

The Penn State Cooperative Extension Better Kid Care Program provides educational materials, resources, satellite broadcasts, and activity ideas for child care providers and parents.

The Manitowoc County UW-Extension Family Living office has these materials in a lending library.

To reserve a video, contact Dawn Fruzen at 683-4168.

Continuing Education Units are available to child care providers upon request. Certificates are awarded after viewing each video.

Log on for more information:

Manitowoc County UW-Extension
Family Living Program web site:

<http://www.uwex.edu/ces/cty/manitowoc/flp>

Penn State Better Kid Care website:

www.betterkidcare.psu.edu/



The lending library is FREE!

*Call ahead to be sure the video you
would like to view is available.*

Questions, comments, and ideas
can be directed to:

Faye Malek, UW-Extension
Family Living Educator
Manitowoc County Office Complex
4319 Expo Drive
Manitowoc, WI
920/683-4171

*“An EEO/Affirmative Action Employer, UW-
Extension provides equal opportunities in
employment and programming, including Title IX
and ADA requirements.”*

*Please advise at time of registration if you are
handicapped and desire special accommodations.
Requests will be kept confidential.*

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“Better Kid Care”

Video

Lending Library



**UW
Extension**

**Manitowoc County
Family Living Programs**

Titles and Descriptions of Videotapes in the Lending Library

Active Play: Fighting Obesity and Diabetes and Keeping Children Healthy

Find out what you can do to start children on a fit and active lifestyle. Learn appropriate ways to help children build healthy bodies.

Activities for Learning Math: Numbers, Colors, and Shapes

Hear new ideas for math learning, including low-cost, no-cost, fun activities and how to set up the room for math learning. Also, learn way help parents understand what their children are learning.



Avoid Behavior Problems - Teach Self Control (Part 2 of 2)

What is self-control? How does this help active and not so active children? Learn ways for teaching children self-control, which leads to better behavior. Help children develop this important skill to be ready for starting school.

Biting and Sharing

See how to deal with the biter and the bitten, talk with the parent of the biter and the bitten, and learn when sharing is not ok.

Changing Spaces

The way a child care space is set up can be a key factor in how well the day goes.

Dealing with Anger-The Children's and Yours

Learn ways to help the children and yourself to work through angry times without hurting others.

Easy Ways to Boost Kids' Brain Power

Get tips on ways to help children develop their reasoning and problem solving skills.

Eating Times - The Ups and Downs

Obtain ideas on how to get kids to eat, along with quick, fun snack ideas, and how to keep packed lunches - keeping them healthy.

Food: It's more than Just Eating!

See how to have fun times with food, ten ways to explore foods, playing with food...right or wrong?

How to Get Parents on Your Team (Part 2 of 2)

Does the thought of meeting with certain parents sometimes scare you? Do parent meetings seem like drudgery? Learn how to plan and prepare for good and useful parent meetings. Analyze the way you communicate with parents and develop strategies for building better relationships.

How to Work with Active Children (Part 1 of 2)

What's the current thinking on very active children? Are they hyperactive or is this normal behavior? Learn more about very active children and what you can do to help them fit into your program.



The Ins and Outs of Good Circle Time

Learn what makes circle and group times fun for children. The workshop will offer tips and ideas for gathering children and keeping them involved.

Let's Talk...Discipline

Learn how to prevent behavior problems before they happen, and teach children to solve their own problems. See what can be done instead of "time-out"

New Ways to Plan Activities

Learn easy steps to planning your program, developing activities for mixed aged groups, and keeping parents happy with your program.

Parents: Friends or Foes? (Part 1 of 2)

How do you feel about parents who work? What do parents think about child care providers? This video will examine the mixed feelings from both sides and give strategies for bridging the gap.

Pets in Child Care?

Children can learn from pets. Get advice on choosing pets for home or center and find out how to set up an aquarium.



See as a Child, Feel as a Child

Take a look at common practices through a child's eyes. Get a better understanding of where the child is coming from to help the way they relate to each other.

Secrets for Preventing Problem Behaviors

Home and center providers explore easy solutions for finding the root of behavior problem and discover some new twists on discipline.

The Director as a Leader

Part 1: Emergencies can occur. Experts will discuss the latest information on recognizing and being prepared for emergency situations. Parts 2 and 3: Focus will be on the role of "The Director as a Program Leader" and ways to guide staff in upgrading their professional expectations, including obtaining a CDA.

Toddlers: Terrible or Terrific?

Learn discipline how-tos for two-year-olds and what to expect at eating times and toilet times.

The Ups and Downs of Outdoor Play

Get great ideas for low-cost outdoor play and activities while keeping children safe.