

# PACKING LIST FOR WILDERNESS CAMP

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<b>MUST BRING:</b>	
	Labeled Water Bottle
	Sleeping Bag Or 2-3 Blankets (It does get cool at night at camp! Beds will be bunk type with mattresses.)
	3-4 Sets of Clothing (Shirt, shorts and pants, socks, underwear)
	Warm Clothing (Sweater / Sweatshirt or Jacket) – Nights may be cool!
	Pajamas or sweat suit for sleeping attire.
	Swimsuit
	Tennis Shoes
	Hiking Boots – Tennis shoes are not recommended in the rain.
	Extra Clothing, in case clothing gets wet (Extra socks, pants, shirt, boots and/or shoes)
	Rain Gear – We will do outdoor activities – Even if it rains.
	<i>Personal Items:</i>
	Soap
	Shampoo
	Deodorant
	Toothbrush
	Toothpaste
	Comb & Brush
	Towel and washcloth
	Mess Kit (Unbreakable plate, bowl, cup, silverware) Campers will be preparing their own meals.
	Mosquito Repellent – no aerosol spray!!
	Sunscreen / Sun Block Lotion
	Flashlight and extra batteries
	Pencils
	Good Manners and Good Behavior
	A SMILE!
<b>OPTIONAL:</b>	
	Pillow
	Camera & Film
	Day Pack
	Money (Upham Woods Camp Store has a selection of souvenir items available that might be of interest to 4H Campers. T-shirts, Sweatshirts and misc. items priced from .50 to \$20.00.)

## **DON'T BRING:**

Alarm Clock	Candy	Cookies
Gum	Soda	Snack Food
Comic Books	Radios	Walkmans or iPods
Cell phones or pagers	Valuables	FROWNS!

**Label all clothing and other items in case of loss or misplacement!!**

**DO NOT PACK MEDICATIONS IN YOUR SUITCASE!**