



## Southern District Resource Management Team Professional Development Grant Application



### UW-Extension Southern District Professional Development Grants – Instructions

Any member of the Southern District is eligible to apply for these grant funds. Grants will be awarded up to \$1000. The UWEX Southern District Development Grant application form begins on the following page.

The Southern District has allocated \$8,000 available to colleagues to be used for Professional Development Grants. These dollars are an additional supplement to the annual district professional development support funds. These funds may be used for local and out-of-state educational experiences, including workshops, conferences, and seminars that may be offered by UW-Extension or other universities, organizations, agencies or businesses. Funds must be spent by June 30, 2008.

#### Writing Suggestions

Please use as much space as needed for responses. However, be as *concise* as possible. If available, provide a conference brochure or other documentation to assist the committee in better understanding your request.

#### Application format

Applicants are encouraged to save the following Word document (next page) to their computer for ease of completion. Responses should be in a size 10 font or larger. Hand written applications are not acceptable.

#### Summary report

Grant recipients are expected to report on their professional development experience by one of three options:

- Monthly Southern District teleconference
- District Program All Staff meeting
- Brief report on the Southern District web site

#### Application due date: **March 14**

#### Mail the completed and *signed* application to:

Southern District Innovative Grants Committee  
c/o Terry Kraft, 505 Extension Building,  
432 N. Lake Street, Madison, WI 53706-1498

You may contact Terry at: [terry.kraft@ces.uwex.edu](mailto:terry.kraft@ces.uwex.edu), or phone 608.263.2781

#### Questions??

Contact Deb Ivey, 2007-08 SD Grants Committee Chair at [debra.ivey@ces.uwex.edu](mailto:debra.ivey@ces.uwex.edu) or 608-935-0391

# UWEX Southern District Professional Development Grants Application

**Name: Tanya Kirtz**

**Title: Nutrition Educator**

Full mailing address:  
1 Fen Oak Ct. Room 138  
Madison, WI 53718

Phone: (608) 224-3695

Email: kirtz@co.dane.wi.us

**Amount requested from UWEX Southern District Funds: \$385.00\_\_\_\_\_**

## Please respond to the following questions:

1. Briefly provide the major responsibilities of your position and the number of years of service with Southern District.

The major responsibilities of my position as a Nutrition Educator include the planning, preparation, and teaching of nutrition related topics to culturally and ethnically diverse audiences. I actively promote the Wisconsin Nutrition Education Program to community agencies, while creating and maintaining positive relationships with community agencies and partners. I work to provide nutrition education in a culturally appropriate manner to low-income residents of Dane County, while training and mentoring new nutrition educators to approach their work in the same respectful and professional manner. Over the past seven years I have had the opportunity to actively participate in local and statewide teams that relate to nutrition and food security.

2. Describe the professional development experience for which you are requesting funding. Include the title, description, dates, location, number of hours, sponsoring group, etc.

I am requesting funding to attend the *Strong Women* training offered by UW-Extension. The full day training is on May 20<sup>th</sup>, 2008 in Wisconsin Dells. After attending the *Strong Women* training, I will be certified to teach and promote the benefits of strength training in maintaining and improving women's health. Please see attached brochure for complete details.

3. How does this experience support your professional development plans?

This experience supports my professional development plans in that it will provide me with a deeper understanding of the benefits of physical activity, and weight training in particular. I will use this training as background information for the pilot of the *Eating Well and Being Active* curriculum that WNEP will be using with the EFNEP program. My professional development plan includes being available as a resource for nutrition educators in Dane County who will be teaching physical activity using the new EFNEP curriculum.

4. How will this program or study benefit your clientele?

Given the strict parameters that the nutrition education program operates under, we have not been permitted to participate in or train others using the *Strong Women* curriculum. I am planning to look for alternative funding sources so I am able to teach this curriculum to many of the low-income women in Dane county who may not have access to physical activity resources. In my role as a nutrition educator, I will use the information I learn to broaden my understanding of physical fitness and I will share the benefits of physical activity with my clients as well as encourage them to be physically active.

5. If this program or study includes giving a presentation at a conference, provide the title, type of presentation, and audience.

This program does not require giving a presentation

6. Summarize the total cost of professional development experience including registration fees and expenses.

The cost of the workshop is \$300.00 which includes the training materials and lunch. I am requesting funds for the ankle weights needed for the training at a cost of \$20.00 and an exercise mat at the cost of \$20.00. I am also requesting funding in the amount of \$45.00 to cover the cost of travel to and from Wisconsin Dells. The total amount of the request is \$385.00

7. Summarize your sources of funding:

Amount requested from the district: \$ 385.00\_\_\_\_\_

Amount requested from other sources:

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

Total cost of the opportunity: \$ 385.00\_\_\_\_\_

8. If you have requested funds from other sources, please explain the amounts requested and the source(s).

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Endorsement Signature\*

\_\_\_\_\_  
Date

\* *Department Head*