

Name _____

Month _____

Money Plan

		Income Week 1	Income Week 2	Income Week 3	Income Week 4
INCOME	\$906.00	\$153.00 Child Support	\$300.00	\$153.00 Child Support	\$300.00
BASIC LIVING EXPENSES					
Rent	\$214.00				
Electric/Gas	40.00				
Water/Sewer					
Phone	97.00				
Car Insurance	75.00				
Car	188.00				
Movies Out/Video	12.00				
Pets	8.00				
Gifts	17.00				
Wal Mart	60.00				
Groceries (food stamps 320.00)					
Children's School Exp.	10.00				
Clothes	34.00				
Laundry	63.00				
Cable	47.00				
Gas for Car	100.00				
Car Repair	20.00				
Going Out/Recreation					
Emergency Savings	10.00				
Credit Card Debt	25.00				
TOTALS \$1020.00	\$	\$	\$	\$	\$
(\$114.00 deficit)					

SPENDING PLAN WORKSHEET

Step 1:

Record **Total Income** \$ _____

Step 2:

Add together:

Total Expenses	\$ _____		
and	+		
Total Monthly Debt	\$ _____	= \$ _____	
Repayments and	+		
Total Monthly Savings	\$ _____		

\$

Step 3

Subtract this amount from **Total Income** to get Remaining Amount.

Remaining Amount

Step 4:

If the remaining amount is a positive number, it represents the amount of money you have left over each month after you pay your expenses, debt payments and put money into savings.

If the remaining amount is a negative number, it represents the amount of money you are short every month. This indicates a need to increase income and/or decrease expenses.

SEVEN FINANCIAL OPTIONS

1. Increase Income

- Be creative but realistic
- Work through numbers to show affect
- Increase the amount you are already being paid
- Charge for what you already do for free
- Work a second job, watch for overextension of time & energy

2. Decrease Expenses

- Let the client choose
- Redo numbers to show the affect

3. Consolidation Debt

- Consolidation loans are a good idea for people who already can pay their monthly bills and just want to be more efficient with debt repayment
- Consolidating debt can happen by shifting money around on lower interest credit cards, not a long-term solution
- Borrow from a friend or family member
- Do not turn unsecured debt into secured debt

4. Negotiate with creditor

- Come from a position of strength. "I want to keep this credit card but I have a better offer can you reduce my interest rate?"
- Be creative and only threaten what is real
- Bank loans and car loans can be rewritten and extended

5. Use a credit counselor to negotiate debt

- Debt repayment plans that decrease interest or monthly payment show up on credit reports as a late payment
- Three national debt phone counselors:
Myvista.org 1-800-680-3328
Consolidated Credit Counseling Services 1-800-728-3632
Money Management International 1-800-762-2271

6. File Bankruptcy

- This is a last resort, and does not help if there is not enough money to pay basic expenses, certain debt are protected from bankruptcy for example: liens, student loans, child support, back taxes
- Behavior must change or debt will reoccur
- It can be difficult to rent or obtain employment if a security check is required
- Stays on your credit report for up to 10 years
- Can make it difficult to borrow money from a financial institution. Loans that are approved will have a higher rate of interest.

7. Do nothing

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(Increased by \$80.00)		Income Week 1	Income Week 2	Income Week 3	Income Week 4
INCOME	\$906.00 \$986.00	\$ 40.00 \$153.00 Child Support Housecleaning	\$300.00	\$ 40.00 \$153.00 Child Support Housecleaning	\$300.00
BASIC LIVING EXPENSES					
Rent	\$214.00				
Electric/Gas	40.00				
Water/Sewer					
Phone Card (Saved \$52.00)	10.00				
Phone	97.00 35.00				
Car Insurance	75.00				
Car	188.00				
Movies Out/Video	12.00				
Pets	8.00				
Gifts	17.00				
Wal Mart	60.00				
Groceries (food stamps 320.00)					
Children's School Exp.	10.00				
Clothes	34.00				
Laundry	63.00				
Cable (Saved \$10.00)	37.00 47.00				
Gas for Car	100.00				
Car Repair	20.00				
Going Out/Recreation					
Emergency Savings	10.00				
Credit Card Debt	25.00				
TOTALS	\$1020.00	\$	\$	\$	\$

(\$114.00 deficit) **Totals after changes - Income \$958 (\$28.00 ahead)**

Name _____ Month _____ Money Plan

		(Increased by \$80.00)		Income Week 1	Income Week 2	Income Week 3	Income Week 4
INCOME		\$906.00	\$986.00	\$193.00 Child Support Housecleaning	\$300.00	\$193.00 Child Support Housecleaning	\$300.00
BASIC LIVING EXPENSES							
Rent		\$214.00		35	75	34	70
Electric/Gas		40.00		20		20	
Water/Sewer							
Phone Card (Saved \$52.00)		10.00		10	10	10	15
Phone		97.00 35.00					
Car Insurance		75.00		15	25	10	25
Car		188.00		40	55	40	53
Movies Out/Video		12.00		3	3	3	3
S Pets		8.00		4		4	
S Gifts		17.00		9		8	
Wal Mart		60.00		10	20	10	20
Groceries (food stamps 320.00)							
Children's School Exp.		10.00			10		
S Clothes		34.00			10		24
S Laundry		63.00		16	16	16	15
Cable (Saved \$10.00)		37.00 47.00		37			
Gas for Car		100.00		25	25	25	25
S Car Repair		20.00				20	
Going Out/Recreation							
S Emergency Savings		10.00			10		
Credit Card Debt		25.00				25	
TOTALS AFTER CHANGES		\$958		\$224.00	\$259.00	\$225.00	\$250.00
(+ \$28 savings)							