

## Marinette/Oconto Community Wellness Partnership



### Community Wellness Partnership Meeting

April 28<sup>th</sup>, 2009

Marinette County HHS Building

#### Present:

Laura Cormier – Oconto Hospital / Bellin Health System

Nancy Crevier – Marinette County UW-Extension

Sarah Ferdon – Marinette County UW-Extension

Hope Kersten – Oconto County WIC

Debbie Konitzer – Oconto County Public Health

Mary LeMere – Oconto County Public Health

John Pinkart – Oconto County UW-Extension

Kori Schei - NEWCAP

Krysta Van Dyck – Marinette County WIC

#### Review of Action Plan

- Debbie made the 1<sup>st</sup> motion and John made the 2<sup>nd</sup> motion to ratify the work plan. The group approved to ratify the work plan.
- Part of the work plan is to provide families with container gardens.
- The supplies for 15-20 container gardens have already been purchased for Marinette but they still need to be assembled. **Let Nancy or Sherry know if you are interested in helping with the assembly of these container gardens.**
- The Bond Center will purchase 2 of these container gardens as door prizes for their event on May 12<sup>th</sup>.
- Kay and Sherry will coordinate the distribution of the container gardens in Marinette. The Marinette UWEX horticulture staff would like to provide education, along with the container gardens.
- John purchased 50 container garden kits from <http://www.earthbox.com/index.html> for NEWCAP to distribute. The kits were paid for by stimulus money received by NEWCAP. Some type of education and evaluation will also be provided with these kits.
- Container gardens will only be given to those who have an interest and are committed to using the container gardens.
- NewView clients planted the seeds for the plants for the container gardens. They are now growing in the Lena high school greenhouse.

- Need to spend the first part of the grant money by June 29, 2009. The total for the first grant period is \$3,355.

### **Subgroup to Work on Fruit and Vegetable Press Releases – Volunteers?**

- Nancy is looking for anyone interested in helping develop press releases related to fruits and vegetables. **Let Nancy know if you are interested in helping with this.**

### **Farmer's Market Update**

- Seven vendors have committed to selling at the Oconto farmer's market. We are still waiting to hear from 4 more. Six of the seven vendors will be approved to accept WIC farmer's market checks.
- The market will be held the 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month starting July 2<sup>nd</sup> until October 8<sup>th</sup>. It will run from 11:30-4:30 at the Oconto County courthouse parking lot.
- The market application and rules have been developed. We are just waiting on the county's insurance company to review them for liability issues. They will then be sent out to all potential vendors.

### **Updates:**

- The 2 WIC projects are currently surveying clients on their fruit and vegetable intake. This will be completed at the end of May.
- Krysta and Hope completed the fruit and vegetable audit in both counties this winter. This will be completed again at the end of May and the results will be sent to Madison for UW grad students to GPS map the results.
- Bellin is having a "Navigation to Health" event on Tuesday, May 12<sup>th</sup> from 4:30-7:30 at the Bond Center. There will be a break-out session on container gardening presented by the Marinette County UWEX horticulture staff.
- The "Navigation to Health" event meets objective #5 on the work plan (two community partners will host at least 2 community events to educate and promote economical fruit and vegetable consumption in rural areas by June 29, 2010).
- The Oconto Hospital and Oconto County Public Health are applying for a rural community grant through the WI hospital flexibility program. The grant is sponsored by the WI Office of Rural Health.
- The grant requires a coalition and a hospital as partners in the project, which can focus on nutrition and/or physical activity.
- The Oconto Hospital and Oconto County Public Health plan on implementing a worksite wellness program through the Rural Health grant, if they receive it.

*Next Meeting:*

**Thursday, May 28<sup>th</sup>**

**12:00pm-1:00pm**

**Marinette County HHS Building**

**Lower level conference room**

**Please continue to invite other members of the community who are interested in this topic to attend our meetings!**