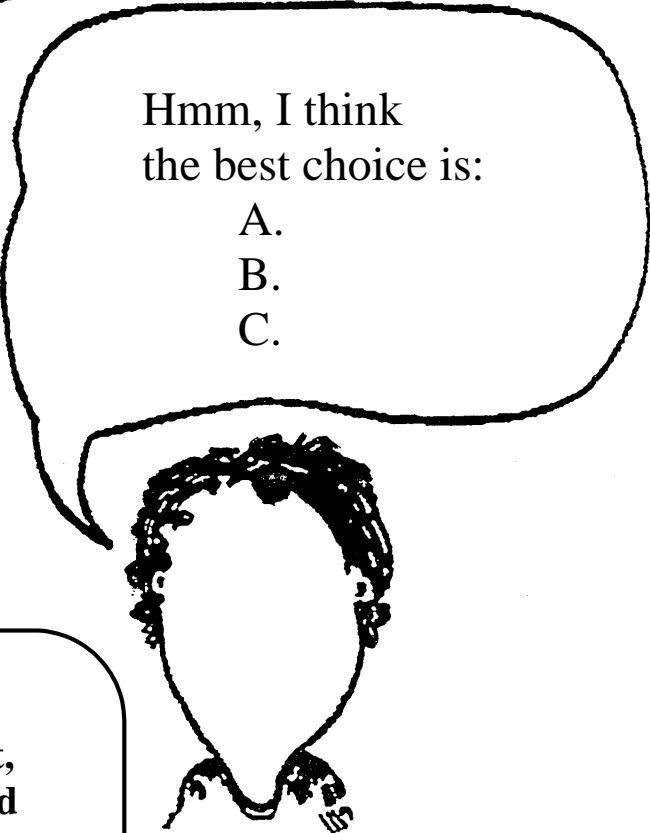


**Eating a variety of fruit.**



Which would be the best way to get the fruits we should have in a day?



Hmm, I think the best choice is:

- A.
- B.
- C.

**Choices:**

**A. Orange juice at breakfast, canned peaches at lunch, and a banana for a snack.**

**B. Apple juice at breakfast, applesauce at lunch, and an apple for a snack.**

**C. Orange juice at breakfast and an orange smoothie for a snack.**

**Choose One: What answer would YOU choose?**