




	<h2>Creating Successful Children</h2> <p>Parents Plus, Inc. Trudy Ranallo Patrice Knox</p> 

	<h2>The Story of a Child</h2>
	

	<h2>Development of Social Emotional Skills</h2>
	<ul style="list-style-type: none"> • Children ages Birth – 5 form close and secure adult and peer relationships • Children experience, regulate and express emotions in socially and culturally appropriate ways • Creates Foundation for School and Life Success 

Key Social Emotional Skills Children Need as they Enter School

- Concentration and Persistence on Challenging Tasks
- Ability to Express Emotions Appropriately
- Capacity to Develop Good Relationships with Adults and Peers
- Confidence
- Ability to Listen to Instructions and Be Attentive
- Ability to Solve Social Problems

What happens when children don't have these skills?

Children are less likely to benefit from the best instruction and more likely to engage in challenging behavior.
We must focus on **TEACHING** the skills!



- If a child doesn't know how to read, we *teach*.
- If a child doesn't know how to swim, we *teach*.
- If a child doesn't know how to multiply, we *teach*.
- If a child doesn't know how to drive, we *teach*.
- If a child doesn't know how to behave,

we..... ..teach?punish?

Why can't we finish the last sentence as automatically as we do the others?

Tom Herner (NASDE President) Counterpoint 1998, pg. 2

How You Can Help Children Develop Positive Social Emotional Behavior

Evidence Based Practices

- Build Positive Relationships
- Create Schedules and Routines
- Positive Communication
- Express Feelings

Building Relationships

- Helps each child feel accepted
- Assists children in learning to communicate and get along with others
- Encourages feelings of empathy and mutual respect
- Provides a supportive and communicative environment

Every child needs one person who is crazy about him."

Uri Bronfenbrenner



How do you build positive relations with: children, families, colleagues?

- Brainstorm a list of things you could do to build or strengthen relationships with children, families or other colleagues.
- Share ideas with group.
- Identify 2-3 things you are going to do to build or strengthen relationships with children, families and colleagues.

Build Positive Relationships by Making Deposits




Ideas for Making Deposits

- Greet each at the door by name.
- Post children's work around the room
- Have a "star" of the week who brings special things from home to share with the group.
- Call a child's parent in front of them to say what a great day she/he is having or send home positive notes.
- Call a child after a difficult day and say "I'm sorry we had a tough day today, I know tomorrow is going to be better."

	<ul style="list-style-type: none"> ■ Give hugs, high fives and thumbs up after accomplishing tasks. ■ When a child misses school, tell him how much he was missed. ■ Find time to read to individual children or a few at a time. ■ Acknowledge children's efforts. ■ Find out what a child's favorite book is and read it to the class. ■ Give out compliments liberally. ■ Play with children, follow their lead. <p>Relationship Building Resource: www.researchtopractice.info</p>
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	<h3>Ways to Be Positive</h3> <ul style="list-style-type: none"> ■ Think of actions or words that make you feel good about yourself. ■ What are some positive ways to a build a child's confidence? ■ Be behavior specific
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	<h3>Feelings</h3> <ul style="list-style-type: none"> ■ Think about the feelings that children have. ■ What are some of these feelings and how do children show them? <div style="display: flex; justify-content: space-around; align-items: center;">  </div>
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**Feelings:
Teachers, Providers and
Parents Can Help Children
Understand and Express
Their Emotions**



- Help children understand feelings by giving the feeling names and talking about how they are feeling.
- Give children opportunities to identify feelings in themselves and others.
- Teach children the different ways they can respond to feelings, conflicts or problems.
- Teach children to identify and express emotions in ways family and friends find acceptable.

**Promote Children's
Success**

- Create an environment where EVERY child feels good about going to each day.
- Design an environment that promotes child engagement.
- Focus on teaching children what To Do!
 - * Teach expectations and routines.
 - * Teach skills that children can use in place of challenging behaviors.

Develop a Schedule to Promote Child Engagement and Success

- Balance Activities
- Teach Children the Schedule
- Establish a Routine and Follow Consistently
- When changes are necessary, prepare children ahead of time.

Ideas for Creating Successful Children



- Read with your children every day
- Help children express feelings
- Teach children about family
- Enjoy being with children
- Be positive
- Accept each and every child
- Encourage independence

- Presentation based on material from Center on the Social Emotional Foundations for Early Learning
- For further information, teaching tools, and resources go to:
www.vanderbilt.edu



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