - 8:45 PM
Goodwill Community Center, Menasha

Want to save money cashing your paychecks? Need a safe place to keep your funds? Then Get Checking will help participants qualify for a checking or saving account. Registration and a fee of \$20 are needed by November 3; call (920) 886-1000.

Get Checking

January 11 & 18, 2005
5:45 - 8:45 PM
Outagamie County UWEX
3365 W. Brewster St. Appleton

For registration details (including deadline), call (920) 886-1000.

Contact the UWEX office at 849-1450, 989-2700 for complete registration information or visit our website at <http://www.uwex.edu/ces/cty/calumet/flp/index.html>

NEED A PROGRAM IDEA? TRY ONE OF THESE!

Thriving with Your Spirited Child

Do you know of a child who just has “more” intensity, sensitivity, distractibility, or activity than other children? Learn how understanding a “Spirited Child’s” temperament can help you and them thrive.

Who Moved My Cheese?

This training opportunity uses the popular book and video by Spence Johnson, M.D. A simple story with a powerful message about how you and your (employees/organization) can deal with change and win! This program: increases your success in dealing with change with less stress; takes a light hearted look at how you approach change – and gain perspective along the way; and helps you find your way in the maze of work and life and succeed in changing times.

Encouraging the Heart

Leaders learn how rewarding and recognizing others can build your volunteer program.

Who Gets Grandma’s Yellow Pie Plate?

If your group hasn’t heard this popular presentation, learn how to transfer personal property (non-titled) through the generations.

Positive Parenting

With 20 plus topics from discipline tools to raising socially responsible children, there must be a topic here of interest to your group. Call for specific topics. These programs have a video basis.

FISH Philosophy: Catch the Spirit, Release the Potential

A fish company in Seattle has turned a terrible job in to FUN and ATTRACTION. Learn how your organization can capture the spirit and release its potential.

ReFirement: Fire Up for the Best Years of Your Life

Take a look at how you view aging, how you can make the most of aging, and what you want to do with the rest of your life.

Character Counts

Become familiar with the six pillars of character. Learn how you can become an advocate for Character Counts youth emphasis.

Creating Health

This 4-part video program explores the health and health practices of Wisconsin women based on age.

America Saves

Build wealth not debt, become an American saver.

Financial Security in Later Life

Growing older in today's society means living well into the 80's or beyond. If financial security is important to you, now is the time to think beyond 60 and the next 20+ years. Understanding what later life events are normal and should be planned for will help you prepare a realistic financial plan.

Strategies to Increase Retirement Savings

If you haven't been saving for retirement like you wished you had, the good news is it's not too late to take action to secure your retirement! Learn how much you will need to retire and retirement catch-up strategies.

Contact Faden at the UW-Extension office 920-849-1450 or, 989-2700 to discuss dates available. Her e-mail is faden.fulleylove-krause@ces.uwex.edu

LEADERSHIP

Thoughts That Hold Us Back



"I can't.	That's a problem.
That's not fair.	I won't.
It's been tried before.	Never.
It won't work.	Stupid.
It's too hard.	Impossible.
It's hopeless.	I'm not good enough.
Hate.	I'll get even determination.

Reference: Gray, A., Stephens, S., & Van Diest, J. (2001). *Lists to live by. Sisters, OR: Multnomah Publishers.*

Dream One Size Bigger



One of the best ways to cultivate a possibility mind-set is to prompt yourself to dream one size bigger than you normally do. Let's face it: most people dream too small.

People need BHAGs - big hairy audacious goals. If you push yourself to dream more expansively to imagine one size bigger, to make your goals at least a step beyond what makes you comfortable, you will be forced to grow. And it will set you up to believe in greater possibilities (Maxwell, 2003, p. 168).

Reference: Maxwell, J. C. (2003). *Thinking for a change: 11 ways highly successful people approach life and work.* New York: Warner Books.

Be sure to visit the Calumet County
UW-Extension website at
<http://www.uwex.edu/ces/cty/calumet/>

Seven Reactions People Have to Change

1. People will feel awkward, ill at ease and self-conscious when confronted by change. - *Tell them what to expect.*
2. People will feel alone even if everyone else is going through the same change. Structure activities that create involvement. - *Encourage individuals to share ideas and to work together to help each other through change.*
3. People will think first about what they have to give up. Don't try to sell the benefits of change effort initially. - *Let people mourn their perceived losses. Listen to them.*
4. People will think they can handle so much change at once. - *Set priorities on which changes to make, and go for the long run.*
5. People will be concerned that they don't have enough resources (time, money, skills, etc.) to implement the change. - *Encourage creative problem solving.*
6. People will be at different levels of readiness for any particular change. - *Don't label or pick on people. Recognize that some people are risk-takers and others take longer to feel secure. Someone who's an early adopter of one type of change might balk at another type of change.*
7. If pressure is taken off, people will revert to old behaviors. - *Keep people focused on maintaining the change and managing the journey.*

Reference: Blanchard, K., and Hodges, P. (2003). *The servant leader: transforming your heart, head, hands & habits.* Nashville: J. Countryman

NEFE Offers *YOU FIRST* Retirement Planning Handbooks

The Baby Boom generation (born between 1946–1963) has marched into every stage of life with a unique set of values, perspectives, and needs. Even planning for retirement, Boomers march to a different beat, which is the reason for this series of handbooks. They were written and made available by NEFE, National Endowment for Financial Education, to encourage Baby Boomers to harness their individuality in addressing present and future needs. The *You First* handbooks were created and written by Christopher L. Hayes, Ph.D., professor of Psychology at Southampton College of Long Island University. The materials were developed as part of a National Endowment for Financial Education® (NEFE®) grant titled *Re-Casting Pre-Retirement Planning Information for the 21st Century*, produced by the Center for Aging Research and Education (CARE). To learn more about this online resource visit them on the web at: <http://www.nefe.org/youfirst/>

Make Time to Listen, Take Time to Talk.... About Bullying

Parents who spend 15 minutes or more a day with their children can have a positive effect on their children's behavior and the family as a whole. This evidence-based knowledge is the core principle of SAMHSA's bullying prevention campaign. SAMHSA is the UW Department of Health and Human Services, Substance Abuse and Mental Health Service Administration. This project builds on their very successful 2000 project "Make Time to Listen, Take Time to Talk." Parents and other adults are the primary audience. There are four core products:

1. "Take Time to Listen, Make Time to Talk...About Bullying brochure
2. Bullying is NOT a Fact of Life: A Guide for Parents/Teachers
3. Conversation starter cards
4. Take Action Against Bullying and related materials

All campaign products are available on the Internet in and easily downloadable format <http://www.mentalhealth.samhsa.gov/15plus/default.asp> or at (800) 789-2647.

Welcome to Planet Earth!



Our world's people are relatively young: 55% are under 30; 20% are under 9 years of age; 19% are over 50; 1% is over 79 years of age.

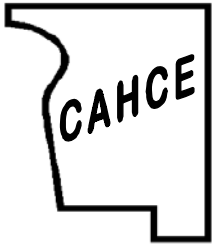
If all the *money* in the world were divided equally, each person would have about \$6,200 per year. But money isn't divided equally. If there were 100 people in the world, the richest 20 people would have more than \$9000 a year; the poorest 20 people would have less than \$1 a day.

There are 6,000 *languages* spoken in our world, but more than half of the people speak just eight languages. If the world had 100 people: 22 would speak a Chinese dialect (18 would speak the Mandarin dialect); 9 would speak English; 8 would speak Hindi; 7 would speak Spanish; 4 would speak Arabic; 3 would speak Portuguese and 3 would speak Russian.

What's That Coffee Cost?



In a recent Consumer Reports Money Adviser, they calculated the costs of coffee brewed at home, from a fast serve place and an upscale coffee shop. They indicate 79% of U.S. adults drink coffee, and the average number of cups per day is 3.4. Over a year's time, the home brewed coffee costs about \$100, it's about \$1,250 at the fast serve place and \$1625 at the upscale coffee shop! That's a lot of money!



CALUMET ASSOCIATION FOR HOME & COMMUNITY EDUCATION

Courthouse, Chilton, WI 53014
(920) 849-1450, 989-2700

NOVEMBER / DECEMBER / JANUARY 2004-2005

Dear HCE Members,



What a wonderful fall we have. Are we going to pay for it this winter? Fall is also for meetings to start out the HCE year. The WAHCE (Wisconsin Association Home & Community Education) State Conference was September 14-16 at the Regency Suites & KI Convention Center in Green Bay. JoAnn Mueller and Barb Krueger attended the Leadership Institute; Kay Hertel went to Managing Financials and the session for Treasurers. I attended the Annual Business Meeting and First Book. Diane Sattler spent many hours setting up the entries for the Cultural Arts. Her role as Chairman of the WAHCE Cultural Arts Committee will expire at the end of this year. We are proud of her expertise and dedication to her position at the State Board level. Diane was also recognized and given a great compliment on her work during the business meeting.

All the counties from our state donated a basket to be raffled off. The earnings were \$1500. The money went to Pennies for Friendship. Diane Sattler put a great basket together with donations from HCE members and community businesses. Thanks Diane.

The State Board, after a lengthy discussion, has decided to institute a new membership category called "Household Member." This idea was presented to us at the Annual Business Meeting. They will try this idea for a year to see if the interest is there or what might need improvement. The Household Membership includes all persons living in one home no matter the relationship, and pays dues for one to the state for this year only. Only one newsletter will go to the household. Each member of the household will be considered a member of HCE. There will be more discussion at the Fall Association meeting.

Calumet County was given a pat on the back for gaining six new members in 2004; hope we can continue signing up new members.

The East District Conference, hosted by Fond du Lac HCE, was held on October 13, 2004 at UW Fond du Lac. Kay Hertel attended the Cultural Arts workshop; Ceil Van Daalwyk and Pat Degeneffe attended the International Program on Afghanistan. They will give a report at the Fall Association meeting. I attended the President's meeting. The Household Membership was again discussed.

Our East District Director's position, held by Lylene Scholz, will expire at the end of the year. Lylene was elected Vice President of Programs at the State Conference. Good luck on your new challenge. Our new East District Director will be Anita Schuller.

The Spring HCE East District meeting will be at Sheboygan on April 20, 2005, and the Fall East District meeting will be in Kewaunee on October 12, 2005. The State Convention will be in Wisconsin Dells.

A big thank you to Jenny Sippel, from Merry Maids, for accepting a position on the Scholarship Committee. She will join Bev Winarski and Vanice Wunrow. Thank you ladies.

Since this is the November/December/January newsletter, I want to wish all of you Happy Thanksgiving, Merry Christmas and Happy New Year.

Sincerely,

Ruth Schmitz
CAHCE President

HCE HAPPENINGS

- Thursday, November 4**
6:00 PM (note new time)
Rm. 17, Courthouse
Thriving With Your Spirited Child - This Young Family program will explore 9 temperament traits and how to understand children who have more intensity, activity, persistence or mood. Note time change to 6:00 pm and children's portion has been added to this program.
- Wednesday, January 5**
1:30 PM
Rm. 17, Courthouse
Creating My Hometown: An Exercise in Land Use Decision Making – JoAnn Mueller and Barb Krueger will recreate this experience first shared at the WEHC conference. They promise it will get and keep you thinking! *Snow date - January 24.*
- February 7**
March/April/May Newsletter contribution deadline.
- Thursday, February 17**
1:00 and 6:30 PM
Rms. 17 & 18, Courthouse
Creativity Day - Flyers will be distributed at the January program. Diane Sattler is the coordinator. *Snow date - February 24.*
- Monday, March 7**
6:30 PM
Room 25, Courthouse
Iraq - Rich Appel, who served in Iraq in 2004, is our speaker for this International Program. Pat Degeneffe is the International Chairman and coordinator of the program.

Note: *Please be sure to register your club at least one week prior to each and every program. This way we can insure adequate materials for all participating clubs.*

Results of County Entries at State Cultural Arts Show - Submitted by Diane Sattler

Sue Jerrett – Photography – *Blue*
Lucille Lisowe – Cross Stitch Picture – *Red*
Martha Thiel – Crocheted Doily – *Red*
Mary Eickert – Jacket – *Pink*
Diane Sattler – Knit Nativity – *Blue*
Mary Eickert – Quilt – *White*
Diane Sattler – Doll Quilt – *Blue*
Pat Degeneffe – Poem – *Red*
Pat Degeneffe – Essay – *White*
Pat Degeneffe – Short Story – *Red*



HELP WANTED

The county needs a secretary for a two-year term. It's only for three meetings a year and it gets you on the Executive Board and allows you to give your ideas. New people give fresh ideas. It so will give you an inside look of your organization. Please consider a new challenge, you may like it. Lorraine Emmer's term is over December 31, 2004. Call Ruth Schmitz at 849-2826.

YEAR END & NEW YEAR REMINDERS

2005 CAHCE Directory

Attention club presidents and individual members: the UWEX office needs to receive your officer and membership lists. The UWEX office uses these to assemble the CAHCE Directory. Include member names, addresses, phone numbers, the year they joined HCE, officers and clubs' usual meeting day. Email addresses are optional. Please send this information to the UWEX office by **December 10**. If you prefer, call 849-1450, opt. 6, with changes.

Club Dues

Please send dues of \$10 to County Treasurer, Kay Hertel, N3280 Hwy G, Chilton, WI 53014 by **December 1**. To review, \$5 goes to the state, \$1 goes to the district, and \$4 stays in our treasury. Also include any changes of phone numbers or address, and new member's names, phone numbers and addresses. The State is requesting E-mail addresses for communication purposes. It is a lot cheaper using the E-mail system. I guess we need to go with the flow. — Ruth Schmitz

Attention Individual Members

Now is the time to send Kay your dues to insure you continue to receive the CAHCE Newsletter/Calumet Leads to learn of upcoming activities.



Affirmative Action Forms

Club Affirmative Action forms (in the front of the Secretary's Book) is needed by the UWEX office by February 1.

Club Financial Reports

If your club has more the \$25,000 in an account, a 2004 financial statement is due to Kay Hertel by February 1. All other clubs do not need to submit this report.

Pennies for Friendship

Clubs wishing to contribute to Pennies for Friendship should send this money to Kay Hertel, CAHCE Treasurer, N3280 Hwy G, Chilton, WI 53014 by November 1.

CAHCE Scholarship



Applications for the Calumet County Home & Community Educator's scholarship (\$150) can be obtained at the UWEX Office. This scholarship for high school seniors, continuing college or technical school students, is available to any child or grandchild of a Calumet County HCE member. Grandchildren who apply must live in Calumet County. There will be no outside publicity on this scholarship. CAHCE members are asked to tell eligible children and grandchildren about this scholarship and encourage them to apply. The application requires a 200-word essay about "My Future Role as a _____," and is due to the UWEX office by March 15.

Jones-Lee Scholarship

The Jones-Lee Scholarship is awarded to any WAHCE member, their children, stepchildren, and grandchildren. It is to be used toward a 2-year associate degree in vocational school or at a university as a full or part-time student with a minimum of 4 credits. It is a \$1,000.00 scholarship, which will be paid upon proof of enrollment. The application will be in the Communicator. The due date is April 1. Contact Faden at the UWEX office for forms.

Ruth Buxton Sayre Scholarship

This scholarship is for up to \$500 for a year's study, and is sent to the institution of study for tuition or books. The Country Women's Council sponsors the scholarship that is awarded to a woman who is a resident of North or South America, shows financial need, and has the ability to complete her education. Application is made through ACWW affiliate organizations (which HCE is). About 4 are given each year. Ruth Schmitz has the application form and they are due by Feb. 20 to get all the necessary signatures for the March 1 deadline to ACWW.

A Christmas Story

by Pat Degeneffe

“MOLLIE” -- THE BEST CHRISTMAS TREE EVER

The time of the year was early November. The air was charged with the magic aura of Christmas. The clerks at the huge department store were hurriedly unpacking the artificial trees. They were to be trimmed by the end of the week.

The manager was issuing his instructions: “The trees are to be arranged as though shoppers are walking through a forest. You should be able to view the trees from all sides. All trees are new except one. That tree will be on our display floor for the fourth time. If it does not sell this Christmas season, we will dispose of it.” “Oh! one clerk exclaimed. That’s the tree I call Mollie – it’s a steadfast friend.”

The manager frowned at her and continued the instructions. “This year the tree market both live and artificial is very competitive. So we are trying a new marketing concept with our artificial trees. They can be purchased with the holiday trim already on the tree. Customers yearn to have a different and unique tree from Christmas past. We will make tree shopping fun for the customers. The family can all be involved as they trim the tree before Christmas and take it down in the New Year. It also saves time here in the store. Each tree is numbered with a box of trimmings that has a diagram to follow to get the theme of the tree correct. For one week we will have a specialist in the store to help market and sell the trees. So clerks get busy!”

It did sound like an exciting week. Mollie the Christmas tree yearned to be selected by a family this year. Yes, close to that metal frame of Mollie was a heart. True she would have liked to have been more slender and taller. Why couldn’t most shoppers realize that was also their secret desire? But Mollie was aware she was far better off than her country fir cousins. They lived fashionably for a few weeks, and then they would thirst for water and slowly turn brown. When the

Christmas season was over, their journey ended in the trashcan.

The clerks got all the trees standing, branches placed to look like a real tree, shuffling them around to where their permanent spot would be. Being short in stature, Mollie felt she would have a visible spot in front. One sulky clerk insisted, “This tree never sells anyway, and we have to utilize that corner.” No one contradicted her, so in the corner Mollie went.



The decorating got under way. Some trees were already pink and white. Shoppers would gaze over to the roped area to see the merging beauty. Mollie was overtaken with all the excitement. There was the tree with the gold garland and gold Christmas balls. Another tree had red balls and red and gold bows. There were shimmering angels. Some trees were streaked with blue or pink angel hair. Others had those meticulous strands of silver tinsel. Then there was the ever popular white snow. Mollie indeed was anxious – that she too would be beautiful.

Mollie being in the back corner was last to be trimmed. The stepladder was placed near her. Tiny lights of all colors were placed around her. Mollie was so happy. Then the box with the diagram was opened. The clerk removed the garland. Mollie’s heart trembled. What is that? Yes, there it was – garlands and garlands made up of cornhusks. The two clerks busily wrapped the cornhusk garlands around Mollie. Then, finally, one clerk opened the other box and out came dozens of cornhusk dolls. For the top was an angel made out of what else but cornhusks. Now, Mollie was quite assured no one would purchase her. There was one box left, a large one which the clerk opened carefully. Underneath Mollie’s branches they placed large figurines from the nativity scene. It added to the beauty of Mollie, but Mollie’s heart was still sobbing about those cornhusks.

The Christmas pre-season was swiftly passing. Each day brought more sales of the trimmed trees. As the forest thinned out, Mollie became more visible.

It was December 22nd. Mollie would have to sell soon. This was the day an old couple

approached the clerk. "We want an artificial tree. We never had one before, but this will be our final tree purchase in our lifetimes." The clerk explained the store's new marketing concept and to take their time browsing. She would assist them with their final decision and purchase.

Grandpa was grumpy because he didn't want a pink or blue tree – it had to be green. That angel hair was too itchy to have to decorate and take off each year. Then Grandma spotted Mollie. "I have found our tree, Grandpa," stated Grandma. Grandpa came running. "This is the tree I like," stated Grandma. Startled, he screamed, "Grandma, you have gone senile on me." "Shhhh—can't you see all the shoppers are looking at you!" replied Grandma.

Grandma went on to say, "My parents always had a beautiful Christmas tree even during the depression years. To me, the tree I have chosen brings back memories of my family farm. We picked acres of cob corn. This job taught us good work habits. Christmas is a time for precious memories and this tree is a perfect reminder of my dear family."

Grandpa listened intently and he made a serious announcement, "I am sorry Grandma, but I simply will not agree with the purchase of this corn husking tree."

Mollie's heart, which had begun to swell when she heard Grandma's kind words spoken about her, was stung deeply by Grandpa's harsh words. However, grandma found a sales clerk and came back with her own reply. "We will take this tree with all the corn husk decorations on it and the nativity scene below." Swiftly the clerk swung into action. This was the clerk's biggest sale of the year.

They packed up the van and headed home. The journey was not only silent but Grandpa was speechless. He was not used to his wife being assertive. A tear fell down Grandma's cheek. Grandpa had always taken good care of her, maybe she was too defiant about wanting this special Christmas tree. She kept repeating to herself "Christmas is a season to be joyous." With that in mind, she attempted to start a conversation with Grandpa. Herman

(she called him by his first name), "When we get home there is still time to have a perfect Christmas."

The van rolled into the driveway. Working together they wrestled the decorated tree into the living room. As they put the tree in the corner of the living room the player piano began to play "God Bless Ye Merry Gentlemen." Grandma stated that she had another preparation to do now that the Christmas tree was all situated. She handed Grandpa a box. Grandpa opened the large box. Aghast he said, "Grandma, you do want a perfect Christmas." For in the box, was the nativity scene that was under the Christmas tree at the department store. They both worked together to place the nativity scene under the Christmas tree with each piece in its perfect spot. Mollie looked beautiful and shone brightly in this large colonial style home.

The nativity scene glowed from the sparkle of the lights bouncing from the cornhusk garland and ornaments. Grandpa and Grandma kissed one another and in their hearts and spirits they knew they had the true meaning of Christmas which is to love another as Christ loves us so unconditionally.

In the center of all this magic, Mollie was so very happy because she would be Grandpa and Grandma's Christmas tree for years to come. The happiness of putting the nativity scene under the tree reminded Mollie that even if she is only a metal strip with branches, she will always be a part of the biggest birthday party on earth.

Like a miracle, the player piano started on its own playing "Joy to the World." In her thankfulness and humbleness, Mollie sighed, "Thank You Jesus."



Return Service Requested

^{UW}**Extension**

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