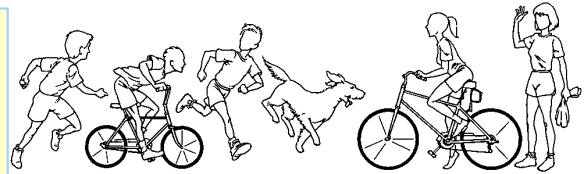


Marinette/Oconto Community Wellness Partnership



Community Wellness Partnership Meeting

August 17th, 2009

Marinette County HHS Building

Present:

Nancy Crevier – Marinette County UW-Extension

Sarah Ferdon – Marinette County UW-Extension

Hope Kersten – Oconto County WIC

Debbie Konitzer – Oconto County Public Health

Mary Mursau – Marinette County Public Health

Connie Parkovich – Bellin Health

John Pinkart – Oconto County UW-Extension

Mary Rosner – Oconto County Public Health

Marie Smurara - NEWCAP

Sherry Stender – Marinette County WIC

Angela Stokes - YMCA

Wendy Stuart – Marinette County Public Health

Updates

Grant Progress Report

- The progress report for the first part of the grant was submitted the end of June.
- The report covers our grant related activities for January 1st – June 29, 2009.

DAR Community Day

- The event was held July 24th from 1-3 at the Boys & Girls Club.
- Sarah & Sherry held a fruit & vegetable voting activity for the kids.
- A total of 280 people attended.

Child Care Provider Focus Group Sessions

- Amy Meinen is looking to put nutrition and physical activity resources together for childcare providers, similar to what has been done for worksites.
- Four focus groups were done in the southern part of the state with childcare providers to get an idea of what providers are doing now in regards to nutrition and physical activity and to see what type of resources they would be interested in.

- Nancy facilitated a focus group with childcare providers in Marinette on August 2nd. Sixteen providers attended.
- Very good feedback was provided by the focus groups and will be used by the state to develop resources for childcare providers.

eXtension Nutrition and Physical Activity Website

- Extension has a website with nutrition and physical activity resources available from extension nationwide.
- Go to <http://www.extension.org/> and click on “nutrition and physical activity”.

Healthy Wisconsin Communities Conference

- Sponsored by UW-Extension Family Living and CNRED Programs
- Held Tuesday, September 29th at the Holiday Inn Conference Center in Stevens Point from 8:00am-4:00pm.
- Dr. Patrick Remington and Dr. Zorba Paster from UW School of Medicine and Public Health will be the featured speakers.
- For more information about the conference go to, <http://www.uwex.edu/ces/flp/conference/healthywicomunities2009.cfm>

Others

- Mary recently completed the first part of the Safe Routes to School grant and the Safe Routes to School plan for 2009-2014 was completed with the help of a DOT consultant.
- Oconto County Public Health & the Oconto Hospital recently submitted a grant for worksite wellness. The Oconto County Courthouse would be one of the sites for the activities of the grant, which including doing HRA's.
- The YMCA is starting a program called “Activate America”. The program targets adults with a history of stopping and starting involvement in a fitness center. The program looks at the needs of this group and how the “Y” can make their experience more comfortable so they are more likely to stay with participating in physical activity long term.

Action Plan Progress

Oconto Farmers Market:

- The market has 2-3 vendors.
- The current vendors are happy with the amount of sales that they are doing.
- The biggest challenge has been finding vendors. To participate, they are required to have a seller's permit, which many vendors don't want to obtain.

- WIC families using their checks at the market has increased over the summer.

Crivitz / Walkers Bay Farmers Markets

- The Crivitz market is up and running.
- Sherry and Krysta will be going to the Crivitz market to help promote it.
- A market is also being held on Saturdays at Wilson's Café in Pound.

Food Pantry Distribution News Releases

- Krysta sent an email to all Marinette County employees letting them know that they can bring extra produce from their gardens to WIC to donate to families on WIC check pick-up day. So far, they have had a few employees donate their extra produce.
- Scott Ruess sent out a press release educating people on how and where to donate their extra produce to food pantries.
- Kay and Sarah also distributed posters listing places where people can donate extra produce.

Container Garden Updates

- So far, WIC families have had good results from their container gardens.
- WIC will refer families with extra produce who are interested in food preservation to Extension.
- Twenty kits were distributed in Marinette County - 12 in Marinette & 8 in Niagara. Thirty gardens were distributed in Oconto County to both WIC & NEWCAP families.
- Nancy suggested that we do something to thank for Scott & Linda for their help with the container garden events. Let Nancy know if you have any ideas.

Fresh Fruit and Vegetable Audit Tool

- The f/v audit tool was revised to include canned and frozen vegetables. The revised tool also counts the exact number of types of fruits and vegetables at the grocery stores, rather than just including a range.
- Hope is in the process of completing the tool for the peak season for Oconto County.
- Nancy suggested that we ask land & water to map fruit and vegetable access points.
- John suggested that we share the fruit and vegetable audit results with the transportation committee.

Budget

- We have an extra \$2,500 to spend from providing feedback on the evaluation tools that were developed by the state.

- If you have any ideas on how to spend the \$2,500, bring them to the next meeting. It needs to be spent by Dec. 31st, 2009.
- We have a total of \$11,986 to spend from June 30th, 2009 to June 29th, 2010. We can use part of this money to spend for items for container gardens for next year.
- Mary suggested that we use the grant money to help get more fruits and vegetables in the schools. We could partner with PTO's, wellness committees or FFA groups in doing this.

Next Meeting:

Monday, September 29th
Noon-1pm
Room 2119
Oconto County Courthouse
501 Park Avenue
*Bring your lunch

Please continue to invite other members of the community who are interested in this topic to attend our meetings!