

Program Information and Contact Numbers

- **WIC** – You may qualify if: 1) You live in Wisconsin; 2) You are pregnant, breast feeding or a new mother; 3) You have an infant or children under 5 years of age; 4) You or your children have a health or nutrition need; and 5) You have a household income (before tax deduction) that meets WIC income guidelines. For more information about WIC, **contact the Trempealeau County Health Department at (715) 538-2311, Ext. 220.**
- **Food Stamps** – To get food stamps, households must meet certain tests, including resource and income tests. There are a number of allowable deductions that will affect net income. Household resources (such as a car) are also used in determining eligibility. **Call Dept. of Social Services at (715) 538-2311, Ext. 290 for more information.**
- **USDA Free & Reduced School Meal Program:** Call your local school district office and ask to talk to the official who screens the meal program applications. This person will answer questions regarding eligibility and the application process.
- **The Emergency Food Assistance Program** provides USDA surplus commodity food on the 3rd Wednesday of each month from 1:00 – 3:00 p.m. at the Arcadia Food Pantry. **Contact Western Dairyland at (715) 985-2391 or Toll Free (800) 782-1063.**
- **Healthy Start Insurance** – You qualify if you are pregnant and/or have a child under 19 years of age, or need help paying for health care for you and your children. Healthy Start is part of the Medical Assistance Program (Medicaid). It pays for medical care for pregnant women, babies, and children. It covers most babies until they are one year of age, even if the family's income goes up. Families with health insurance may apply. If you are under-insured and/or you don't have health coverage for prenatal care services or the birth of the baby you may be eligible for Healthy Start. **Call the Maternal and Child Health Hotline at 1-800-722-2295 for more information.**
- **BadgerCare Health Insurance for Working Families** – To be eligible: 1) You must have children under age 19 living with you; 2) Your income must be within the guideline limits; 3) There is no limit on assets; and 4) You must not be covered by health insurance. If you think you might be eligible, call 1-800-362-3002 or contact Trempealeau County Social Services at (715) 538-2311, Ext. 290.
- **Head Start** – Ten percent of Head Start families may exceed the income guidelines. **Contact Lisa Lindner at (715) 983-2391, Ext. 252.**

Might I Be Eligible for an Assistance Program?

The information in this pamphlet is MEANT ONLY TO HELP YOU DECIDE IF YOU MIGHT be eligible for government-sponsored programs based on poverty guidelines.

This information is provided by:



Trempealeau County Extension Office

P.O. Box 67, Whitehall, WI 54773

Phone (715) 538-2311 or Toll-Free (877) 528-2311

cyndy.jacoby@ces.uwex.edu

For more information about assistance programs available in Wisconsin, go to <http://www.uwex.edu/ces/flp/cfs>

Wisconsin Food Security page: Click on "Resources for Low-Income Families." (It is in the left column.)

University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. UW-Extension provides equal opportunities in employment and programming including Title IX and ADA.

Income Eligibility Guidelines

Based on 2006 Health and Human Services guidelines.

(*See instructions for use at bottom left.)

	Column A Federal Poverty Guidelines			Column B 130% of Poverty			Column C 150% of Poverty			Column D 185% of Poverty		
	-Eligible for Healthy Start , for Children Between 6-19 Years of Age.			-Eligible for Free School Breakfast & Lunch . -Eligible for Food Stamps .			-If below 150% of Poverty, no premiums for BadgerCare Health Insurance. If above 150%, monthly premium is 3% of monthly income.			-Eligible for WIC . -Eligible for Reduced Breakfast and Lunch . -Eligible for Healthy Start for pregnant women & children under age 6. -Eligible for The Emergency Food Assistance Program .		
Household Size	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income	Annual Income	Monthly Income	Weekly Income
1	9,800	817	189	12,740	1,062	245	14,700	1,225	283	18,130	1,510	349
2	13,200	1,100	254	17,160	1,430	330	19,800	1,650	381	24,420	2,035	470
3	16,600	1,383	319	21,580	1,798	415	24,900	2,075	479	30,710	2,559	591
4	20,000	1,667	385	26,000	2,167	500	30,000	2,500	577	37,000	3,083	712
5	23,400	1,950	450	30,420	2,535	585	35,100	2,925	675	43,290	3,608	833
6	26,800	2,233	515	34,840	2,903	670	40,200	3,350	773	49,580	4,132	953
7	30,200	2,517	581	39,260	3,272	755	45,300	3,775	871	55,870	4,656	1,074
8	33,600	2,800	646	43,680	3,640	840	50,400	4,200	969	62,160	5,180	1,195
For each additional family member	+ \$3,400 per person	+ \$283 per person	+ \$65 per person	+ \$4,420 per person	+ \$368 per person	+ \$85 per person	+ \$5,100 per person	+ \$425 per person	+ \$98 per person	+ \$6,290 per person	+ \$524 per person	+ \$121 per person

*** Instructions:**

1. Find your household size and then go to the right to find your income
2. Go to the top of the column to see the benefits for which you may qualify. You may qualify for the benefits at the top of this column AND all benefits listed to the right.

Example: If your income falls within Column A, it is possible that you qualify for all benefits in Columns A - D.

