

ANOTHER EASY RECIPE FROM WNEP...

TEXAS STEW

2 T. margarine, butter or oil	4 oz. can drained, diced green chilies
½ c. chopped onion	4 tsp. chili powder
½ c. chopped green or red sweet peppers	12 oz. can Spam, cubed OR
28 oz. can of chopped tomatoes	1 lb. hot dogs, cut in ½" slices
28 oz. can of baked beans	1 T. cornstarch
16 oz. can drained & cubed potatoes OR	¼ cup water
1 lb. fresh potatoes cooked, cubed	

Cook onions and peppers in oil in saucepan until tender. Add all ingredients except cornstarch and water. Stir cornstarch and water together, then add to stew, stirring constantly. Over medium heat, stir gently until stew boils. Turn down heat and simmer 5 – 10 minutes. Serve with bread or tortillas. Makes 8 servings.