

# HOME VISITATION: *THE BASICS* 2009

April 7-9, 2009  
or  
October 20-22, 2009

The Best Western  
Grand Seasons Hotel  
Waupaca, WI

Sponsor:



Cooperative Extension  
Family Living Programs

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## General Information

### Date/Times

April 7-9, 2009

October 20-22, 2009

Registration begins at 8:00 am on the first day of training. The daily schedule begins at 8:30 am and ends at 4:00 pm. The third day of training ends at noon.

### Location

**Best Western Grand Seasons Hotel, Waupaca**

A map and directions will be sent with your confirmation letter.

### Registration Fee

- \$310.00 if postmarked **BY** 10 working days prior to the training (March 24, and October 6, 2009).
- \$335.00 if postmarked **AFTER** these dates.

The registration fee includes lunch the first two days, instruction, materials, refreshments, and CEUs. Enrollment is limited. *To facilitate ordering workshop materials and meals, please register no later than 10 working days before the training.*

**Cancellation Policy:** If you cancel your registration 7 working days prior to the program, you will only be charged an administration fee of **\$25.00**. If you are a confirmed registrant and cancel less than 7 working days prior to the program date, you are responsible for the entire fee. Substitutions from the same agency are permitted.

**Lodging (self-pay):** Make your own arrangements for lodging by calling Best Western Grand Seasons at: 715/258-9212. Mention this training to get the state rate of \$70.00/night for a single accommodation.

**Credit:** 1.5 (15 hours) Continuing Education Units, (CEUs) UW-Extension, will be awarded for full participation.

**For more information contact:** Elaine Barrett, UWEX/CE Family Living Programs, 608/262-1411, or toll free 1/888/391-4255  
[elaine.barrett@ces.uwex.edu](mailto:elaine.barrett@ces.uwex.edu)

# Home Visitation: *The Basics*

## Instructors

**Lori Byom Fox**, Home Visitation Technical Assistance Consultant for UW-Extension, Cooperative Extension on Family Foundations, Hartland, WI

**Sarah Halstead**, Executive Director, Portage County Literacy Council, Inc. in Stevens Point, WI

**Mary Jo Tittl**, Mary Jo Tittl, Executive Director, Family Resource Centers, Sheboygan County, Plymouth, WI

## Who should attend

This training is designed for home visitors from health and community-based agencies who provide support to families prenatally through kindergarten entry. *It is particularly useful for those who are beginning their home visitation career.*

## What People Say about This Training...

*Very solid information that will be very helpful in my work!*

*Everything that was discussed I will take back with me to my job and use.*

*This training gives a very solid foundation for home visitor programs.*

*This is a wonderful training for home visitors from any background.*

*It was really inspiring.*

## What you will learn...

This training is based upon the Cornell Family Empowerment curriculum, the Home Visitation Developmental Assessment Scale, which identifies skills needed to be a successful home visitor and best practices. You will learn practical ideas and skills to put to work in the home visitation setting.

- **Family Systems and Family Development.** What is the Family Development Approach? Learn about the empowerment model. Discuss different family types, their strengths and challenges, and how to identify those strengths. Find out what happens when a home visitor enters a family system. Discover the skills and abilities needed by home visitors to be successful with families.
- **Building Social Support.** Learn how social support affects parenting competency, techniques for assessing social support, and how to use the Family Development Approach to affect social support.
- **Communicating with Empathy.** Home visitors need exceptional communication skills. Learn strategies for active listening, what to do when “I” messages don’t work, how to use “I” messages to talk about “hot topics” with families, and communication tips that really work.
- **Planning with Families Using A Family Development Approach.** How do empowerment-oriented and deficit-oriented assessment differ? Learn the six principles of empowerment-based assessment and practice goal-setting and planning with families.
- **Bring Professional.** Providing services in the home raises unique issues. Discuss confidentiality, personal safety, and setting boundaries. Learn about resources that will help families reach their goals.

**Professional Development Core Competencies #2-8 are addressed**  
([www.wctf.state.wi.us](http://www.wctf.state.wi.us))

## Registration Form (this form may be duplicated)

### Home Visitation: The Basics

April 7-9 or  October 20-22, 2009

Fee of \$310.00 if postmarked by **10 working days** before the training or \$335.00 if postmarked **after** this date.

Name \_\_\_\_\_

Agency \_\_\_\_\_

Agency Address \_\_\_\_\_

City/State/Zip Code

Phone ( ) \_\_\_\_\_  
Area Code Daytime Number

FAX ( ) \_\_\_\_\_

E-Mail \_\_\_\_\_

Special Needs (ie., vegetarian, etc.) \_\_\_\_\_

CEUs. Would you like CEU credit? Please circle:  
Yes No

Payment Enclosed: \$ \_\_\_\_\_

1. Enclosed is my check or money order for \$310.00 or \$335.00 (see reverse side) payable to:

**UW-Extension, OR...**

2. Please charge to the following credit card:  
American Express Mastercard VISA

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Cardholder Name \_\_\_\_\_

#### Mail to:

Elaine Barrett (Home Visitation: The Basics)  
301 UW-Extension Building  
432 North Lake Street  
Madison, WI 53706

Telephone: 1-888-391-4255

Fax: (608) 263-7969

[elaine.barrett@ces.uwex.edu](mailto:elaine.barrett@ces.uwex.edu)