

RAISING YOUR SPIRITED CHILD WORKSHOP OUTCOMES

1. Parents will understand their child's temperamental traits and how they relate to their child's behavior.
2. Parents will understand their own temperament and how it affects their reactions to their child's behavior.
3. Parents will become aware of the cues leading up to their child's challenging behavior.
4. Parents will develop strategies for reducing or eliminating power struggles.
5. Parents will deal more effectively with tantrums and blow-ups when they do occur.
6. Parents will increase their use of effective strategies for managing their child's challenging behavior.