



Family Name _____

Date _____

MONTHLY EXPENSE WORKSHEET

HOUSING 25-40%

- Rent/Mortgage/Lot Rent _____
- Property Taxes (if not included) _____
- Heating (utility budget system?) _____
- Electricity (utility budget system?) _____
- Telephone (long distance, options) _____
- Water/Sewage _____
- Trash Pickup _____
- Household Maintenance _____
- Other: _____
 - Home Improvements _____
 - Furnishings _____
 - Appliances (repairs & replace) _____
 - Lawn Care, etc. _____

FOOD 18-22%

- Food/Groceries _____
- Paper Products/Non-Food Items _____
- Work Related (lunches, snacks, etc.) _____
- School Lunches _____
- Bulk Meat Purchases _____

TRANSPORTATION 10-15%

- Gas & Oil/Bus Fare _____
- Repairs & Maintenance _____
- Parking _____
- Licenses & Registration _____
- Car Wash _____

INSURANCE 2-10%

- Health (hosp/dental - unless payroll deduction) _____
- Car/Motorcycle/Boat _____
- Homeowners/Renters _____
- Life/Disability _____

CHILD CARE 2-10%

- Maintenance/Child Support _____
- Childcare/Daycare _____
- Diaper Expense _____

MEDICAL 3-15%

- Doctor _____
- Dentist/Braces _____
- Prescriptions _____
- Glasses/Eye Exams _____
- Counseling _____

CLOTHING 4-10%

- Clothing/Footwear _____
- Dry Cleaning/Laundry (detergents, etc.) _____

EDUCATION 0-10%

- School Supplies _____
- Tuition _____
- Lessons (music, dance, tutor, etc.) _____
- Books/Papers/Magazines _____
- School Pictures/Yearbooks, etc. _____

DONATIONS 0-10%

- Church Tithes/Dues _____
- All Other (unless payroll deduction) _____

GIFTS 0-10%

- Birthdays _____
- Major Holidays (Christmas, Channuka, etc.) _____
- All Others (Mom/Dad's Day/Showers, etc.) _____

PERSONAL 4-10%

- Barber/Beauty Shop _____
- Toiletries (cosmetics, aftershave, etc.) _____
- Allowances _____
- Cigarettes/Tobacco _____
- Alcoholic Beverages _____

ENTERTAINMENT 0-10%

- Vacations/Weekend Trips _____
- Movies/Plays/Sports _____
- Dinners Out _____
- Family Activities _____
- Cable TV _____
- Baby Sitter _____
- Health/Social Clubs _____

MISCELLANEOUS 2-10%

- Checking Acct/Money Orders _____
- Union Dues/Professional Dues _____
- Pet Food/Veterinary Care _____
- Hobbies (fishing, bowling, etc.) _____

OTHER 2-10%

- Rentals (car, TV, movies, etc.) _____
- Postage _____

Prepared by the Family Nutrition Program Oconto/Marinette County. This information is published by the University of Wisconsin Cooperative Extension Service in cooperation with USDA and Wisconsin Counties. UW-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Disk A30

TOTAL MONTHLY INCOME \$ _____

TOTAL MONTHLY EXPENSES \$ _____

Difference (+) or (-) \$ _____