



News & Views

Outagamie County Home and Community Education

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**Be a mentor
to a new member**

**Welcome visitors warmly
to your meeting**

**Make the commitment
to find one new member**

President's Letter

Sunny summer to all you members,

My grandfather used to tell me to watch the cold days in the winter because that will be the exact number of days of heat during the summer. I don't remember having so many cold days this past winter to get all of this heat!

Are you out picking raspberries or cutting up cucumbers for pickles? Our days are so busy we lose time to sit down and reflect on our many blessings. We take so much for granted and then realize life has changed and we are forced to change with the times.

We in HCE have changed and are facing new challenges. Ironically, the pendulum always swings back and now the new generation needs to get back to the basics. Think about how we can help these new prospective members.

Have a happy summer and please use sunscreen!

Lois Dalke,
HCE President/Membership Chair



Advisor's Letter

Dear HCE Members,

Hats off to the 2006 Fair Booth committee for designing an eye-catching display for the county fair. The materials definitely showed that you are "Moving from the Living Room to Community" with your efforts.

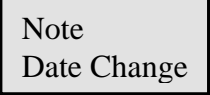
If you didn't get to the fair, the committee had items explaining the Nicaragua project, what it is, what is donated and why it is donated. The examples of the clothing that is made by the women in Nicaragua were especially eye-catching and caught people's attention. The examples included sewing supplies, a sewing machine and the many school supplies that are being sent to Nicaragua.

Thank you to Linda Biese and Dorothy Paltzer for bringing a variety of items and for the design/set up and take down at the fair. Thank you to Marjorie Zibell and Lois Dalke for the items we used from the collections. It was a great example of how HCE is reaching out to others.

Karen Dickrell
Advisor/Family Living Educator/Department Head



September/October 2006 Calendar of Events

August 30		Deadline to sign up for leader training	
Sept. 6	1:00 p.m.	<i>Spice Up Your Life!</i> leader training, UW-Extension, Brewster St.	
Sept. 17-19		WAHCE state meeting, Hotel Mead, Wisconsin Rapids	
Sept. 25	12:15 p.m.	HCE executive board meeting and potluck picnic, UW-Extension, Brewster St.	
Sept. 27		Registration deadline for October "Going in Style"	
Sept. 29		Newsletter deadline	
Oct. 3	9:00 a.m.	Newsletter committee meeting, UW-Extension, Brewster St.	
Oct. 4	1:00 p.m.	"Going in Style" leader training at Muehl-Boettcher Funeral Home, presented by Kurt Boettcher of Muehl-Boettcher Funeral Home, Seymour	
Oct. 5	6:00 p.m.	Fall HCE district meeting, hosted by Brown County Brown County UW-Extension office on Bellevue	
Oct. 17		2006 Green Lake County HCE <i>Our Day</i> , keynote speaker—Dr. John P. Kaminski, Green Lake Conference Center	
Oct. 23		Pre-registration for November leader training is due	
Nov. 2	1:00 p.m.	Leader training on allergies—speaker to be determined	
Nov. 6-12		WAHCE Week	
Nov. 11		Fundraiser—Yunker's Community Day (6:00 a.m. until 9:00 p.m.)	

Upcoming Events



Add a Little Spice to Your Life!

Spices and Vinegars

September 6, 2006 (Note Date Change)

1:00 p.m.

UW-Extension, Brewster St.

Pre-register by August 30, 2006



Archeologists estimate that by 50,000 B.C. primitive man had discovered that certain aromatic plants made food taste better. Over time people have sought ways to “spice up their life.” The reason for Columbus’ voyage in 1492 was to seek a more direct passage to the rich spices of the Orient. We’ll discuss the difference between a spice and a herb and talk about common substitutions. We’ll also spend some time talking about versatile vinegar—the many types available today, uses, and cautions.



taught by Karen Dickrell

HCE

“A Patchwork of Learning for Life”

East District WAHCE Conference

Thursday, October 5, 2006

6:00 p.m.

Brown county UW-Extension Office

1150 Bellevue St., Green Bay

Registration deadline is September 27, 2006. The cost for each person is \$13.00.

Registration fees are transferable but not refundable.

Contact Lois Dalke (833-2855) if you plan on attending.

2006 Green Lake County HCE *Our Day*

Tuesday, October 17, 2006

Green Lake Conference Center

This year’s keynote speaker, Dr. John P. Kaminski, will highlight the Founding Fathers and the American Revolutionary generation. Brochures and registration forms are available from the Outagamie County UWEX office.

Education

Wisconsin First Book Report

The Reading (First Book) Program is gearing up for the 2006-2007 school year. The books have been ordered for 320 children at all seven Head Starts in Outagamie County (Stephensville Head Start is closed). WAHCE has given a \$100 credit towards the books for each county participating in the program this year.

Would you like to read once a month? It only takes about an hour of your time. Here are the reading sites in Appleton: Fox (48) two morning and one afternoon class; Plamann (51) two morning and one afternoon; St. Berndettes (58) two morning and two afternoon; Summer Street (St. Therese School) (34) two morning and two afternoon. In Kaukauna, Quinny (34) one morning and one afternoon; in Seymour (17) one morning; and in Oneida (77) five classrooms in morning. If you are interested, call Marci Suprise at 757-5407 and I will send out the background and application forms that are required by the UW-Oshkosh Head Start. Readers from last year will receive their forms in the mail in August.

The Outagamie County committee includes: Marci Suprise, Ruth Biese, and Laura Tews. There are opportunities for you to help: sending letters to businesses, clubs and organizations; writing grants; counting books; putting sponsor labels in books and delivering books. A mini-grant was written for the Appleton Rotary Club.

Quilt Raffle: A thank you was received from Jean Nettekoven who says: "I will treasure the beautiful butterfly quilt for many years to come. It is a priceless work of art. It works perfectly on my double bed as a bedspread. I will take care of it, treasure it and am glad that I am the lucky person who can enjoy it!"



Coordinator
Marcie Suprise

P.S. Another name change is on the way and will be announced at the state meeting.



Fundraiser Youngers Community Day

Date: Saturday, November 11
Time: 6:00 a.m. to 9:00 p.m.
Where: All Youngers, Bergner's, Boston Store, Carson Pirie Scott, Elder Beerman, and Herberger's throughout the state

Youngers' Community Day is a fund-raising opportunity. The money raised will go to the Scholarship fund. We are working on getting matching funds. The event is filled with fabulous one-day sale prices, snacks, and entertainment.

We raise money by selling Community Day coupon packets for \$5.00 each. We get to keep the whole \$5.00. This packet includes a \$10.00 off coupon (for one item) and eight 20% off coupons (one coupon per item).

Coupon packets will be available at the HCE Potluck Picnic at the UW-Extension, Brewster St. on Monday, September 25, 2006. Contact Marci Suprise for more coupon packets to buy or sell—call 757-5407.

Please make checks out to Outagamie County HCE.
Send to Evalyn Gotham at W4449 County VV, Black Creek, WI 54106

Deadline: Return money and unsold tickets to Marci Suprise by November 8th

Membership



Did you know that Pepsi-Cola outsells Coca-Cola products in the state of Wisconsin? So Coke came up with the idea of packaging their product in a different way. There are eight different sizes of Coke in the state. Imagine having to bottle eight different sizes to sell their product. Well members, we come in more than eight different sizes and shapes; and surely, we can sell HCE, too. Think about it!!

Lois Dalke

New Member Guide is Available!

As you invite new people to join HCE, there is a new resource available for them. Linda Biese has prepared a "New Member Guide" for you to share with others. We adapted part of the book from materials Winnebago County HCE had developed. If you need a booklet, contact the Extension office. The salmon colored books are located in Karen's office on the credenza.

Reports

News from Farm Technology Days

As a member of the Wisconsin Friendship Chorus, it was quite a wonderful experience being and singing at Farm Technology Days. Governor Doyle, the Deputy of the Secretary of Agriculture of the U.S., and the Wisconsin Secretary of Agriculture, John Gard, were all led by the U.W. Marching Band. The Hesselink family was well known to the chorus, as Barb was a charter member. The educational booths and vendors were vast and superlative. Little did we know that two weeks later we would be back at Gibsville Church, the same church where we had rehearsed. Barbara Hesselink's daughter, Bobbi, died of M.S. She held off until Farm Technology Days were over. Bobbi said that was the last thing she would/could do for her family.

News from NVON

Majorie Zibell, Dawn Kreckbusch, and I drove to Hot Springs to the NVON Convention. Ladies, the temperature for three days of the convention was 104 degrees with 97.7% humidity and we were in the Ozark Mountains. Marge went on a tour to Little Rock to visit the Clinton Library. While she was there, the drapes were open denoting the Clintons were on resident on the third floor. They were there because of the funeral services for Lt. Gov. Wentthrop Rockefeller.

Meanwhile the convention had wonderful educational classes. Here are a few: Did you know you could make a beautiful necklace from potatoes?; That you should start interviewing elders now for our history?; or How to cope and care for the caregiver.

On our way home, we drove in the tail wind of a tornado, arrived at our motel minus the roof, and had to drive 65 miles to find room at another motel. Not only were motels books up because of the tornado in Mt. Vernon, IL., but St. Louis had no electricity for three days.

It was an interesting, educational, and enjoyable convention. Next year it will be in Kentucky.

Feature Club Articles

Woodland Homemakers

Rita M. Biese

I have been a member of Woodland Homemaker for 60 years. I was invited to my first meeting of the Woodland Club in September 1946 by Valeta Brick. I joined that very evening. As a type of “then and now,” I participated in lessons a few times with the Woodland club when my mother’s club “Friendly Circle” needed another person to attend one of their lessons. The home economist would give lessons at each of the centers and sometimes someone would come from the Madison area to present the lesson.

One meeting I remember, we brought our sewing machines to the lesson. I believe all the machines were treadle machines. We took them apart, cleaned parts, oiled them and put them back together—and all worked. I would not attempt that with my machine now!

In those days, everyone saved woolen clothing. Rugs were made out of cut or torn strips. Some were hooked on a backing but the ones I learned how to make were made using the metal part of a buggy wheel. I made two and still have one on the rim I used.

I also recall all-day meetings. The home economist brought ingredients and a bag of unopened flour to the Seymour Scout House. It was a cold Wisconsin winter day and the bag of flour was so cold that the home economist warmed the oven, shut it off and I put the bag of flour on the oven door to warm it up. This lesson was given during a meeting at my house so another club member and I could make the bread dough, shape and bake it right at the meeting. That particular lesson for our club was over 45 years ago.

A lesson on meat cooking was held at a member’s home in Seymour. The home economist made nice size patties of ground beef. The meat was probably ground round and cooked on the rare side without salt and pepper. You, then, could season the meat after tasting it if you liked. I still like ground round or steak a little rare.

I wish I had saved the suit I remodeled during the wartime because I think our younger children and granddaughters would have liked to see it. I made the suit out of a two-pants, double-breasted suit my brother outgrew. My finished suit had red wool binding around the jacket and the shirt had three box pleats, front and back. My mother made a suit for herself out of a pin stripe suit of my Dad’s. The jacket to her suit only needed a little remodeling and the shirt she made had four gores.

Another lesson that I recall was washing a wool sweater with Prell shampoo and pinning it on a big towel to shape it. I performed that lesson more than once!

Outagamie County Extension has been a big part of my life. I was a 4-H member and leader, and I am now a HCE member. Our home was designed by Extension staff in Madison, and years later, a barn remodeling and addition was designed by UW-Extension too.



2006 HCE Outagamie Fair Booth

Bits N Pieces

AGING AND DISABILITY RESOURCE CENTER (ADRC)

Serves Calumet, Outagamie, and Waupaca Counties

(920) 832-5178 Local

1-866-739-2372 Toll Free

Provides help with questions on long-term care services and options.

Walk-ins are always welcomed during normal business hours:

Monday through Friday 8:00 a.m. to 4:30 p.m. (4:00 p.m. in Waupaca County).

Appointments to meet with individuals in their home or community are always possible.

Mailing address for Outagamie County: Outagamie County ADRC

401 S. Elm St.

Appleton, WI 54911

Home Energy Assistance Program

Home Energy Assistance is a one-time payment each heating season, October 1 through May 15. It is intended to help pay a portion of heating costs, but not the total annual heating costs. The amount of the heating assistance varies according to household size, income level and household heating costs.

Do I Qualify for the Energy Assistance Program?

A household's gross income for three months immediately preceding the month of application is used to determine eligibility.

Households responsible for paying heating costs directly to a fuel or utility company.

Households whose heating costs are included in their rent may still qualify.

Income Guidelines

<u>#1 In Household</u>	<u>Gross Monthly Income</u>
1	\$1,196.25
2	\$1,603.75
3	\$2,011.25
4	\$2,418.75

Grant amounts are determined according to energy costs, household size, income, dwelling type, etc.

Households that pay their energy costs to a utility or fuel company will receive a payment made directly to their utility or fuel provider. Energy Services is located at 530 W. Wisconsin Avenue, Appleton. If you have questions, call (920) 734-0010.