



Average Holstein	Weight	A	B	C	Width
First Lactation Cow	600 kg	1.74 m	1.70- 1.80 m	1.23 m	1.18 m
Milking Cow	700 kg	1.80 m	1.74- 1.85 m	1.28 m	1.18-1.23 m
Dry Cow	725 kg	1.80 m	1.74- 1.85 m	1.28 m	1.23 m

Example Sand Based Freestall Design
for Average Sized Holstein Cow