

VILAS VISION
Leadership Development Program
Session #4
Family Issues in Vilas County
March 5, 2008

LOCATION: Kalmar Senior Center
1011 North Railroad Street
Eagle River, WI 54521
Note: Park along highway at north end of parking lot.

OBJECTIVES: For each program segment, participants will:

Communicating Across the Generations

- Increase knowledge and understanding of the four generations.
- Enhance comprehension of how generational differences affect people.
- Become aware of skills for effective intergenerational communication.

Welcome to Retirement Simulation

- Explore how experiences during retirement vary depending on pre-retirement preparedness.
- Examine your own retirement preparedness.
- Consider how financial well-being of older adults affects the community as a whole.
- Interact with retirees who access Kalmar Senior Center.

FIRO-B (Fundamental Interpersonal Relations Orientation Behavior) Self-Assessment

- Become aware of interpersonal needs
- Identify sources, and possible solutions, of conflict with others
- Understand and acknowledge the unique contributions of team members
- Build more satisfying relationships through increased awareness of interpersonal dynamics
- Manage behavior and its results in leadership and support positions

Leadership Challenge by Kouzes and Posner readings

- Participate in discussion of readings

DRESS: Casual dress is appropriate.

AGENDA:

- 8:15 a.m.** Welcome and refreshments
- 8:30 a.m.** Leadership Challenge discussion
Discussion leader—Vilas Visions Leader Volunteer
- 9:00 a.m.** Communicating Across the Generations
Brian Gauthier, UW-Extension Lac du Flambeau Community
Resource Development Educator
- 10:30 a.m.** Break
- 10:45 a.m.** Retirement:
Joan E. LeFebvre, UW-Extension Family Living Agent serving
Vilas, Forest, and Florence Counties
Welcome to Retirement – a Simulation
Secure Your Dream
Picture Your Future
Begin Planning Today
- NOON:** Lunch at Senior Center
Sit and converse with Seniors at the center during lunch.
- 12:45 p.m.** Kalmar Center Programs
Karen Stanton, Kalmar Center
- 1:00 p.m.** Update: Community service projects
- 1:15 p.m.** Leadership and Interpersonal Dynamics
The FIRO-B (Fundamental Interpersonal Relations Orientation Behavior) is a powerful tool that assesses how interpersonal needs affect one's behavior towards others. Participants will learn how expressed/wanted inclusion, control, and affection interactions influence how we come across to others, why conflict may develop, and consider how to adjust current behavior to increase effectiveness.
- 3:15 p.m.** One on One Interviews using FIRO-B results.
- 3:30 p.m.** The “View from Your Back Yard”
(Vilas County Demographic Information)
- 4:15 p.m.** Evaluation
- 4:30 p.m.** Adjourn