

---

# **NU ACT Strategies**

- ☀ **Targeting all children to develop healthy eating habits and active lifestyles**
  - ☀ **Involving parents and caregivers as good role models for positive behavior change**
  - ☀ **Involving education, healthcare, government, and industry throughout the county who represent a broad range of backgrounds, expertise, and resources.**
  - ☀ **Using a variety of approaches to work on this complex problem that has many causes.**
  - ☀ **Focusing on environmental changes that promote healthy eating and active lifestyles.**
-