

The Gold Sheet

Lafayette County Association for Home and
Community Education Bi-Monthly Newsletter



President's Message

Fall is the beginning of the school year, and the harvesting and preserving of produce; timeless activities that prepare us for the future. Likewise, this issue of the GOLD SHEET is filled with information and requests for your participation in activities for our future.

In September, a number of the members of the board are attending the WAHCE State Conference in Superior. They will be sharing experiences with other county HCE associations and bringing back ideas for future programs and activities. And, in September we will be meeting to plan the programs for 2010.

October brings our countywide association fall meeting – **Fall Gathering on Sunday, October 4th**. (At the spring association meeting – Spring Fling - the name was changed from Fall Council to Fall Gathering.) At this meeting, in addition to reviewing and consenting to the 2010 proposed programs, membership will be asked to **vote on revised bylaws**. The revised bylaws are printed in this issue of the GOLD SHEET: please review them carefully. The bylaws committee and the board made some significant changes such as removing the sections dealing with the county council. The intent of the proposed revisions is to have our bylaws reflect how we are actually organized and how we would like to operate as an organization. If you would like to compare the proposed bylaws to at the office.

And finally, we all know how important our health is and we know this more acutely as we get older, don't we? We also know to stay healthy can be costly, and this cost can have a significant impact on the well being of families; thus, our Family Life chair has provided information relevant to the national health care reform debate.

- Peg Rasch, President

**September 2009—
October 2009**

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The LAHCE Gold Sheet Committee

The design & layout of this newsletter was done by Joy McQuaid and mailed on Thursday, August 27, 2009.







HCE Ongoing Programs

Wisconsin Bookworms™ - Volunteers read monthly during the school year.

Lunch Bunch - 2nd Monday of each month at Noon in the Lafayette County Board Room, Courthouse, Darlington



Calendar of Events

September	3	LAHCE Executive Board Meeting, County Board Room, 1:30 PM	
	7	<i>Courthouse Closed in Recognition of Labor Day</i>	
	14	Lunch Bunch, Noon, County Board Room— <i>Brain Tumors, Benign & Malignant</i>	
	14-16	WAHCE Conference in Superior, WI	
	29	2010 Program Planning Meeting, First Banking Center (FBC), at 6:30—7:30 PM	
October	1	LAHCE Executive Board Meeting, UW-Extension Lobby, 7:00 PM	
	4	Fall Gathering—Association Meeting	
	12	Lunch Bunch, Noon, County Board Room— <i>Varicose Veins</i>	
	27	Program Leaders Training, Making Greeting Cards, FBC, Darlington—6:30—7:30 PM	
November	5	LAHCE Executive Board Meeting, County Board Room, 1:30 PM	
	9	Lunch Bunch, Noon, County Board Room— <i>Heart Attack</i>	
	11	<i>Courthouse Closed in Recognition of Veteran's</i>	
	26-27	<i>Courthouse Closed in Recognition of Thanksgiving</i>	
December	3	LAHCE Executive Board Meeting, UW-Extension Lobby, 7:00 PM	
	14	Lunch Bunch, Noon, County Board Room—Potluck—Planning for 2010	
	24-25	<i>Courthouse Closed in Recognition of the Christmas Holiday</i>	
	31	<i>Courthouse Closed in Recognition of the New Years Holiday</i>	

Thank You Notes Sent to LAHCE

Dear HCE,

A big thank you to the HCE Association for the Scholarship to G.P.U.!

-Joann Reichling

Dear HCE,

I can't thank you enough for the very generous scholarship you gave me at Award's Day. I was both honored and surprised. This fall I will be attending Edgewood College in Madison. Your scholarship money will be put towards school expenses.

Thank you again! - Allison Taylor

Dear HCE,

Thank you for your support in continuing my education at UW-Platteville. It is greatly appreciated!

- Sara Larson

Family Life



At the time of this writing, work is gearing up on preparing for the Children's Annual Clothing Exchange, which will be held the last Saturday in August. We are hoping for lots of clothes and good turnout of families who need them. Thank you so much, those of you who have volunteered to help. It does require a lot of help, but it is over in a short time, so it does not constitute a long term commitment.

We could use a long term commitment though, from people who would be willing to serve on the Family Life Committee. I believe my chairmanship of the committee will soon be in line for replacement. If not this year, next year for sure. So it would be wise if new committee members would come on board to get "broken in", so to speak, and to bring new ideas. Do not be shy. Volunteer!

- Barb Meyer, *Family Life Committee Chairperson*

Health Care Reform

Have you weighed in yet with your congressman and senators about health care reform? If you haven't done so, I urge you to call, write, or email your legislators to let them know your thoughts. If you have a health care story to tell, they are interested in that too. Some people are not happy with the health care system as it is, but are fearful of change. Express that. Others have strong ideas of what they want to see happen. Those ideas also need expression. Write a letter to your local newspaper. I can almost guarantee it will spur the expression of differing opinions, as well as answers to any questions you might have.

<p>To contact your legislators:</p>	<p>Congressman Ron Kind 3rd Congressional District 1406 Longworth House Office Bldg. Washington, D.C. 20515 202-225-5506 or 888-442-8040 www.house.gov/kind</p>	<p>Senator Herb Kohl 330 Hart Senate Office Building United States Senate Washington, D.C. 20510 202-224-5653 or 608-264-5338 (Madison) 800-247-5654 (Toll-free in Wisconsin) www.kohl.senate.gov</p>
	<p>Senator Russ Feingold 506 Hart Senate Office Building United States Senate Washington, D.C. 20510-4904 202-224-5323 or 608-828-1200 (Middleton Office) www.feingold.senate.gov</p>	

<p>To contact your local newspapers:</p>	<p>The Republican Journal 316 Main Street Darlington, WI 53530 rjeditor@centurytel.net 608-776-4425</p>	<p>Pecatonica Valley Leader 205 S. Main St. Blanchardville, WI 53516 blade@tds.net 608-523-4284</p>
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And feel good after having made the contacts, for you will have contributed to the workings of your government and your community.

- Barb Meyer, Family Life Chair

Wisconsin Bookworms™



We are on our way with the new year of reading to the Head Start children. I can hardly wait! The books have arrived and they look like the children will really like them. So readers, get yourselves prepared for another 8 months of fun with the kids in your classroom.

It is my hope that all of last years readers will be with us for the 2009—2010 school year, but we can always use more readers. So if you would like to have a wonderful experience reading for children who are eager to listen and learn, then please come join us. The reading sites are at Shullsburg, Benton and Darlington.

My telephone number is 608-465-3470. Please call me if you are interested. Thanks for giving this reading program your consideration and support.

-John Meyer, *Wisconsin Bookworms™* County Coordinator

Membership and Membership Association Meeting

We are getting g ready for a busy fall in HCE. This is the time when you need to ask that neighbor, friend, sister or who ever to join with us. We have some wonderful programs planned. See the Education article by Jeanne Tierney for information on upcoming lessons.

We will be holding the children's clothing drive the last week in August. The HCE State Conference will be in Superior in September. Wisconsin Bookworms™ will be starting in October, and we could use some new readers.

Our "Fall Gathering" will be on October 4th. Everyone is always welcome to join with us. Planning is underway and you will receive an invitation notice with more details regarding theme, place and time.

As we prepare for 2010, let's invite others to join with us. Remember to "Toot Our Own Horn"! Tell others what a great organization we have. We can start collecting dues now, because days seem to fly by. I hope to see you all soon!

- Betty Williams, Membership Chairperson

Hill 'N' Dale LAHCE Club Report



The Hill 'N' Dale Club was organized in 1974. The Mound View Club helped with the organization.

Activities this club participated in were Vial of Life, holiday Fair, favors & centerpieces for the Senior Citizens Center, skits for the School & Community Fair, greeting cards at holidays for shut-ins, planning activities for the residence of the First Capital Apartments and community projects.

Each year we take an annual day trip to an area attraction. This year we went on a river ride on the Mississippi at Dubuque.

Members of the Hill 'N' Dale HCE club are Maureen O'Neill, Jean Voigts, Leona Huggins, Kristie Popp, Cyndy Eastlick and Mary Demo. Judy Hawkinson was also a member. Mary and Jean are charter members.

-Mary Demo, Hill 'N' Dale HCE Club

Grandparents University

I once again had the pleasure of attending Grandparents University (GPU) with my youngest granddaughter Lily McMahan from Belleville, on July 23 and 24.

We arrived around 9 AM on Thursday, amongst construction, at Ogg Hall to register and get our room assignment. Ogg Hall is one of the new dorms on Campus. Very comfortable and even had a TV in our room.

We were signed up for the Limnology Major. After the welcoming session, which concluded with some of the UW Marching Band member putting on a demonstration, we took off on a field trip to the beautiful Allen Centennial Gardens which was our choice of many. Then we had a wonderful meal at the Gordon Commons, which has been there for years. I know some of the grandparents said that is where they are while attending college. In the afternoon, we attended our first class with a break at 3 and then back to class. We were in the lab the first half examining aquatic nuisance species which the children thoroughly enjoyed. Then we went out on a boat to explore fresh water ecosystems. We measured the water for oxygen, temperature and took samples of the bottom of the lake. Each student participated. We also brought in samples of the lake water and looked under the microscope to view all the critters in the water. Probably no one will swim in the lake anymore.

In the evening we had a tailgate picnic on the front lawn of Ogg Hall and had a visit with Bucky Badger for pictures and autographs.

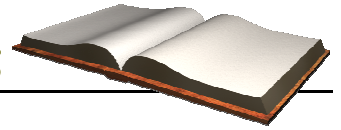
The second day, we explored the ecology of the great Lakes and visited the UW Aquatic Lab Facilities. The professors and Sea Grant experts were very interesting and you could tell they loved their work. We all learned a lot in those two days about fish in the lakes plus good and bad weeds that are present.

Then Friday afternoon was graduation when we all got our certificates. Much to my surprise I also got my "BS" degree for attending GPU for four years. Grandparents who have attended eight years received their "Master" certificate.

There were 850 participants in 19 sessions, in two separate sessions this year. Next year they plan on having three-two day sessions on July 15 and 16, 19 and 20, & 22 and 23. UW Madison was the first University to hold GPU nine years ago, and now I believe there are close to 15 across the U.S. Once again, I urge everyone who can take the time with your grandchild or niece or nephew, and spend a couple days in Madison at UW. You will be pleasantly surprised!

- Joann Reichling

Education: Programs for Clubs—2010 Club Program Planning



Summer can be a time of renewal. We often have family reunions or class reunions scheduled at this time. With children home from school it can be a time for the children to have extended visits with their grandparents or perhaps with cousins. Summer is often the time to catch up with former neighbors or dear friends who have moved.

I was fortunate this summer to be able to renew ties with friends in England after a three-year absence. The highlight of my trip was to attend the graduation of my friends' daughter from medical school. It was a great thrill for me to give heart felt congratulations to Dr. Cathryn Mainwaring. Since Cathryn had visited Darlington in 2001, I was able to bring her best wishes from friends from the Darlington area.

Fall is approaching and it is time for the education programs to begin. This will give us an opportunity to renew ties with club members and to learn new ideas. The training sessions will be at the **First Banking Center** in Darlington on the **last Tuesday** of each month. The club leaders are expected to attend. The training sessions are open to the public.

The programs for **Fall 2009** season are as follows:

SEPTEMBER **Cooking with Herbs and Spices** — Mary Eastwood is the trainer.

Training session is Tuesday - August 25, 2009 at First Banking Center from 6:30—7:30 PM.

OCTOBER **Strategies for Living in Tight Economic Times** — This will be a county wide meeting open to the public. At this date, we are still in the planning stages. Speakers, date, and place will be announced in late September.

NOVEMBER **Making Greeting Cards** — Leader Training is October 27, 6:30 - 7:30

DECEMBER **Club Christmas Party**

2010 Club Program Planning – Tuesday, September 29, 6:30 to 7:30

For the past several years, the planning of programs has been done with club participation and involvement. We will be continuing this process for the development of 2010 programs. Club presidents and representatives are encouraged to attend a program planning held at the end of September. At this meeting, club representatives are asked to contribute ideas and suggestions for the coming year club programs. The ideas and suggestions should come from the discussions held within each club as to what topics they would like in the programs for next year.

-Jeanne Tierney,
Education Coordinator for Club Programs

Memorials

Judy Hawkinson

In 1970, Judy became a member of the Lafayette County Association for Home and Community Education (HCE). Judy was an active HCE member: holding offices at both the club and county level, participating in the Helping Hearts project and working at the annual Children's Clothing Exchange. Her friendly smile and knowledge information will be sadly missed by her friends in the Hill 'N'Dale club.

Barb Weigel

Barb worked in the Lafayette County Courthouse for 47 years. Approximately 40 of those years, she work for UW-Extension, and therefore worked for our HCE organization. In her own quiet way, she gave more to our organization than most of us could imagine.

Barb believed that her job as a support staff person, was to make whoever she was working for look good. When I was working in Extension, there were many times I would finish a document and leave it for Barb to proof-read. The next morning it would be back on my desk will all kind of red marks on it. It was often frustrating, but I had to remember that Barb was trying to make me look good. When Barb worked on HCE material, she made HCE look good.

When I began my career as Lafayette County Family Living Educator, Soni Wolfe came in to greet me and bring me up to date on HCE. Board members helped by telling me of their programs, but it was Barb who knew who got what and when. She knew the whereabouts of lessons, minutes, past programs, clip art, mailing lists, membership lists, etc. She had a stack of floppy discs wrapped in paper and rubber banded together will all of HCE's files. She could drag those discs out and find what she needed. Think of how many Gold Sheets she has typed over the years (40 years x 6 issues a year is 240 different issues). That more than many of us have read.

If you walked by Barb's desk at 11:30 AM, you could hear the Lafayette County News playing on her radio. She always listened to catch the obituaries so she could keep our many mailing lists current. She was sensitive that families should not have to deal with continued mailings to their deceased loved ones. Over the years, Barb deleted the names of many HCE members. I thought about this the morning I heard Barb's obituary on the Lafayette County news.

Barb was one of the most giving people I have ever known. Barb died on July 12th at the Lafayette County Manor. When I heard she had died, I thought back to the night we dedicated the Passage Quilt to the Manor and I was overcome with emotion. The Passage Quilt project was one of the most meaningful and emotional projects/programs that I participated in. I was very touched by the thought that it was there for Barb.

I feel very privileged to have had Barb as a friend and colleague. I will miss her.

- Betty Gleason, Individual Member

Extension Education

Enrichment for Family Life

***Mary L. Knellwolf, Lafayette County
UW-Extension Family Living Educator &
Nutrition Education Coordinator:
e-mail: mary.knellwolf@ces.uwex.edu***

Autumn Greetings,

It's hard to believe fall is upon us! As I feel the dampness in the air in the evenings and the walk across the wet grass in the mornings, I realize that fall is quickly approaching. As families get back into the swing of the school year and the temperature starts to drop, we often think of warmer foods and quick meals to meet our needs. Slow cookers are a very handy way to prepare a healthy meal in the morning and forget about it until we walk in the door in the evening. Here are some tips about slow cooker safety that may come in handy this fall.

Hope you enjoy!

-Mary Knellwolf, UW-Extension Family Living Educator

Is A Slow Cooker Safe?

Yes, the slow cooker, a countertop appliance, cooks foods slowly at a low temperature -- generally between 170° and 280° F. The low heat helps less expensive, leaner cuts of meat become tender and shrink less. The direct heat from the pot, lengthy cooking and steam created within the tightly-covered container combine to destroy bacteria and make the slow cooker a safe process for cooking foods.

Safe Beginnings Keep perishable foods refrigerated until preparation time. If you cut up meat and vegetables in advance, store them separately in the refrigerator. The slow cooker may take several hours to reach a safe, bacteria-killing temperature. Constant refrigeration assures that bacteria, which multiply rapidly at room temperature, won't get a "head start" during the first few hours of cooking.

Thaw & Cut Up Ingredients—(Always defrost meat or poultry before putting it into a slow cooker.) Choose to make foods with a high moisture content such as chili, soup, stew or spaghetti sauce. Cut food into chunks or small pieces to ensure thorough cooking. Do not use the slow cooker for large pieces like a roast or whole chicken because the food will cook so slowly it could remain in the bacterial "danger zone" too long.

Use the Right Amount of Food—Fill cooker no less than half full and no more than two-thirds full. Vegetables cook slower than meat and poultry in a slow cooker so if using them, put vegetables in first, at the bottom and around sides of the utensil. Then add meat and cover the food with liquid such as broth, water or barbecue sauce.

Settings—Most cookers have two or more settings. Foods take different times to cook depending upon the setting used. Certainly, foods will cook faster on high than on low. However, for all-day cooking or for less-tender cuts, you may want to use the low setting.

If possible, turn the cooker on the highest setting for the first hour of cooking time and then to low or the setting called for in your recipe. However, it's safe to cook foods on low the entire time -- if you're leaving for work, for example, and preparation time is limited.

Handling Leftovers—Store leftovers in shallow covered containers and refrigerate within two hours after cooking is finished. Reheating leftovers in a slow cooker is not recommended. (Source: USDA. July 2000.)

August—September 2009 Word Search

K	S	G	N	I	T	E	E	M	H	S	S	R	S	N
C	A	N	D	Y	X	S	G	V	C	E	E	T	D	O
B	F	I	R	M	T	X	J	O	M	H	R	S	C	T
L	S	R	E	S	A	R	E	U	B	I	A	H	U	E
S	Z	E	O	S	H	H	T	S	H	L	I	L	P	B
N	Z	H	L	O	R	S	A	S	N	L	I	E	K	O
I	G	T	O	R	O	E	T	L	L	O	N	N	Z	O
K	W	A	O	C	K	A	H	A	L	C	Y	U	S	K
P	R	G	H	T	E	V	B	C	I	O	F	A	W	S
M	I	L	C	W	E	O	R	L	A	J	W	O	R	C
U	T	L	S	I	R	K	S	S	S	E	C	E	R	C
P	I	A	B	D	L	E	A	V	E	S	T	E	E	Y
Z	N	F	A	R	E	A	D	I	N	G	H	Q	E	N
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|----------------|-----------|
| AUTUMN | BUSES |
| CANDY | CHALK |
| CHILL | COSTUMES |
| CRAYONS | ERASERS |
| FALL GATHERING | GHOSTS |
| GOBLINS | HALLOWEEN |
| LABOR DAY | LEAVES |
| MATH | MEETINGS |
| NOTEBOOKS | PENCILS |
| PUMPKINS | READING |
| RECESS | SCHOOL |
| SWEATSHIRTS | TEACHERS |
| WITCHES BREW | WRITING |

Jumbo Oatmeal Chip Cookies



- | | |
|---|---|
| <ul style="list-style-type: none"> • 3 eggs • 1 cup vegetable oil • ½ cup butter flavored shortening • 1 teaspoon vanilla • 3 to 3 ½ cup old fashioned oats
<i>(not quick cooking)</i> | <ul style="list-style-type: none"> • 1 cup brown sugar • 1 cup white sugar • 1 ½ cups whole wheat flour • 1 ½ cups white wheat flour • 1 package (12 ounces) chocolate chips • 1 teaspoon baking soda |
|---|---|

1. Preheat oven to 350°.
2. In a large bowl mixing bowl, mix the eggs, oil, shortening, vanilla and brown & white sugars.
3. Add the whole wheat flour & white flour.
4. Add the baking soda.
5. Mix well!
6. Stir in the oats and chocolate chips.
7. Scoop with an ICE CREAM SCOOP onto ungreased cookie sheet.
8. Bake at 350° for 12—13 minutes, checking at 12 minutes. For chewy cookies, DO NOT over bake.

Variation: Use 6 ounces of butterscotch and 6 ounces chocolate chips, or 6 ounces peanut butter chips and 6 ounces chocolate chips.

-JoAnne Ehasz

**LAFAYETTE COUNTY ASSOCIATION
for HOME and COMMUNITY EDUCATION BYLAWS
(Revised by Executive Board Action on July 9, 2009)**

ARTICLE I	<p>Name of Organization</p> <p>The name of this organization shall be the Lafayette County Association for Home and Community Education (LAHCE).</p>
ARTICLE II	<p>Purpose</p> <p>The purpose of this organization is --</p> <p>To promote and extend the various family living and community development programs offered by the University of Wisconsin - Cooperative Extension Service in partnership with the Lafayette County Extension Educators.</p> <p>To provide leadership to the local clubs in the implementation of the county educational programs.</p> <p>To encourage the active participation of all members in carrying out the business, program, and promotion of the LAHCE.</p>
ARTICLE III	<p>MEMBERS AND DUES</p> <p>Section 1. Membership is open to all persons without regard to race, gender, ethnic background, creed or economic circumstances.</p> <p>Section 2. Anyone may become a member of the LAHCE by accepting its bylaws and by the payment of annual membership dues: Payment is due upon joining the organization.</p> <p>Membership options are club membership or individual membership.</p> <p>Any local group or individual who wishes to become part of LAHCE shall take the following steps:</p> <ul style="list-style-type: none"> a. Notify the LAHCE president or the Family Living Educator that they want to participate; b. Read, discuss and subscribe to the LAHCE bylaws and standing rules. <p>Section 3. Annual dues of the LAHCE are for the year January 1 to December 31, payable when a member joins. The amount of the dues shall be recommended by the Executive Board and approved by the general membership.</p> <p>Section 4. Any funds received by the LAHCE for carrying out its purposes shall not accrue to the benefit of individual members.</p> <p>Section 5. Club Guidelines. Active membership obligates a club to share responsibilities, participate in LAHCE activities, and keep the required records.</p> <ul style="list-style-type: none"> a. Each organized club shall elect officers, as the club needs. b. Local clubs are encouraged to offer opportunities for providing service to their communities, to strive for activities that are meaningful to its members and to participate in the LAHCE programs.

	<p>Section 6. Guidelines for individual members.</p> <ul style="list-style-type: none"> a. Receive the project lessons upon request, LAHCE program booklets and newsletters, etc. b. Communicate with the Executive Board through any Executive Board member. c. Pay dues to the LAHCE treasurer, and participate in LAHCE fundraisers. d. May attend all county, district and state programs and activities including the WAHCE, Inc. conference. e. May serve on committees, and serve as an officer. f. Individual members are encouraged to join a club. <p>Section 7. Membership in the LAHCE automatically includes membership in the State Association, and affiliation with National Volunteer Outreach Network (NVON), Associated Country Women of the World (ACWW) and Country Women's Council (CWC).</p>
<p>Article IV</p>	<p>Officers and Their Election</p> <p>Section 1. The elected officers of the LAHCE shall be the President, Vice-President, President-Elect, Secretary, Treasurer and the Education Coordinators for Programs and for Community Outreach.</p> <p>Section 2. Elections will be held at the fall membership meeting. Each LAHCE member present will have a vote. A majority of all votes cast will determine the winner.</p> <p>Section 3. The President-Elect, Treasurer and the Education Coordinator for Programs will be elected at the fall membership meeting in the even numbered year and serve a two year term beginning in January in the odd numbered year. The President-Elect will automatically be installed as President after one two-year term as President-Elect, and may hold an appointed office during this interim with the approval of the membership.</p> <p>Section 4. The Vice President, Secretary and the Education Coordinator for Community Outreach will be elected at the fall membership meeting in the odd numbered year and serve a two year term beginning in January in the even numbered year.</p> <p>Section 5. In case of a vacancy, the organization may hold an election at the spring or fall membership meeting to fill the vacancy. The Executive Board has the authority to appoint an acting officer until the new officer is elected.</p> <p>Section 6. New officers shall be installed at the December Executive Board Meeting in the year elected and shall assume their duties on the following January 1.</p> <p>Section 7. The Nominating Committee for officers shall consist of 3 or 5 members appointed by the LAHCE President.</p>
<p>Article V</p>	<p>Executive Board</p> <p>Section 1. The Executive Board shall be composed of the LAHCE officers, the Center Chairs, and the committee chairs for Cultural Arts, Wisconsin Bookworms™, International, Family Life, Membership, Publicity, Lunch Bunch, and the GOLD SHEET editor. The Family Living Educator shall serve as the advisor.</p>

	<p>Section 2. There shall be a Center Chair or Co-Chairs for the 4 areas: Argyle/Blackhawk, Belmont, Darlington and Shullsburg. They are selected from the clubs in each center area, preferably on a rotation basis.</p> <p>Section 3. The Committee and Center Chairs shall be appointed by the President with ratification by the Executive Board. Their terms of office shall run concurrently with the President’s term.</p>
<p>ARTICLE VI</p>	<p>Meetings and Quorum</p> <p>Section 1. Association Meetings. The LAHCE shall hold two business meeting a year; one in the spring and one in the fall. The Executive Board shall determine the order of business. Other meetings may be called as needed.</p> <p style="padding-left: 40px;">a. A quorum for Association business shall consist of the attendance of one-half plus one of the number of clubs. All members in attendance will have a vote.</p> <p>Section 2. Executive Board Meetings. The board shall meet as necessary to transact business. Special meetings of the board may be called by the President or by a majority of the Executive Board.</p> <p style="padding-left: 40px;">a. A quorum shall consist of one-third plus one of the board composition.</p>
<p>ARTICLE VII</p>	<p>Dissolution</p> <p>In the event that the Lafayette County Association For Home And Community Education is dissolved, its assets will go to the Wisconsin Association For Home And Community Education Organization.</p> <p>In the event that the WAHCE Organization dissolves at the same time, the assets shall go to an organization or organizations, in Lafayette County, organized and operated exclusively for charitable, educational, religious, or scientific purposes as shall at the time qualify as a tax-exempt organization or organizations under section 501 (c) (3) of the Internal Revenue Code of 1954.</p>
<p>ARTICLE VIII</p>	<p>Authority in Parliamentary Law</p> <p>The rules contained in Robert's Rules Of Order of Parliamentary Procedure shall govern.</p>
<p>ARTICLE IX</p>	<p>Amendments</p> <p>These bylaws may be amended by a majority vote of the members present at any regular or special membership meeting, or by written ballot of LAHCE members.</p>

LAHCE EXECUTIVE BOARD MEETING
U.W. Extension Lobby, Courthouse, Darlington
Thursday, June 4, 2009, 7:00 p.m.



The meeting was called to order by President Peg Rasch, with everyone reciting the Homemaker's Creed. Those present were board members Rose Burgess, Lori Crompton, Char Kendall, Barbara Meyer, John Meyer, Peg Rasch, Joann Reichling, Betty Williams, and Soni Wolfe, advisor Mary Knellwolf, and guest Sharon Teutschmann, from the Country Sunshiners Club.

The minutes of the last meeting were accepted as printed, with the correction of the spelling of our guest, Brenda Mullikin. My apologies, Brenda. A thank you for the sympathy cards received by Lorraine Keister was extended by Peg. The treasurer's report was read by Treasurer Joann Reichling, and will be filed for audit.

President's report: The agenda was sent out earlier than usual, to allow for additions. The bylaws are being worked on.

Extension Family Living Educator's report:

1. The signup sheet for help for the fair is being sent to the club presidents and is to be returned by June 27. Mary also gave a copy to each person present. The county fair is July 15-19.
2. Regarding the proposed sound system, Mary will talk to someone with more experience for advice, and is checking prices. It is not yet known whether 4-H will want to help in this purchase.
3. The food pantry lists are ready for distribution. The committee will follow through.
4. Nursing homes now allow homemade food to be brought in. A misunderstanding led to it not being allowed for a short time.

Committee reports:

Wisconsin Bookworms: Mary brought a request for people to read to children on Saturday at the fair. John will check with Jolante at the fair office for details, and will put them in the Gold Sheet. He will send a list of the books to be read to the Head Start children to the Head Start teachers. John requested to meet after this meeting with those present who are readers.

Family Life: Help will be needed for the children's clothing exchange August 27, 28, and 29. Most of those present offered their help. Request will be put in the Gold Sheet.

Community Outreach – AWLW Coalition: Peg said there has been no response to the survey requesting educators for young families. A possibility would be to get some couples together for some "lessons in a box", as a trial run.

Lunch Bunch: Char reported that the June 8 topic will be Knee and Hip Replacements, delivered by Dr. Robiolio. Bev Anderson has offered us a tour of the new Main Street Dental Clinic following Lunch Bunch.

Public Relations: We are registered for the June 14 Canoe Fest parade. Betty, Soni, Peg, and Dave Stute will ride in the parade.

Barn Quilts: Soni said a couple of new quilts are being made, with work scheduled for June 9 evening at her house.

Forever Garden: Soni reported that there will be five garden sites on the tour Saturday, June 27, from 10:00 – 1:00. Tickets are \$10, and \$5 for those under 12 years. Cookies and lemonade will be served. The flyers for the event are done and ready for distribution.

International: \$164 was collected at the May 9 event on India. Ela's (International Chair) mother took the donated children's books to India for a school there. Ela is in India now. Joann will inquire of the church where the event was held, when she delivers our check in payment, whether there is an additional charge because of the damage from the incense which was burned.

We need to find the Pennies for Friendship collection cans or make new ones, and remember to use them at our county membership meetings.

Unfinished business:

Bylaws – the proposed revisions were distributed to those present. Suggestions were requested. The committee will meet again to finalize revisions.

WAHCE Convention: We decided our basket for the silent auction will have a gardening theme. Rose offered to take charge of getting it ready. Joann supplied a beautiful basket.

Space for eight is reserved on the bus which will leave from Darlington, on Sunday, September 13, and also stop in Monroe. The bus will cost \$65 per person. Joann suggested that LAHCE pay what we would pay the driver of a car, or \$.40 per mile for the trip (340 miles one way) and individuals pay the remainder, \$31 per person. Soni moved to follow Joann's suggestion. Betty seconded the motion and it passed. Joann will send a check for all eight seats to Bonnie Forslund, the district HCE treasurer, who will pay the bus company. Those planning to go are Soni and Leon Wolfe, Betty Williams, Rose Burgess, Judy Hastie, Peg Rasch, and John and Barb Meyer. Jeanne Tierney is undecided as of now. Joann Reichling will be an alternate.

First Banking Center appreciation gift:

Betty will purchase and deliver the coffee pot, our gift.

Portable microphone/speaker system:

Mary will continue pursuing this matter. See FLE's report, item 2 above.

New Business:

Floral Hall Volunteers for Lafayette County Fair: See FLE's report, item 1 above.

Other Business:

Peg checked on use of the Municipal Building, if needed for a large event. Cost is \$50 if kitchen is used, \$25 if it is not.

Next HCE Board meeting: Thursday, July 9, 12:30 p.m., at Soni Wolfe's home, with potluck lunch. Note change from usual date, time, and place.

Gold Sheet deadlines: June 10 for July/August issue, August 10 for Sept./Oct. issue.

Joann moved the meeting be adjourned, Char seconded, motion passed. Prayer Creed was recited.

-Respectfully submitted, Barbara Meyer, Secretary

LAHCE EXECUTIVE BOARD MEETING
Thursday, July 9, 2009, 12:30 p.m.
Extension Lobby, Courthouse, Darlington



The meeting took place at Soni Wolfe's residence, 10127 State Road 81, Darlington. It began with a delicious pot luck lunch, enjoyed by all.

President Peg Rasch called the meeting to order with the Homemaker's Creed recited by the group. Attending were Rose Burgess, Mary Demo, Lorraine Keister, Barbara Meyer, John Meyer, Peg Rasch, Joann Reichling, Jeanne Tierney, Soni Wolfe, and Advisor Mary Knellwolf. The minutes of the June meeting were approved as printed.

The treasurer's report was read by Joann and will be filed for audit. Joann reported that she talked with someone at the Baptist Church, where International Day was held. Everything has been discussed and settled regarding our use of the church in the future.

President's report: Peg will be gone at the time of our August 6th meeting. She noted that we will talk today about 1) the bylaws, 2) the Gold Sheet, 3) postal regulation changes, and 4) the volunteer list for helpers in the Floral Hall during the county fair. She said she wants to meet with each committee chair before the coming year. She wondered if we should be encouraging clubs to focus more on the "Stitches of Love" project, and said this will be included in the next Gold Sheet.

Extension Family Living Educator's report: Mary is still working on the microphone/speaker item. She has been working on the youth clothing revue for the fair. On Sunday of the fair there will be a style show of these clothes. Floral Hall will be set up in the same way as last year, with a baby changing station included. Name tags for Floral Hall volunteers will be in the latticed area at the entrance. Sun protector packets will be available to be given out to fair goers. The Floral Hall volunteer list was passed around for sign up.

Bylaws: The newly revised version was distributed and reviewed, article by article. A few changes were made. The finished product will be published in the next Gold Sheet.

The new membership list was distributed. Correction of errors are to be sent to Joy at the Extension Office.

Gold Sheet/Postal Service: The postal service wants no more metal in mailings, so staples need to be eliminated. We will explore the cost of gold double sized paper which can be folded to make the Gold Sheet, thus avoiding staples.

Joann has an outstanding bill, which was approved for payment. She expressed her concern that we need to watch our expenses carefully.

Soni reported on the progress of the Barn Quilt project.

Gold Sheet deadlines: August 10 for Sept./Oct. issue, October 10 for Nov./Dec. issue.

Soni will chair the August 6, 7:00 p.m. meeting, in Peg's absence.

Soni moved the meeting be adjourned. Rose seconded the motion and it passed. The meeting was adjourned with all reciting the Prayer Creed.

Lafayette County UW-Extension Office
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Secretary: Barb Meyer
Treasurer: Joann Reichling

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