
CALUMET LEADS

VOLUME 14 September 2006

Hi Calumet County Leaders,

Stephen Grellet put it eloquently, "I expect to pass through the world but once. Any good therefore I can do, or any kindness I can show to any fellow creature, let me do it now. Let me not defer it or neglect it, for I shall not pass this way again."

Reminds, me of the joke: Five birds are sitting on a telephone wire. Two of them decide to fly south. How many are left? Three, you say? No, it's five. You see, **deciding** to fly south is not the same as **doing** it.

Good intentions are simply not enough. We are defined and our lives are determined not by what we want, say or think, but by what we do.

I frequently think of writing nice thank-you notes, birthday wishes and letters of congratulations. Unfortunately, only a sad, few of these good sentiments ever make it to paper. Still, if I don't look too closely, I can delude myself into thinking that based on my intentions, I'm a kind person -- but a truer picture of my kindness is drawn by my actions.

The challenge for most us is to make the time to do the things we intend to do or say. There are lots of opportunities at home, at work and in our communities. Just look for real opportunities to say something nice to family members, friends or coworkers. Once you get the hang of it, expand your arena of action and call or write a former teacher, a community leader or a public servant you admire.

Till our October Newsletter, remember those five birds with good intentions, or as Nike so often puts it, "Just Do IT."

Towards a kinder world, starting one person at a time,

Faden Fulleylove-Krause

Faden Fulleylove-Krause
Family Living Educator
Calumet County UW-Extension



Can Conflict be Productive in my Group?

Yes!!! According to C.E. Johnson in his book, Meeting the ethical challenges of leadership. He says "In healthy groups, members examine and debate the merits of the proposal before the group, a process that experts call substantive conflict. Substantive conflicts produce a number of positive outcomes, including these:

- Accurate understanding of the arguments and positions of others in the group
- Higher-level reasoning
- Thorough problem analysis
- Improved self-understanding and self-improvement
- Stronger, deeper relationships
- Creativity and change
- Greater motivation to solve the problem
- Improved mastery and retention of information
- Deeper commitment to the outcome of the discussion
- Increased group cohesion and cooperation
- Improved ability to deal with future conflicts
- High-quality solutions that integrate the perspective of all members (Johnson, 2005, p. 228-229).

Reference: Johnson, C.E. (2005). Meeting the ethical challenges of leadership (2nd edition). Thousand Oaks, CA: Sage Publications.

The Value of Listening

1. Listening shows respect.
2. Listening builds relationships.
3. Listening increases knowledge.
4. Listening generates ideas.
5. Listening builds loyalty.
6. Listening is a great way to help others and yourself (Maxwell, 2003, p. 42-46).



Reference: Maxwell, J. C. (2003). Relationships 101: what every leader needs to know. Nashville: Thomas Nelson Publishers.

Ten Easy Steps for Reaching Agreements Together

1. Enlist everyone.
2. Discover your shared hopes.
3. Uncover the real issues.
4. Identify all options.
5. Gather the right information.
6. Get everything on the table.
7. Write down choices that support your shared hopes.
8. Map the solutions.
9. Look ahead.
10. Stay charged up (Maruska, 2004, p. 6).



Reference: Maruska, D. (2004). How great decisions get made: 10 easy steps for reaching agreement on even the toughest issues. New York: American Management Association

Nine Things You Can Do to Bring People into Your Circle

1. Spend time with them.
2. Listen to them.
3. Appreciate differentness.
4. Thank them.
5. Keep your ears open.
6. Team up.
7. Be direct.
8. Look for human gold in the mine.
9. Join associations (Robbins & Finley, 2004, p.76)."

Reference: Robbins, H. & Finley, M. (2004). The accidental leader: what to do when you're suddenly in charge. San Francisco: Jossey-Bass

HOME ALONE

Monday's, October 9 & October 16
6:00 – 7:30 p.m.
Hilbert Elementary School



Both adults who care for children and children will develop the confidence and peace of mind to know when children are ready to stay home alone. Home safety, including internet safety, first aid structuring time and assessing for home alone readiness will be presented. Contact the UWEX office for registration information.

MONEY TALK: A Financial Guide for Women (and the Men Who Love Them)

October 17, 24 & 31, 2006
7:00 p.m. - 9:30 p.m., Room 17
Calumet County Courthouse, \$20

Women have unique financial needs because they often live longer, earn less, and may have gaps in their employment history. Many are at risk of becoming displaced homemakers, and/or lack financial experience. Money Talk is designed to assist women (and the men who love them) to become familiar with financial, insurance and investment basics. The \$20 registration fee includes a 193 page workbook.

QUEST FOR KNOWLEDGE

Friday, October 27, 2006
8:15 a.m. - 2:00 p.m.
Calumet County Courthouse, \$13.00

The keynote speaker is Glen Loyd from Wisconsin's Department of Ag, Trade, and Consumer Protection. There are three morning workshops and three workshops in the afternoon. Lunch is included. The cost for this exceptional learning opportunity is \$13.00. Registration is needed by October 20; there is an early bird rate of \$12 if registration is received by October 13. The brochure is on UWEX's website at <http://calumet.uwex.edu> click on Family Living, then click on Quest for Knowledge.

BETTER KID CARE SATELLITE



Fighting Children's Obesity through Active Play

October 26, 2006
6:00 - 8:00 p.m., Room 25
Calumet County Courthouse, \$3.00

The percentage of children in this country who are overweight has doubled in the last ten years. Keeping children active is one way to help fight childhood obesity. How much active play time do children need each day? Learn great active plays ideas for keeping children moving indoors and out.

VantageScore – A Fresh Approach to Credit Scoring



If you find yourself, or a loved one looking for a loan, having a good credit score can affect your loan. A “good” credit score indicates you are a good credit risk and affords you access to low interest credit. Despite the importance of credit scores, there is variation among the scores calculated using information from the three major credit reporting agencies—Equifax, Experian and TransUnion. How can this be? There are two reasons scores vary, one is because different formulas are used to calculate credit scores and each reporting agency has received information from different sources.

Most consumers are familiar with generic FICO scores developed by Fair Isaac Corporation, a company that specializes in developing credit scores. Fair Isaac used three different formulas and three different sets of information taken at different times when they created the FICO score for Equifax, Experian and TransUnion. Because separate formulas are used for each credit reporting agency, there are differences in the scores calculated using credit reports from the individual agencies.

The credit reporting companies have partnered to create a new credit scoring system to address this problem. The new VantageScore uses a single formula for all three credit reporting companies, generating more consistent scores among the agencies. With the new formula, the scores will still vary because the information gathered by the three agencies is still inconsistent.

What’s important for consumers to know is that it’s not the score that is the most valuable but the information that comes with your score. When you get your credit score from Experian you will also receive a report that tells you what you need to do to make your score better. For example, it could say, “balance on credit cards too high,” or “late payments on credit history.” It is this Information that will help improve all credit

scores no matter what kind of scoring system is used. At this time Experian is the only credit reporting agency through which consumers can access their VantageScore, which can be found at www.vantagescore.experian.com

Extension Goes to Washington D.C.

Each year Extension workers and volunteers have the opportunity to travel to Washington D.C. to talk to legislators and explain how public spending for education is necessary and not just a nice thing to do. This year Marilyn Herman from Waupaca County attended. She shared some highlights with Waupaca County HCE members in their newsletter. I thought you would like to see the highlights too.



- More than 400,000 families received the monthly newsletters “Parenting the 1st, 2nd, or 3rd year, mailed to match the real age of each child. The newsletters have a proven record of reducing child abuse and neglect promoting competent child rearing.
- Last year, over 800 Wisconsin HCE volunteers read and did classroom activities with children ages 2-5 in more than 60 Wisconsin counties and donated 52,000 books to the First Book project.
- Educational efforts to build bridges between generations, incomes, cultures and abilities reached over 80,000 and helps insure that education is inclusive, making every person count.
- One in four Wisconsin residents engages in a learning experience with UW-Extension annually through 4-H, family living, nutrition education, agriculture, horticulture, community or economic development. This Wisconsin investment in lifelong learning brings practical, hands-on, timely and relevant information, skills and research to families and communities to prevent unhealthy behavior and encourage positive actions for a better life.

CONSUMER INFORMATION

New Child Passenger Safety-Booster Seat Law

Implementation of the new booster seat law (Wisconsin Act 106)

- The Child Booster Seat Law went into effect on June 1, 2006.
- To provide education about the new law, written warnings will be issued instead of citations for the first violations during a grace period from June 1 until December 31, 2006.
 - Warnings issued during the grace period must be sent to the WisDOT.
 - Second and subsequent violations of the law before January 1, 2007 (during the grace period) are grounds for a citation.
- On January 1, 2007, law enforcement officers will begin issuing citations for violations.

How to comply with the law:

Generally, children must be properly restrained in a child safety seat until they reach age 4 (previous requirement), and in a booster seat until age 8 (new requirement). The new law includes the following four-step progression for effective child safety protection in vehicles.

1. Rear-facing child safety seat in the back seat* is required when the child:
 - a. Is less than 1-year-old or
 - b. Weighs less than 20 pounds
2. Forward-facing child safety seat in the back seat* if required with the child:
 - a. Is at least 1-year-old but less than 4-years-old
 - b. Weighs at least 20 pounds but less than 40 pounds
3. Booster seat is required when the child:
 - a. Is at least 4-years-old but less than 8-years-old
 - b. Weighs at least 40 pounds but less than 80 pounds
 - c. Is not 57-inches (4 feet, 9 inches) or taller
4. Safety belt is required when the child:
 - a. Is 8 years old or older or
 - b. Weighs 80 or more pounds or
 - c. Is 57 inches or taller



* Child safety seats must be in the back seat if the vehicle is equipped with a back seat.

Exemptions:

- Children whose body-size, physical condition or medical condition makes safety restraints unreasonable are still exempt from the booster seat and safety belt laws.
- There no longer is a “personal needs” exemption the child to be removed from a safety restraint to attend to the child’s personal needs, such as feeding or diapering, while the vehicle is moving.

Changes to mandatory safety belt law:

- Under the new law, drivers may be cited for allowing passengers of any age to be unbelted in their vehicle (the new law removes a previous provision in the mandatory safety belt law that did not make the driver responsible for unbelted passengers age 16 or older).

For more information or answers to questions: Contact the Wisconsin Information Network for Safety at its toll-free number 1-866-511-9467 or website www.boosterseat.gov.



CALUMET ASSOCIATION FOR HOME & COMMUNITY EDUCATION

Courthouse, Chilton, WI 53014
(920) 849-1450, 989-2700

SEPTEMBER / OCTOBER 2006

Dear HCE Members,

I'm echoing the thoughts of past presidents: "Where has summer gone?" and "I can't believe we are well into August!" as I write this, and needing to think about fall HCE activities. So what goes on in the life of a CAHCE president during the summer? Hope your gardening has been growing better than mine. With the weather pattern this year, I never got my garden planted. My tomatoes are still in pots! But, there is so much more to HCE than gardening. In very early summer I attended the first planning session for state conference 2008. East District will be hosting it and it will be in Manitowoc at the Holiday Inn.



Otherwise, in the midst of being a homemaker and grandmother, and all the other hats ones wears, there are the random thoughts how to rekindle, refire, and reenergize the organization. I'm looking forward to bringing back new ideas from attending state conference. In the meantime, we are still putting together Quest 2006 without a chairperson. By the time you read this, it will be time to promote this year's program which features well known, consumer analyst, Glen Loyd.

In closing, by Fall Association meeting, we need a nomination chairperson so that the empty offices of president-elect, community outreach, etc. can be filled. Working together we can keep our mission statement in action.

Sincerely,

Barb Krueger

Barb Krueger
CAHCE President



HCE HAPPENINGS

Thursday, Sept. 7
7:00 P.M. Rm 17
Courthouse

Preparing for Disasters - This Safety program will help individuals be prepared for fire, tornado or other disaster. John Kost, the Manitowoc/Calumet Red Cross Disaster Services Coordinator, is the presenter.

September 17-19

WAHCE will meet in Wisconsin Rapids for the state conference "Currents of HCE."

Wednesday, Sept. 27

Deadline to register for the East District Fall Conference, contact Anne Lefeber or Barb Krueger. The registration fee is \$13.

Thursday, October 5

WAHCE East District Conference – "A Patchwork of Learning for Life" will be held at the Brown County UW-Extension Office.

Thursday, October 5
7:00 PM, Rm 17
Courthouse

Strong Women – This program will help individuals combat the inevitable loss of strength, energy and vigor that comes with getting older. JoAnn Mueller and Faden Fulleylove-Krause will present the WAHCE leadership program.

Friday, October 6

Info needed to the UWEX office for the 2007 HCE Program Book.

Friday, October 13

Early bird registration due for Quest for Knowledge.

Friday, October 20

Quest for Knowledge registrations due.

Thursday, October 26
7:00 pm, Rm 17
Courthouse

CAHCE Association Meeting - Two delegates per club and Executive Board members will vote on the 2007 budget. The 2007 Programs Books and winter newsletter will be distributed. Election of officers and committee appointments will be made. Hostesses: Winnebago, Merry Maids, and Four Leaf Clovers.

Friday, October 27
8:15 am-2 pm, Courthouse

Quest for Knowledge will be held in the lower level of the Calumet County Courthouse. The Keynote speaker is Glen Loyd.

Note: Club materials are printed 5-7 days before HCE programs, so please be sure to register your club at least one week prior to each and every program.

In Memoriam

Hi Hopes lost a member, Norman Karls, on May 4, 2006.
He had been of member of the club for 27 years.

Things Everybody Needs to Understand About People

1. Everybody wants to be somebody.
2. Nobody cares how much you know until he knows how much you care.
3. Everybody needs somebody.
4. Everybody can be somebody when somebody understands and believes her.
5. Anybody who helps somebody influences a lot of bodies (Maxwell, 2003, p. 12-18).



- Reference: Maxwell, J. C. (2003). *Relation*

NOTES FROM PAT

Dear Members,



I wish to thank you kind folks for remembering me at the time of my husband's long illness and death. It was very rewarding when so many came to give their support.

I had this same support when I moved here, unlike the students of today who can travel to foreign countries, six months to a year and can handle it very well. I only moved 75 miles, yet so lonesome. I guess one could call it immaturity. It was in Homemakers I made new friends. Thanks to all for your friendliness.

I must tell you I worked very hard not to put my husband in a nursing home. I ended up there myself. I can truly say everything was very positive. Barb Krueger and Margaret Kasper would agree as they came to entertain often.

Thanks to all!

Sincerely,
Patranella Degeneffe

CAHCE Cultural Arts Show Winners

We wish the following members success at the state conference:

Photography – Caroline Krahn
Crocheted Afghan – Diane Ecker
Hand Stitchery – Kay Hertel
Counted Cross Stitch – Melissa Mathes
Machine Pieced Quilt – Diane Ecker
Pieced Autumn Braid – Mary Eickert
Jewelry – Jessica Wunrow

Best of Show – Kay Hertel's Hand Stitchery titled "Southwest Cat"

SAFETY

It's school bus time again; bus drivers, parents, and teachers always remind children about school bus safety rules! You can add to their efforts tell the special children in your life to be EXTRA safe around the school bus. You don't want them to get hurt. Here are Rudy's Rules:

1. Always obey your bus driver.
2. Get to your bus stop on time.
3. Stay away from the street when waiting for the bus.
4. Use the handrail to get on and off the bus.
5. Stay in your seat until the bus stops.
6. Always talk quietly on the bus. Never scream.
7. Don't leave books and trash in the aisle.
8. Keep hands, arms and head inside the bus.
9. Don't play with the emergency door.
10. When approaching or leaving your bus, if you must cross the street, always cross in front of the bus where the driver can see you.



- From Safety Chair, Ceil VanDaalwyk

Jacob Meyers receives Scholarship

Jacob Meyers, grandson of Sandy Meyers, Rantoul Sunshine, is the recipient of our \$150 HCE scholarship. Jacob is a 2006 graduate of Hilbert High school and plans a career in Biochemistry. He will be studying at UW-Oshkosh this fall.



Jacob has a strong interest in science and wants to make an impact on the world through his research. He hopes to make a discovery to benefit mankind. Although he admits it's a lofty goal, he plans to try.

^{UW}**Extension**

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