

# Walking For a Cause

Walking is great exercise for the entire family and with these great activities you can help other people as well.

## **Community Reaching Out to People (CROP) Walk**

This walk helps raise money for area food pantries. Held annually in Platteville. For more information call 348-7550.

## **Grant Regional Health Center Fun Run**

This event is held in conjunction with Lancaster's Harvest Festival, the first Saturday in October. Donations are given to local food pantries. For more information call 723-2143.

## **Relay For Life**

Each year, across the nation, Relay for Life brings together entire communities to take part in the fight against cancer. It's a time and place where people come to celebrate those who have survived cancer, remember those we've lost, and fight back against a disease that touches too many lives. This is an international activity that could save lives. For more information call 778-2880.

## **Southwestern Wisconsin Memory Walk**

The Alzheimer's Association's signature event for awareness and fundraising. Since 1989, Memory Walk has raised more than \$225 million to help fight Alzheimer's and help those currently living with the disease. For more information call 723-4288.