

**Southern District  
FLP District Meetings  
September 2007 – June 2008**

**September**

**Date/Time:** Thursday, September 27<sup>th</sup>; 9:00 a.m. - 3:00 p.m.

**Location:** Bishop O'Connor Center, Madison

**All-Staff Meeting**

**October**

**Date/Time:** Thursday, October 18<sup>th</sup>; 9:30 a.m. - 3:00 p.m.

**Location:** Dane County Extension Office

**Introduction to the American Community Survey: A New Era for Demographic Data**

The American Community Survey (ACS) represents a sea change in the way the Census Bureau collects and provides demographic data for communities. The ACS was fully implemented by the Census Bureau in 2005 and is a replacement for the "long form" the questionnaire used to collect detailed socioeconomic data every ten years in the decennial census. The ACS will produce refreshed data every year for all areas (from the nation down to census block groups) and will provide very powerful (and much needed) detailed characteristics of community on an annual basis. This in-service will present the background and some of the methodology behind the American Community Survey but the primary focus will be on how to access and use American Community Survey data including: the timetable for data releases, internet access to the data, how to interpret the data, and what considerations or caveats must be used in making the most of ACS data.

**Basic Money Management**

This training would offer materials that can be used to teach money management plan. Also strategies will be discussed on how to work with different audiences. This material is based on the UWEX Training Material developed to train Volunteer Financial Counselors.

**November**

**Date/Time:** Thursday, November 15<sup>th</sup>; 9:30 a.m. – 3:00 p.m.

**Location:** Lowell Center

**Clearing Up Confusion About Carbohydrates and Sweeteners**

Gather some clarity about sugars, sweeteners, fiber, glycemic index and glycemic load. This session will give WNEP coordinators or educators and Family Living Agents/Educators a chance to broaden their understanding of carbohydrate issues and discuss how these concepts relate to educational messages in some typical nutrition lessons.

**Money For Food Training**

An interactive, hands-on training for WNEP coordinators and Educators interested in an introduction to, or more experience with, using the updated Money for Food curriculum in teaching food resource management.

**December**

**Date/Time:** Thursday, December 13<sup>th</sup>; 9:30 a.m. - 3:00 p.m.

**Location:** Old Feed Mill, Mazomanie

### **Balancing Work and Personal Life**

Balancing work and personal life....we all talk about it ...we may have even taught it...but do we actually do it? How can we as Extension colleagues actually implement the life balance concepts we teach others? What can we do as a program area to make this easier? Using material from Intentional Harmony, a curriculum developed by Dr. Angela Wiley and colleagues at the University of Illinois, the Families in Stress and Transition state team will lead an interactive discussion on the important life balance concepts as they apply to our clients and to us as family living colleagues.

### **Southern District Innovative Grant: Playing with Blocks**

Work time for educators to develop a block workshop to engage parents in block play with their children, develop a curriculum for child care providers to extend block play and learn techniques for incorporating blocks in other areas of play: math, science, literacy and pretend play and social skills and plan block workshops for child care centers, libraries and parent resource centers to engage all family members in block play.

#### **January**

**No meeting**

#### **February**

**Date/Time:**

**Location:**

**All-Staff Meeting**

#### **March**

**Date/Time:** Thursday, March 20<sup>th</sup>; 9:30 a.m. - 3:00 p.m.

**Location:** Iowa County Courthouse, Dodgeville

### **Writing a Success Story and Submitting Early!**

This workshop will focus on creating a success story that not just *tells* your story, it shouts success! Together we will analyze examples of success stories, apply recommendations for stronger stories, and even learn about district colleagues programs! Participants will leave the session with one (nearly) complete success story. Session is intended for Family Living Programs Educators as well as WNEP Coordinators and Educators.

### **Credit Reports and Credit**

We will go over how to obtain a credit report, what is on it, and what one should look for. This will be done in the context of the FICO score.

### **Family Financial Management Toolbox**

Participants will learn about this valuable website and the scope of offerings. Participants will experience various activities with discussion about how they might be used in various situations to communicate certain messages.

#### **April**

**Date/Time:** April 1-3, 2008

**Location:** Eau Claire

**Joint Council of Extension Professional (JCEP)**

## May

**Date/Time:** Thursday, May 15<sup>th</sup>; 9:30-3:00 p.m.

**Location:** Madison Research Station

### **What's New in Food Safety for Consumers and Educators**

Increasingly, we are seeing nationwide recalls of foods due to contamination with harmful bacteria. In this program, we will review current events in food safety and discuss how we, as educators, can help consumers meet these food safety challenges. We will also discuss strategies for most effectively communicating food safety information to consumers and the media.

### **Campus Tour**

Have you ever wondered where your favorite specialist is housed? Where is that building anyway? Join us for a walking tour of the UW-Madison campus!

## June

**Date/Time:** Thursday, June 12<sup>th</sup>; 9:30 a.m. - 3:00 p.m.

**Location:** Dodge County UW-Extension Office, Juneau

### **Raising a Thinking Child**

The Parenting Education Team identified this program as the evidence-based program for parents with preschool-age children that best meets the needs of UW-Extension and Wisconsin parent educators. Raising a Thinking Child has demonstrated effectiveness in improving parenting skills and parent-child communication and in decreasing both impulsive and inhibited behaviors in young children. It is a train the trainer model. Extension educators who participate in a daylong training and implement at least one session of the program are then given permission to teach the program to others in their communities.

Disclaimer: Times and Dates may change, watch for updates as the date comes closer.