

What can you do?

Play Language Games

Touch and Name Game

- ❖ Touch different parts of baby's body and name them. For example, touch baby's nose and say, "Here is Juan's nose!" Repeat and then change to eyes, ears, fingers, toes, etc.
- ❖ Touch and name different parts of your body. For example, touch your toes and say, "Here are daddy's toes." Then touch baby's toes and say, "Here are Jenny's toes!"
- ❖ Touch objects baby is interested in and name them.

Imitation Game

- ❖ Listen for baby's sounds.
- ❖ Repeat the sounds back to baby, letting baby see your face as you speak.
- ❖ Pause and give baby a chance to "answer." Baby may repeat the sound again!

Resource books for parents:

Games to Play with Babies, Go Anywhere Games for Babies, by Jackie Silberg

Games Babies Play from Birth to 12 Months, by Vicki Lansky

Reading to Baby

- ❖ Select durable books for baby, made out of cardboard, cloth or plastic. At this age, baby is likely to enjoy chewing on the books as much as looking at the pictures.
- ❖ Select books with large, colorful pictures of familiar things.
- ❖ Select books with pleasing rhymes and rhythms.
- ❖ Point to pictures and name things (sometimes).
- ❖ Let baby help turn pages by holding onto all but the next page.
- ❖ Stop reading when baby loses interest.



Remember: Keep your nonverbal messages as positive as your words when talking to baby.