

UWEX Southern District Professional Development Grants Application

Name:

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Title:

Family Living Educator
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Amount requested from UWEX Southern District Funds: \$____1,000____

Please respond to the following questions:

1. Briefly provide the major responsibilities of your position and the number of years of service with Southern District.

My major responsibilities as a Family Living Educator for Rock County include health and wellness education in the hopes to prevent illness and disease due to the lack of physical activity and the lack of appropriate nutritional intake. As I complete my 3rd year with UW –Extension, I feel that I am finding my niche in my programming and realize that I need to now become more of an expert in the areas of health education.

2. Describe the professional development experience for which you are requesting funding. Include the title, description, dates, location, number of hours, sponsoring group, etc.

The American Public Health Association Meeting and exposition. The date is Oct 25th -29th and the location is San Diego, CA. The APHA is the premier public health educational forum each year. More below.

3. How does this experience support your professional development plans?

The Public Health Association meetings will allow me to learn major health education efforts and recent research and best practices. Without a state specialist in the area of Health Education, this kind of information/experience is hard to come by. The APHA Annual Meeting & Exposition is *the* premier Public Health Educational Forum. My goal as a family living educator is to enhance the health of the residents in my county. From the APHA, I would learn from experts in the field, hear about cutting edge research and exceptional best practices, discover the latest public health products and services, and be able to share public health experiences with my peers. The world of public health is in continual motion, and there is no better time to keep abreast of the latest research and learn about emerging issues.

4. How will this program or study benefit your clientele?

The APHA Annual Meeting & Exposition is the oldest and largest gathering of public health professionals in the world, attracting more than 13,000 national and international physicians, administrators, nurses, educators, researchers, epidemiologists, and related health specialists. APHA's meeting program addresses current and emerging health science, policy, and practice issues in an effort to prevent disease and promote health. APHA has a world of public health in store for you. This meeting would benefit my clientele in multiple ways. One way would be able to keep me abreast of public health issues and research to share with the participants of my existing programs (ie StrongWomen participants). Another way that it would benefit my county would be that I could bring back new and emerging programming back to a county that lacks a county health educator. Statewide, I would be able to share this experience with other colleagues, like me, who are struggling with not having a ton of health education support in the area of family living.

5. If this program or study includes giving a presentation at a conference, provide the title, type of presentation and audience.

I have submitted to a present a poster presentation on my StornngWomen program results. The audience would be some of the 13,000 registrants.


6. Summarize the total cost of professional development experience including registration fees and expenses.

Registration: \$435
Airline: \$250
Hotel: \$ 800
Mileage: \$78
Meals: \$40/day= 200
Total: \$1763


7. Summarize your sources of funding:

Amount requested from the district: \$ 1,000
Amount requested from other sources:
Rock County \$ 300
Consumer Health Education Family Living State Team \$ 700
Total cost of the opportunity: \$ \$1763

8. If you have requested funds from other sources, please explain the amounts requested and the source(s).


Applicant's Signature

2/27/08
Date


Endorsement Signature*

2/27/08
Date