



University of Wisconsin–Extension  
107 Courthouse  
1313 Belknap Street  
Superior, WI 54880  
715-395-1363  
715-395-1399 (FAX)  
800-947-3529 (TTY)

Cooperative Extension  
Douglas County Extension Office

Dear 4-H Family,

Welcome to Douglas County 4-H! We are pleased to have you as a part of our wonderful organization. 4-H is a hands-on educational program offered through the University of Wisconsin-Extension. It provides an opportunity for youth and adults to work together to learn the life skills necessary to become responsible, successful citizens.

4-H gives youth the opportunity to grow and get involved in a number of projects and activities. 4-H is many things to many different people.

4-H is cooperation. This could mean lending a helping hand at meetings or events, paying attention and being courteous to others, or volunteering and working together on committees.

4-H is family involvement. While it is not required that a 4-H member involve the rest of the family, it is strongly encouraged. Clubs are often seeking family members to help by being project leaders, chaperones, committee advisors, and more. Families are welcome at all meetings and activities.

4-H is sharing. At some time you will be asked to share. 4-H leaders as well as 4-H'ers share time, talents, abilities and knowledge. Sharing might include doing a demonstration, community service, bringing a treat, or just being there for someone.

4-H is responsibility and commitment. It will be your responsibility to conduct yourself in an appropriate manner at all times.

4-H is fun! You will have the opportunity to meet new friends while attending activities designed to be interesting and exciting for all involved. You get out of 4-H what you put into 4-H. Give it your all and you'll be amazed at what you can accomplish!

This handbook is designed to provide you with the basic knowledge needed to become an active member of the 4-H program. Other sources for answers could be your general leader or the Extension Office.

Good luck with your 4-H experience and remember to call if you have questions. My numbers are: phone, 395-1363; fax, 395-1399. My e-mail address is: [sarah.wilcox@ces.uwex.edu](mailto:sarah.wilcox@ces.uwex.edu).

Sarah Wilcox  
4-H Youth Development Educator