



## Kenosha County 4-H Horse Project **GYMKHANA WORKOUTS**



Workouts for gymkhana will be held on Tuesday evenings starting June 17, 2008 and running until September 9, 2008. Please note there will NOT be workouts on July 1, 2008 or during the week of the Kenosha County Fair. The workouts will be held at the Kenosha County Fairgrounds horse arena from 6:00 PM to 8:00 PM. For all workouts boots, SEI approved helmet, full-length pants, and current Coggins are required. These workouts are free of charge and open to all members of the Horse/Horseless Horse Project.

During the gymkhana workouts we will learn safety, control, and technique needed to execute the various gymkhana patterns successfully. Our main goal will be to compete at the 4H State Gymkhana Show, although it is not required that you attend state if you do not wish to do so.

Although gymkhana events are judged on speed, we will not start out at a fast pace at our workouts. It is important to first be able to control your horse and make them mind at the walk/trot before you even attempt to go any faster. This also will allow riders who have never let their horse loose before to learn confidence in both horse and rider, thus resulting in safer runs.

Please note that in order to show at the 4H State Gymkhana Show in September you must attend a minimum of four gymkhana workouts with your horse!

If you have any questions or concerns feel free to contact

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Gymkhana Project Leaders

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