

	Negative Effects of Father Absence	Positive Effects of Father Involvement
<p><u>Prenatal effects on mothers</u></p> <ol style="list-style-type: none"> 1. Obtaining Prenatal 2. Distress and Depression 3. Smoking 4. Breastfeeding 	<ul style="list-style-type: none"> • Unmarried women less likely to obtain prenatal care³³ • More likely to smoke²⁶ 	<ul style="list-style-type: none"> • Adolescent mother's experience less depression when infants father involved⁷ • Can influence moms to quit³⁵ • Fathers influence the breastfeeding decision⁴
<p><u>Prenatal Effect on Infants</u></p> <ol style="list-style-type: none"> 1. Infant Mortality 2. Birth Weight 3. Breastfeeding 4. SIDS/Resp. Illness 	<ul style="list-style-type: none"> • 1.8 increased risk of mortality²² • Infants born to single mothers more likely to have LOW birth weight infants³³ 	<ul style="list-style-type: none"> • Fathers participation in prenatal activities were assoc. with HIGHER birth weights²¹ • More likely to be breastfed⁴ • 30% lower risk of SIDS if mom not smoking
<p><u>General Health and Healthcare</u></p> <ol style="list-style-type: none"> 1. Poverty 2. Health Care Access/Visits 3. Safety 4. Child Abuse 5. Neglect 	<ul style="list-style-type: none"> • 5 times likely to be poor² • Significantly less likely to use preventive and illness related ambulatory care¹¹ • 20-30% Higher probability of experiencing accidents, injuries, poisonings²⁹ • Greater risk of being involved in dangerous or unhealthy behaviors when these behaviors are influenced by peers²⁴ • Father absence is one of the most common predictors of child abuse³¹ • Risk of Neglect is doubled¹ 	<ul style="list-style-type: none"> • 1997, 65% of children living in father absent homes lived in poverty • A father's involvement in the physical care of his child before the age of 3, significantly reduces the probability that he will sexually abuse that child.
<p><u>Cognitive and Emotional Development</u></p> <ol style="list-style-type: none"> 1. General Development 	<ul style="list-style-type: none"> • More developmental delays³⁴ 	<ul style="list-style-type: none"> • Premature infants whose fathers spent more time playing with them had better cognitive outcomes at age 3³⁵

2. Anger Management 3. Delay gratification		
<u>Social Development</u>	Negative Effects of Father Absence	Positive Effects of Father Involvement
1. Separation Anxiety 2. Empathy		<ul style="list-style-type: none"> • Children exhibit LESS ANXIETY or crying when separated from a parent^{5, 20} • Father involvement in child care is “the most important factor” in developing empathy
<u>Mental Health</u>		
1. Father Hunger* (boys ages 1-2 yrs) 2. Antisocial behaviors (fighting, lying, cheating, criminal activity) 3. Depression 4. Conduct Disorder 5. Suicide	<ul style="list-style-type: none"> • Unique to father absent toddlers²³ • Increased risk of development antisocial behaviors²⁷ • Increased risk¹⁹ • Increased risk¹⁸ • Increased risk⁹ 	<ul style="list-style-type: none"> • Less likely to engage in stealing, truancy, and drug use⁸ • Lower occurrence of psychological distress in teens whose fathers were close.¹⁶
<u>Risky Business</u>		
1. Tobacco Use 2. Illegal Drug Use 3. Alcohol Use 4. Risky Sexual Behavior	<ul style="list-style-type: none"> • 1.6-1.8 times more likely to use tobacco³⁰ • Increased risk³² • 1.5-1.9 times more likely to use alcohol³⁰ • More likely to engage in pre-marital sex²³ 	<ul style="list-style-type: none"> • Children with “hands-on” fathers (fathers who are involved, se reasonable household rules...) are much LESS likely to use drugs²⁵ • The closer the relationship between an adolescent and the father, the less likely the adolescent was to report substance abuse.¹⁰

Bibliography for “Father Factor in Children’s Health” Summary Table

1) *America’s Children: Key National Indicators of Well Being*. Table SPECIAL 1. Washington, D.C.: Federal Interagency Forum on Child and Family Statistics, 1997. As cited in Father Facts 4th edition, pg. 103.

2) *America’s Children: Key National Indicators of Well Being, 2001*. Table ECONI.A. Washington, DC: Interagency Forum on Child and Family Statistics, 2001.

3) Barth RP, Claycomb M, Loomis A, “Services to Adolescent Fathers” Health Soc Work 1988 Fall:13(4): 277-87.

- 4) Bar-Yam NB, Darby L, "Fathers and breastfeeding: a review of the literature," *Journal of Human Lactation*, 1997 Mar.; 13(1): 45-50.
- 5) Biller HB, Trotter RJ, *The Father Factor, What you need to know to make a difference*, Simon & Shuster, 1994, NY, NY pg. 77.
- 6) Black MM, Dubowitz H, Starr RH Jr, "African American fathers in low income, urban families: development, behavior, and home environment of their three-year-old children" *Child Development* 1999, Jul-Aug; 70(4): 967-78.
- 7) Black MM, Papas MA, Hussey JM, Hunter W, Dubowitz, H, Kotch JB, English D, Schneider M, "Behavior and Development of Preschool Children Born to Adolescent Mother: Risk and 3-General Households," *Pediatrics*, Vol. 109, Number 4, April 2002.
- 8) Barnes GM, "Adolescent Alcohol Abuse and Other Problem Behaviors: Their Relationships and Common Paternal Influences" *Journal of Youth and Adolescence* 13 (1984): 239-348. As cited in *Father Facts* 4th edition pg 149.
- 9) Brent, DA, "Post-traumatic Stress Disorder in Peers of Adolescent Suicide Victims: Predisposing Factors and Phenomenology," "Journal of the American Academy of Child and Adolescent Psychiatry 34 (1995): 209-215. As cited in *Father Facts* 4th Edition p 127.
- 10) Coombs, RH, Landsverk J, "Parenting Styles and Substance Use during Childhood and Adolescence," *Journal of Marriage and the Family* 50 (1988): 473-482 as cited in *Father Facts* 4th Edition pg 149.
- 11) Cunningham, Peter J. and Beth A. Hahn. "*The Changing American Family: Implications for Children's Health Insurance Coverage and the Use of Ambulatory Care Services.*" *The Future of Children* 4 (Winter 1994): 24-42 Cited in *Father Facts*, 4th Edition, pg 129.
- 12) Dubowitz H, Black MM, Kerr MA, Starr RH JR, Harrington D, "Father and Child Neglect" *Archives of Pediatric and Adolescent Medicine*, 01 Feb 2000; 154(2): 135-41.
- 13) Fessler KB, Kane M, "Teen Parenting and the Care of Young Families," *Clinics in Family Practice, Adolescent Health*, Vol. 2 Number 4, Dec. 2000.
- 14) Goldstein HS, "Fathers' Absence and Cognitive Development of 12-17 Year Olds," *Psychological Reports*, 1982, 51: 843-648 as cited in David Popenoe. 1996 *Life Without Father*, New York, The Free Press, p. 149.
- 15) O'Connor T, Davies J, Dunn J, Golding J., ALSPAC Study Team "Differential Distribution of Children's Accidents, Injuries and Illnesses across Family Type," *Pediatrics* 106 (Nov. 2000): e68 as cited in *Father Facts* 4th Edition p. 128.
- 16) Harris KH, Furstenber FF JR, Marmar JK, "Paternal Involvement with Adolescents in Intact Families: The Influence of Fathers over the Life Course." *Demography* 35 (may 1998): 201-216. As cited in *Father Facts* 4th edition, p. 149.
- 17) Hetherington, EM and B Martin, *Family Interaction, Psychological Disorders of Childhood*. Eds. H.C. Quay and JS Werry, New York: John Wiley & Sons, 1979, 247-302.
- 18) Kandel, DB, Rosenbaum E, Chen K, "Impact of Maternal Drug Use and Life Experiences on Preadolescent Children Born to Teenage Mothers." *Journal of Marriage and the Family* 56 (1994): 325-240 as cited in *Father Facts* 4th Edition p 125.
- 19) Kasen S., "A Multiple-Risk Interaction Model: Effects of Temperament and Divorce on Psychiatric Disorders in Children." *Journal of Abnormal Child Psychology* 24 (1996): 121-150. As cited in *Father Facts* 4th Edition p 125.
- 20) Kotelchuk M, "The Involvement and Cognitive Behavioral Outcomes of Premature Infants," *Role of the Father in Child Development*, Ed, Michael E Lamb 2nd ed. New York: Wiley, 1981.

Father Factor: The Role of a Father in his Child's Health

National Fatherhood Initiative

- 21) Levy-shiff R, Hoffman MA, Mogilner S, Levinger S, Mogilner MB, "Fathers' hospital visits to their preterm infants as a predictor of father-infant relationship and infant development," *Pediatrics* 1990 Aug.; 86(2): 289-93.
- 22) Matthews TJ, Curtin SC, MacDorman MF, "Infant Mortality Statistics from the 1998 Period Linked Birth/Infant Death Data Set. National Vital Statistics Reports, Vol. 48, No. 12 Hyattsville, MD: National Center for Health Statistics, 2000. Cited in *Father Facts* 4th Edition, Pg 129.
- 23) Messer AA, "Boys' Father Hunger: The Missing Father Syndrome," *Medical aspects of Human Sexuality* 23 (January 1989): 44-47.
- 24) McLanahan SS, Arstone AM, Marks NF., *The Role of Mother-Only Families in Reproducing Poverty.* *Children in Poverty: Child Development and Public Policy.* Ed. Aleth C, Huston. Cambridge: Cambridge University Press, 1991.
- 25) National Center on Addiction and Substance Abuse at Columbia University, "National Survey of American Attitudes on Substance Abuse VI: Teens." Conducted by QEV Analytics, February 2001 as cited in *Father Facts* 4th Edition pg 149.
- 26) Penn G, Owen L, "Factors associated with continued smoking during pregnancy: analysis of socio-demographic, pregnancy and smoking-related factors," *Drug and Alcohol Review* 2002, Mar.: 21(1): 17-25.
- 27) Pffiffer LJ, McBurnett K, Rathouz PJ, "Father Absence and Familial Antisocial Characteristics" *Journal of Abnormal Child Psychology*, Vol. 29, No. 5, 2001, pp. 357-367.
- 28) Metzler C., "The Social Context of Risky Behavior among Adolescents." *Social Work* 43.4 (July 1997): 334-345 as cited in *Father Facts* 4th Edition pg. 140.
- 29) Remez L, "Children Who Don't Live with Both Parents Experience Behavioral Problems," *Family Planning Perspectives* (January/February 1992): 41-43 as cited in *Father Facts* 4th edition p. 128.
- 30) Substance Abuse and Mental Health Services Administration, *The Relationship between Family Structure and Adolescent Abuse.* Rockville, MD: National Clearinghouse for Alcohol and Drug Information, 1996.
- 31) Smith, Selwyn M, Hanson R, Nobel S, "Social aspects of the battered baby syndrome," *Child Abuse: Commission and Omission.* Eds. Joanne V. Cook and Roy T Bowles. Toronto: Butterworths, 1980. 217-220. as cited in *Father Facts* 4th ed. Pg 104.
- 32) US Department of Health and Human Services. National Center for Health Statistics. *Survey on Child Health.* Washington, D.C. 1993 as cited in *Father Facts* 4th Edition p. 112.
- 33) US Dept. of Health and Human Services. Public Health Service. Center for Disease Control and Prevention. National Center for Health Statistics. Report to Congress on Out-of-wedlock Childbearing. Hyattsville, MD (Sept 1995): 12 Cited in *Father Facts*, 4th Edition, pg 129.
- 33) Wadsworth J., "Teen Mothering: Child Development at Five Years," *Journal of Child Psychology and Psychiatry* 25 (1984): 303-313 as cited in *Father Facts* 4th Edition.
- 34) Wakefield M, Reid Y, Roberts L. Mullins R, Gillies P, "Smoking and Smoking Cessation among Men Whose Partners are Pregnant: a Qualitative Study," *Social Science Medicine* 1998 Sep; 47(5):657-64.
- 35) Yogman MW, Kindlon D, Earls FJ, "Father Involvement and Cognitive Behavioral Outcomes of Premature Infants," *Journal of the American Academy Child and Adolescent Psychology* 34 (1995): 58-66.