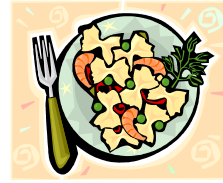


Three Bean Pasta



- 1 pound medium or wide egg noodles, uncooked
- 1 15-oz. can kidney beans, rinsed and drained
- 1 15-oz. can chickpeas, rinsed and drained
- 1 cup frozen green beans, thawed
- 1 small red onion, chopped
- 1 red bell pepper, seeds and ribs removed, chopped
- 3 Tbsp. Dijon mustard
- 2 Tbsp. vegetable oil
- 3 Tbsp. vinegar
- 3 Tbsp. chopped fresh parsley

Prepare pasta according to package directions; drain. Rinse under cold water and drain again.

In a large bowl, stir together the pasta, kidney beans, chickpeas, green beans, onion and bell pepper. In a small bowl, stir together the remaining ingredients.

Toss pasta with dressing and serve. (Serves 4-6)