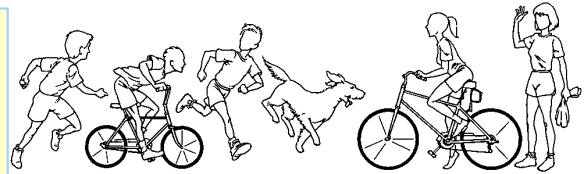


Marinette/Oconto Community Wellness Partnership



Community Wellness Partnership Meeting

September 28th, 2009

Oconto County Courthouse

Present:

Nancy Crevier – Marinette County UW-Extension

Sarah Ferdon – Marinette County UW-Extension

Hope Kersten – Oconto County WIC

Connie Parkovich – Bellin Health

John Pinkart – Oconto County UW-Extension

Julie Raasch – Oconto County UW-Extension

Kay Rich – Marinette County UW-Extension

Mary Rosner – Oconto County Public Health

Marie Smurara - NEWCAP

Wendy Stuart – Marinette County Public Health

Krysta Van Dyck – Marinette County WIC

Ashley Zahorik – UWGB Dietetic Intern

Updates

Healthy Wisconsin Communities Conference

- Sponsored by UW-Extension Family Living and CNRED Programs
- Held Tuesday, September 29th at the Holiday Inn Conference Center in Stevens Point from 8:00am-4:00pm.
- Dr. Patrick Remington and Dr. Zorba Paster from UW School of Medicine and Public Health will be the featured speakers.
- Extension and Bond Center staff will be attending

Other Updates

- There is a new employee at the state nutrition and physical activity office. Her name is Jordan Bingham. She will be taking over providing technical assistance for grant recipients from Amy Meinen. She will eventually become our main support person.
- The Breastfeeding Alliance of Northeast WI will have a kick-off event on Monday Oct. 19th at The Wave Bar and Ballroom in Appleton. The event will take place from 6:30pm-8:30pm. This group was formed with grant money received from the CDC through the state nutrition and physical activity program.

Action Plan Progress

Container Garden Updates

- John and Hope will develop a formal evaluation tool. Hope and Krysta will contact the WIC participants who received the gardens to conduct the evaluation.
- When conducting the evaluations, we will remind people about using the container gardens next year and tell them how to store them over the winter. We will also ask them what other vegetables, other than tomatoes or peppers, they would like to grow next year.
- Nancy suggested that we put a bag of supplies and directions together to re-use the kits next year.
- There are 14 Earthbox containers left over to use for next year. They are being stored in the Newcap warehouse.
- We will include positive comments about the container gardens from the evaluations in the thank-you to Scott and Linda.

Fresh Fruit and Vegetable Audit Tool / Pilot Project Budget \$2500

- A second audit, completed during the growing season, has been completed in both counties.
- John suggested that we share the fruit and vegetable audit results with the transportation committee.
- UW students are unable to GIS map our results.
- Nancy suggested that we use our \$2500 to get the results mapped.
- Mary suggested that we plot the delivery spots for the SHARE program, along w/ our fruit and vegetable audit results.
- The \$2,500 needs to be spent before the end of 2009. There are no stipulations on what the money can be used for.
- Krysta suggested that we use the money to educate families on winter and canned and frozen fruits and vegetables.
- Kay suggested that we put grocery bags together w/ foods for a certain dish and a copy of the recipe. The recipe would be one that would use canned fruits and/or vegetables.
- Connie suggested we do something with providing family passes to the Bond Center with the money.
- Hope, Julie, John, Kay and Krysta will develop a project to spend the \$2,500.

Nutrition Workshop for Childcare Providers - Thursday, Nov. 19th

- Nancy is doing a workshop for childcare providers Thursday, November 19th from 6:15pm-8:15pm on meal planning and budgeting.
- Let Nancy know if you have any ideas or resources to share at the workshop or if you are able to help her that night.

- Scott is also planning on offering a Got Dirt presentation for daycares and schools.

Next Meeting:

Monday, October 26th

Noon-1pm

Lower level conference room

Marinette County HHS Building

2500 Hall Avenue

*Bring your lunch

Please continue to invite other members of the community who are interested in this topic to attend our meetings!