

# **NELD Operating Guidelines**

## **2004**

- **Be Positive**
- **Be true to self**
- **Confidentiality (keep stories within the group)**
- **Focus activities**
- **Don't interrupt**
- **No one's ideas are better or worse**
- **Keep things light (not too serious or personal)**
- **Be on time**
- **No sacred cows**
- **Think outside the room**
- **Go outside the room**
- **Safety – Outside comfort zone**
- **Respect, fun and interaction**
- **Listen with an open mind**
- **Non-threatening**
- **Active involvement in small groups**
- **Pertinent experience**
- **Limit sidebar conversation**
- **Everyone participates – Being present**