

Oconto County UW-Extension invites you and your family to attend our

1st Annual UW-Extension Night

Tuesday, July 14, 2009

4:00—7:00 p.m.

Participate in mini-classes, view displays, meet the staff, and learn some new things! You'll go away with fun ideas, current information and helpful resources for you and your family.

**Food &
Beverages
Available**

**Petting
Zoo**

An EEO/Affirmative Action employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. The UW-Extension asks that you voluntarily respond to the questions below. The cumulative demographic information will be used to enhance our programming efforts.

Gender: Male Female **Ethnicity:** Hispanic or Latino Non-Hispanic or Latino **Race:** American Indian/Alaskan Native Asian Black/African American Native Hawaiian/Other Pacific Islander White Other Race Two or More Races **Age:** Under 18 18-35 35-49 50-64 65+

Do you require a special accommodation to participate in any of the described activities? If yes, please describe the accommodation that is needed:

UW-Extension Programs & Staff

Agriculture—Abby Huijbregtse, Agent
Community, Natural Resource & Economic Development—Dale Mohr, Agent
Family Living—Donna Doll-Yogerst, Agent
Health Babies—
Julie Raasch, Family Support Worker
Parenting Resource Centers—
Barb Truttman, Educator
Wisconsin Nutrition Education Program—
John Pinkart, Program Coordinator
Dawn Schroepfer, Educator
Lisa Devine-Barribeau, Educator/Home Visitor
4-H Youth Development—Paula Huff, Agent
Youth Futures/Teen Court—
Neil Klemme, Coordinator
Support Staff—
Karen Behnke, Staff Assistant
4-H Youth Development and Agriculture
Becky Dolata, Staff Assistant
Community, Natural Resource & Economic
Development and Family Living

Oconto County UW-Extension

301 Washington Street

Oconto WI 54153

(920) 834-6845

<http://www.uwex.edu/ces/cty/oconto/>

Fun - Learning Petting Zoo

Cook-out

Proceeds to benefit
**New Beginnings
Gillett, WI**



Tuesday,

July 14, 2009

4:00—7:00 p.m.

Oconto County

Fairgrounds &

Exhibition Building

Gillett, WI

**FREE
Event**

**UW
Extension**
Cooperative Extension



4:00—7:00 p.m. - Come and check out the informational displays in the Exhibition Building!

4-00-4:15 p.m. - Registration

4:15—5:00 p.m.	Fun With Your GPS	Raising a Thinking Child	Strong Oconto County
	<p>There's a big treasure hunt going on in the world using GPS technology. Learn the basics of GSP with a mini-geocaching event. GPS will be provided for your use. <i>8 years old & up</i> <i>Max Participants: 30</i> <i>Presenter: Paula Huff</i> <i>4-H Youth Leader Presenters: Keith Schardt, Laura Huff, Brandon Mack</i></p>	<p>This overview will help parents and caregivers talk with their children when conflicts or problems arise. By using word pairs and looking at parenting styles, parents and children build a better method of parent to child communication, and child to child problem solving. <i>Adults</i> <i>Presenter: Barb Truttman</i></p>	<p>Learn low impact exercises to improve flexibility, strength and balance. Benefits include: arthritis relief, restoration of balance & reduction of falls, strengthening bone, weight management, improved glucose control, healthier state of mind, improved sleep and a healthier heart. <i>Adults Only / Max: 20</i> <i>Presenter: Donna Doll-Yogerst</i></p>
5:15—6:00 p.m.	Go Green	Taking Care of You	Farming on a Few Acres
	<p>Save some green by going green. Learn to make your own cleaning & household products with simple, inexpensive and safe ingredients. Turn trash into toys and other fun ideas for recycling & reusing. Participants receive a green recipe booklet! <i>All Ages</i> <i>Presenters: Julie Raasch, Lisa Devine-Barribeau, Dawn Schroepfer, Barb Truttman</i></p>	<p>In our busy world we often don't take care of ourselves. Let's practice strengthening our communication, using relaxation techniques and improving self-care. <i>Adults only</i> <i>Max Participants: 15</i> <i>Presenter: Donna Doll-Yogerst</i></p>	<p>Small scale production agriculture is popular right now, and it can be a nice hobby or an additional source of income if done right. Animals or crops? Conventional or organic? Join us to hear some points to consider before getting started and ideas on how to use those few acres. <i>All Ages</i> <i>Presenter: Abby Huibregtse</i></p>
6:15—7:00 p.m.	Fun for You, Fun for Me	Gardening in Tight Spaces	"Community of Choices"...
	<p>Participate, learn and share in some entertaining, low cost, educational activities for families to do together. <i>Adults & Youth Under Age 12</i> <i>Max Participants: 20</i> <i>Presenter: Neil Klemme</i></p>	<p>Would you like to grow fresh, nutritious vegetables for your family's health and enjoyment, but have limited space to plant a garden? We will demonstrate how to prepare and maintain a container garden, and explore ideas for eating locally and eating healthy. <i>All Ages/Max Participants: 20</i> <i>Presenters: John Pinkart, Dawn Schroepfer, Lisa Devine-Barribeau</i></p>	<p>...Is Your Community Worth Caring About??? Many people believe the appearance of our neighborhoods has an affect on the connections, community pride, positive growth and civic values people have to communities. <i>Adults & Youth Over Age 16</i> <i>Max Participants: 10</i> <i>Presenter: Dale Mohr</i></p>

Registration Form for Classes Only

No need to register if you are not participating in classes.

Deadline: July 7, 2009

Adult Name(s) _____

Child(ren) Name(s) & Ages _____

Address _____

City _____

Zip _____

Phone _____

E-Mail _____

Class sizes are limited and on a first-come, first-served basis. **Sign-up early and mail in your registration to assure class of your choice. You must select the classes you want by marking 1st or 2nd choice for each Session.**

Session 1: 4:15 – 5:00 p.m.	
	Fun With Your GPS
	Raising a Thinking Child Overview
	Strong Oconto County
Session 2: 5:15 – 6:00 p.m.	
	Go Green
	Taking Care of You
	Farming on a Few Acres
Session 3: 6:15 – 7:00 p.m.	
	Fun for You, Fun for Me
	Gardening in Tight Spaces
	Community of Choices