

Another Simple Recipe from WNEP...

SALMON SALAD SANDWICH SPREAD

1 15½ oz. can salmon
¼ cup chopped celery
¼ cup chopped onion
1 Tbsp. lemon juice (or 1 tsp. vinegar)
½ cup plain yogurt, mayonnaise or salad dressing
Salt and pepper to taste
(1 tsp. dried dill weed or horseradish, or ¼ cup finely chopped green pepper may be added)



1. Drain and flake salmon. Remove any dark skin and crush small bones with back of spoon.
 2. Stir in remaining ingredients until well blended. Chill.
 3. Spread on bread, buns or rolls for sandwiches.
- Makes about 2 ½ cups.