



# FALL EAST DISTRICT MEETING

## REPORT BY JUNE MEIKLE

On Thursday, Oct 1, 2009, Karen Spittlemeister and I attended the HCE East District "Grow With HCE" meeting in Sheboygan at Ebenezer Church.

After Registration/Refreshments, we were called to order by Lois Dalke, East District Chair and welcomed by Janet Bierschke (*synopsis of the history of the Indian settlement of Sheboygan*). Following was the Creed, Pledge of Allegiance, Roll Call and Message of the State President-Elect Lylene Scholz, who told us we should step up and take responsible roles (offices). We were included in the President's Meeting. They had two motions of note. One was concerning elections only taking place at the Fall District Meetings and the other was on purchasing a microphone system. At the Triennial in Hot Spring, Arkansas in April there will be 70 countries represented. Every continent will be represented.

I attended the Family Life Workshop, "Plan, Prepare, Prevent Swine Flu" led by Joan Kramer from Sheboygan County Red Cross. Yes, you should get the H1N1 flu shot when it is available. Yes, you should also get the regular flu shot. No, you cannot get the flu from the shots. Yes, you can get exposed to H1N1 flu from someone that is coming down with it and doesn't know they have it. What to do? Maintain a clean environment, wash off door knobs, do NOT share glasses, spoons, towels, etc. and stay away from sick people. Have on hand (in case a member of your family gets the Swine Flu and you are the caretaker) water (2 weeks supply), money, needed supplies of food (for 2 weeks), first aid and medical supplies, cleaning supplies (bleach), hand sanitizers, and disposable gloves. This you should DO: Wash your hands over and over. Dispose of your tissues that you blow your nose in properly. Keep yourself healthy. Do not touch your mouth or nose or eyes with your fingers. Stay home. Most important -- (*she mentioned this over and over*) -- Do not get your panties in a bundle ... Keep yourself well. (*We should have a project lesson on this.*)

The Keynote Speaker was Sandy Livermore, a Landscape designer, who told us about the "Bookworm Gardens" that is going to open on the campus of UW Sheboygan. There will be 70+ gardens, each based on a children's book. She enthralled us, showing slides of what is already in place and telling the plots of the different stories

that will be depicted in the gardens. This will be completed on a 1.5 acre plot. No admission charge.

Following a buffet luncheon with music provided by James Trazile a Lakeland College student from Haiti, June Meikle was installed as Director-elect of East District.

Workshop Reports were given and Kewaunee County invited us to the 2010 Spring District Meeting in their County. Door Prizes were drawn with both Karen and June winning a pumpkin centerpiece filled with real flowers and a hand-folded paper card.

Congratulations, **June**, on your election to the position of East District Director-Elect starting January 2010!

## EAST DISTRICT MEETING MINUTES

October 1, 2009, Ebenezer Church, Sheboygan County (91 Members Present)  
Theme: "GROW WITH HCE"

Lois Dalke, East District Director, called the meeting to order at 9:00 A.M. Roll call was taken. A welcome was extended to all by Janet Bierschke, Sheboygan Co. HCE. She shared the history of Sheboygan Co. describing early industry and population of their county. The Association Creed and the Pledge of Allegiance was recited by all, led by Alice Walker, Sheboygan County HCE President. She introduced all Education Chairpersons. State President Elect, Lylene Scholz shared her thoughts. The theme of Growing with HCE means growing stronger and growing wider. Lois Dalke introduced Marcie Suprise, State Bookworm Chairperson. She talked of our State Bookworms. A motion was made by Anita Schuller and seconded by Marion Van Dreel to elect June Meikle to the position of District Director Elect. Motion carried. District Meeting Guidelines and Standing Rules were passed out to Board Members. A motion was made by Karen Spittlemeister and seconded by Jeanette Klauk that we accept the District Meeting Guidelines as printed. Motion carried. A motion was made by Karen Spittlemeister and seconded by Linda Biese that the Standing Rules – Elections - #1 be amended to read "Elections are to take place at



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the Fall District Meeting. Motion carried. The President's meeting was held at this time with Lois Dalke, East District Director, presiding. She explained ACWW. We as HCE members are also members of ACWW. East District is asked to donate items. NVON National Convention is being held in Green Bay in 2011, and anyone is welcome to attend. Lylene Scholz, State President, Elec. further explained the meeting. Workshops were held at this time. The keynote speaker was Sandy Livermore, from Bookworm Gardens. A buffet dinner was served. A prayer was said by Winnie Jenkins of Sheboygan County HCE. Luncheon music was provided by James Trazile, Lakeland College Student from Haiti. A voluntary collection was taken up at this time for him. Pennies for Friendship was also collected at this time. The Secretary's report was read by Carol Hutjens, East District Secretary. A correction was made that Marceline Protheroe, WAHCE President, will be in charge of the flag procession at the ACWW Conference being held in Hot Springs, Arkansas in 2010. Minutes stand as corrected. The Treasurer's report was read by Dorothy Bonnin, East District Treasurer. A correction was made regarding a typographical error of the total of savings and checking to read the same as balance on hand. The report stands as corrected and placed on file for review. A motion was made by Karen Spittlemeister and seconded by Linda L. Vogel that the treasurer shop for and purchase, with the approval of the board, a portable podium with wireless microphone to be kept with the Secretary's Kit. Motion carried. June Meikle, East District Director Elect, was installed. Lois Dahlke reminded Presidents that they should fill out the organizational sheet and return it to the District Director. A thank you was extended to Sheboygan Co. for hosting the District Meeting. Silent auction items were distributed. Kewaunee Co. extended an invitation to the 2010 East District Meeting to be held on Tuesday, March 30, 2010 to be held at the Kewaunee Grade School. Sheboygan Co. introduced their Family Living Agent, Jane Jensen. The closing prayer was recited by all, being led by Jane Bieschke, Sheboygan County HCE. Door Prizes were awarded. Meeting was adjourned at 2:30 p.m.

Respectfully submitted, Carol Hutjens, East District Secretary

## BAKE 'N' BLOG

When Susan Whetzel's cousin was deployed to Iraq last year, she decided to boost his morale by sending him a taste of home. A blogger who details her kitchen adventures at [doughmesstic.com](http://doughmesstic.com), Susan called on her fellow foodies in cyberspace to make some home-baked treats for her cousin—U.S. Army Captain Jason Ballard and his comrades. Figuring he'd get four or five boxes of cookies, bars and trail mix to share, Susan was stunned to hear he got 60 boxes!



Since that day in July 2008, Operation Baking GALS (Give A Little Support) has launched its own Web site, [bakinggals.com](http://bakinggals.com), and has grown by leaps and bounds. Bakers visit the site to search through the list of soldiers eagerly awaiting goodies. They select a soldier to host and then get baking! Once a month, the bloggers/bakers, both amateur and professional, make treats and ship them to deployed troops. Other blogging bakers are good about promoting Operation Baking GALS on their own sites, which has helped spread the word. "It's impossible to tell how many people have baked for Operation Baking GALS," says Susan, who lives in Pearisburg, VA. "We have around 1,000 registered users, but since one person registers and others usually help her bake, we estimate that more than 10,000 people have participated so far."

The Web site gets countless letters from the soldiers showing their appreciation for the heartfelt homemade goodies. "In a combat environment, it's easy to forget about all the good things back home that we are fighting for over here," Jason wrote. "Because of your homemade treats, we are reminded of the good things in life." Susan has gotten a lot out of volunteering time and energy to this 21st-century cause. "More than anything, I've gained such respect for the bakers," she says. "I never expected the response I got. It's possible that every troop in Iraq has tasted a Baking GALS cookie by now!"

