



2009 Eastern District Innovative Grant Program

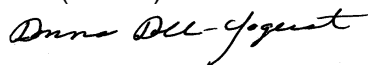
1. **Project Title: Caregiver Tool Box (A Resource Directory for Caregivers)**

2. **Funding Requested: \$ 2,950**

3. **Project Lead/Grant Applicant (Name & Co.): Donna Doll-Yogerst, Oconto Co.**

a) Project Collaborator(s) - (if applicable)

Oconto Co. Department of Health & Human Services (DHHS), Oconto Co. Dementia Care Network (DCN), Alzheimer's Association of Greater WI (AA), Oconto Co. Commission on Aging, Inc. (COA), Home Respite Care, Inc. (HRC), Oconto Co. UWEX (UWEX), Respite Care of Marinette and Menominee Counties Inc., (RCMMC), Senior Life Management Services, LLC (SLMS), Country Health Care, Inc. (CHC), Res Care Home Care (RCHC)..

4. **Signature:** 
Grant Applicant/Lead

5. Project Description

a) Situation Statement (Describe how this relates to the UWEX strategic plan and/or your plan of work), and outline the following criteria that relate to your project.

Programs that assist caregivers are a high priority in Oconto Co. due to the significant aging population and a fairly large disabled population. Oconto Co.'s curative workshop is located at NEW VIEW Industries in Gillett. The Powerful Tools for Caregivers class continues to grow. A major challenge for caregivers is the identification of local resources, accessing services, and management of the financial burdens associated with caregiving. Due to the rural low income nature of Oconto county and the large geographic area both fee for service and volunteer service providers will be included. Unlike many other counties, Oconto Co. does not have a comprehensive resource guide. The transition from the COA to an Aging Disability Resource Center (ADRC) will likely take two years, and a directory is needed now. The Caregiver Tool Box will eventually be shared electronically with the future ADRC for updates and dissemination.

i) Fosters teamwork and collaboration with other agencies, campuses, or colleagues

Many local collaborators are a part of this effort. This need was identified by the DCN in 2007. None of the collaborators have the resources to undertake this project alone. Gathering and updating the information is labor and time intensive. The DCN will serve in an advisory role for this project.

Partners include: Please see #3 above.

ii) Incorporates the use of other funders

Collaborators will provide in-kind staff time, travel, and \$100 of office supplies and postage over the course of this project. Members will print more copies as needed when the initial printing has been exhausted. The cost to print the Caregiver Tool Box document is valued at \$1.90/copy (Based on Marinette County).

The DCN will serve in an advisory capacity for the Caregiver Tool Box project.

DHHS will check accuracy of DHHS services. The AA will provide contact information for current DCN members, including email addresses, to collect directory information. COA will share information from their previous guide, and provide some COA caregiver outreach funding to aid in project completion. HRC will assist in locating Caregiver Tool Box contributors. RCMMC, SLMS, CHC and RCHC will contribute in-kind assistance to promote and disseminate the Directory.

Oconto Co. UWEX FLA will supervise contracted staff through project completion.

iii) Includes a new program direction that may be replicated

Aging programming is a new direction for the Family Living Agent. Progress has been slow and steady. This project can easily be replicated by other counties or other agencies by sharing the electronic document and the training needed to use it. Greg Johl, Director of CE Technology Services recommends WIKI Wetpaint which UWEX supports <http://www.wetpaint.com/>.

iv) Focuses on reaching new audiences

Caregiver programs are new to Oconto Co. UWEX. The FL Agent spent a considerable time re-training to provide educational outreach to address this growing need. Nearly 100% of program participants are new to UW-Extension. The DCN has introduced agency partners to the UWEX program. This project will target local caregivers, long-distance caregivers, adult children (members of the baby boomer generation), and others new to caregiving, most of whom will be new to UWEX.

v) Exposes potential employees to UWEX

The staff person contracted to produce the Caregiver Tool Box may be new to UWEX. This is a first exposure to UWEX family living programming for most DCN members, and since they are all experienced agency staff, their exposure may further lead to children or grand children's interest in UWEX employment.

b) Project Objectives/Expected Outcomes (include plan for sharing results with colleagues and show how project had a net economic impact on the community)

Objective: Create a Caregiver Tool Box (a comprehensive resource directory)

Purpose: To assist those seeking caregiver information and assistance in Oconto Co.

Outcomes: 1) Conduct a survey of service providers to secure information for inclusion in the Tool Box document; 2) Create the document in electronic and hard copy formats; 3) Place Tool Box link on collaborator's websites as well as on websites of those listed in the Caregiver Tool Box.

The winter 2009 edition of the "Take Care" newsletter (National Family Caregivers Association) focuses on the substantial financial issues and stress of caregiving. It impacts families' ability to plan for their own long-term care financial needs and those of loved ones." The economic struggles faced by caregivers tend to be greater in limited resource communities such as ours. Upon completion of this project, agency resources will be freed to address other important issues.

The project will be available electronically to those providers listed in the directory. The file will provide information about how to use the Wetpaint program, and will give them access to edit/update their listing in the document. The use of the Wetpaint tool will be shared with UWEX colleagues. One way to do this might be to have an Eastern District in-service.

Currently a great deal of time is spent finding local resources. Time is money.

c) Project Timeline (include planned responses/activities)

Attend Monthly Dementia Care Network meeting to review progress.
 May 15 - Begin process of acquiring information via electronic and mailed survey.
 July 15 - Begin assembling the Tool Box in the wetpaint program
 Sept. 15 - Begin dissemination of information through print, electronic and websites.
 Dec. 15 - Evaluation

d) Evaluation Plan

Dec. 15 - Agencies involved in this project will be given an evaluation measuring their satisfaction with the final product. The amount distributed data, methods of use and internet hits will be collected. The DCN will design a sustainability plan for the Tool Box. Annually the Dementia Care Network will review the Tool Box and make necessary changes.

6. Detailed budget breakdown (specifying the amount and purpose of funds requested from District Resource Management funds, and clarifying the source and amounts from other funds):

UW-Extension will contract the Tool Box project. This includes gathering information for hard copies and placing it in Wiki Wet Paint, teaching agency staff how to keep information current, coordinating printing, website posting and meeting with the Dementia Care Network.

Contracted Work = 120 hours x \$15.00/hr =	\$1,800
Travel	\$ 200
Initial Printing – initial 500 copies @ \$1.90 each	\$ 950
	\$2,950

In-kind

Each collaborator \$100 of copies, postage and office supplies	\$ 900
4600 miles valued at each DCN members travel reimbursement rate	\$2,220
2 hrs/week based on collaborators average salaries w/ fringes	\$2,225
Collaborators will print copies as needed when grant copies are exhausted	
500 copies x \$1.90	<u>\$ 950</u>
	\$6,295

The Oconto Co. Extension Education Committee Supports this proposal. The reduction of county support staff has had a negative impact on a new project such as this.

7. If you have received Resource Management funds, in the past, include the following information for all funded projects (if you have a number of past projects, this can be a separate (4th) page):

- a) Briefly describe your past experiences with resource management grants – project focus, funding received, project collaborators

2005/06 Powerful Tools for Caregivers Facilitator Training, \$931

2002/03 Family, Community, School Partnerships, Judy Knudson (Brown Co. FLA)
\$3,620

2002/03 Daddy Be There, Nancy Crevier (Marinette Co. FLA) \$1,257

2000/01 Parent Education/Rural Outreach Project \$2,528 Teri Vizenor (Marinette Co. FLA)

- b) How is this project proposal new or different?

This project has multiple collaborators whose in-kind contributions greatly exceed the \$2,950 requested. This project outcome is a user friendly document that can be utilized, updated and duplicated for years to come. The future success of this project depends on the utilization of outside staff assistance as defined in this grant application.

Thank you for considering this application.