

Store Food Safely

Recommended Storage Times

Food	Cupboard at 70°F	Fridge 32°-40°	Freezer 0°F
Staples - Keep dry and covered			
Baking powder	18 mo.		
Bouillon Cubes or granules	2 years		
Cereals *hot cereals, dry *ready-to-eat: unopened opened	6 mo. 6-12 mo. 2-3 mo.		
Chocolate *semisweet *unsweetened	18 mo. 18 mo.		
Coffee *cans, unopened cans, opened *instant, unopened *instant, opened	2 years 2-4 wks 1-2 years 2 months	2 mo.	6 mo.
Coffee Lighteners dry, unopened dry, opened	9 mo. 6 mo.		
Cornmeal	1 year	18 mo.	2 years
Cornstarch	1 year	18 mo.	2 years
Flour *white *whole wheat	6-8 mo.	1 year 6-8 mo.	1-2 yrs. 1-2 yrs.
Grits	1 year		
Honey	1 year		
Jellies, Jams *unopened *opened	1 year	6-8 mo.	
Margarine		3 mo.	1 year
Molasses *unopened *opened	1 year 6 mo.	1-2 yrs.	
Mayonnaise *unopened *opened	2-3 mo.	6 mo.	
Rice - white/brown	1 year	2 years	2 years
Pasta	2 years		
Salad Dressings *bottled, unopened *bottled, opened *made from mix	10-12 mo.	6 mo. 6 mo.	
Shortenings, solid	8 mo.		
Sugar brown powdered granulated artificial sweetener	4 mo. 18 mo. 2 years 2 years		
Tea *bags *loose *instant	18 mo. 2 years 3 years		
Syrups	1 year		

Food	Cupboard at 70°F	Fridge 32°-40°	Freezer 0°F
Vegetable oils *unopened *opened	6 mo. 1-3 mo.	6-8 mo.	
Vinegar	Indefinitely		
Yeast, dry	expiration date found on package		
Catsup, chili sauce *unopened *opened	1 year 1 mo.	6 mo.	
Mustard, yellow *unopened *opened	2 years 6-8 mo.	8-12 mo.	
Spices & Herbs whole ground herbs herb/spice blend	1-2 years 6-12 mo. 6 mo. 6 mo.		2-3 years 1-2 years 1-2 years 1-2 years
Vanilla *unopened *opened	2 years 1 year		
Mixes: Brownies Biscuits, Muffins	9 mo		
Cake Mixes *regular *angel food	9 mo. 1 year		
Casserole mix	9-12 mo.		
Frosting *canned *mix	3 mo. 8 mo.		
Hot Roll Mix	18 mo.		
Pancake Mix	6-9 mo.		
Pie Crust Mix	8 mo.		
Potatoes, instant	6-12 mo.		
Pudding Mix	1 year		
Sauce or Gravy Mix	6-12 mo.		
Soup Mix	1 year		
Breads, Pies, Cakes, Cookies			
Unbaked rolls, bread		2-3 wks	1 mo.
Baked quick bread	4-5 days	1-2 wks.	2 mo.
Baked Muffins	4-5 days	1-2 wks.	6-12 mo.
Home-baked Yeast Bread	4-5 days	1-2 wks.	2-3 mo.
Purchased Bread	5-7 days	1-2 wks.	3-6 mo.
Unfrosted Doughnuts	4-5 days		2-4 mo.
Waffles		4-5 days	1 mo.

Storing Food Safely - Cont.

Food	Cupboard at 70°F	Fridge 32-40°F	Freezer at 0°F
Unbaked Fruit Pies		1-2 days	2-4 mo.
Baked Fruit Pies		2-3 days	6-8 mo.
Pumpkin, Chiffon Pies		2-3 days	1-2 mo.
Cookie Dough		2-3 days	3 mo.
Home Baked Cookies	2-3 wks		6-12 mo.
Purchased Cookies	1-2 mo.		6-12 mo.
Frosted Baked Cakes	4-5 days		1 mo.
Unfrosted Baked Cakes	4-5 days		2-4 mo.
Angel Cakes	4-5 days		6-12 mo.
Fruit Cakes		2-3 mo.	6-12 mo.
Unopened Canned or Bottled Fruit Juices Fruits & Vegetables	9 mo. 1 year		
Opened Canned Food , store all canned food tightly covered. Put acidic food in glass or plastic containers to avoid metallic taste.			
Commercial Baby Food		1-3 days	
Meat		2-3 days	
Fish, Seafood, Poultry		1 day	
Gravy and Broth		2 days	2-3 mo.
Fruits & Vegetables		3-5 days	1-2 mo.
Tomato Sauce		5 days	2-3 mo.
Dairy Foods - check date on dairy foods. Use within 2-3 days after date, if kept in refrigerator.			
Butter		3 mo.	1 year
Buttermilk		1-2 wks.	
Cheese *cottage or ricotta *cream cheese *natural aged Cheddar, brick, Swiss, Gouda, Mozzarella, etc. large pieces or wax coated slices or opened *pasteurized processed cheese *Parmesan, Romano, grated		1-2 wks. 2 wks. 3-6 mo. 2-3 wks 3-4 wks 1 year	4 wks. 6-8 mo. 6-8 mo.

Food	Cupboard at 70°F	Fridge 32-40°F	Freezer at 0°F
Cream, half & half, whipping *ultrapasteurized unopened opened *pasturized		1 mo. 1-2 wks. 1-2 wks.	
Milk *evaporated unopened opened *fluid whole, low-fat or skim *nonfat dry milk unopened opened mixed w/water	1 year 6 mo. 3 mo.	1-2 wks. 1-2 wks. 5 days	
Sour Cream		2-3 wks	
Yogurt		1 mo.	
Eggs and Foods Containing Eggs			
Eggs, fresh /shell		3 wks	
Eggs, liquid pasteurized or substitute unopened opened		10 days 3 days	1 year
Eggs, in shell/cooked		1 wk	
Egg-containing custards, puddings, filled pastries or cakes		1-2 days	
Other miscellaneous items...			
Coconut, canned, pkged. shredded, *unopened *opened		1 year 6-8 mo.	1-2 years
Fruit Juice, fresh or mixed from frozen		1 wk	
Powder Breakfast Mixes, Liquid Breakfast, Formula	6 mo.		
Peanut Butter *unopened *opened	6-9 mo. 2-3 mo.	4-6 mo.	
Peas or Beans, dried	1 year		1-2 years
Popcorn	1 year	2 years	2-3 years
Soups, Stews		3-4 days	2-3 mo.
Casseroles		1-2 days	1 mo.
Sandwiches		2-3 days	1 mo.

University of Wisconsin, U.S. Department of Agriculture and Wisconsin Counties cooperating. UW-Extension provides equal opportunities in employment and programming including Title IX and ADA
Adapted from EFNEP Publication B3474, "Keeping Food Safe".

Provided by: UWEX - Cooperative Extension
Wisconsin Nutrition Education Program
Door, Kewaunee, Manitowoc