

**Minnesota-Wisconsin Nutrition Education
Hmong Working Group
Minutes of the August 18, 1999 Phone Conference**

Participants:

Minnesota: Donna McDuffie, Fay McLain, Donna Bailey, Beth Sandell
Wisconsin: Linda Bruce, Nancy Coffey, Carolyn Krueger, May Ker Lee, Moua Uang,
Maiyoua Thao, Bev Phillips, Larry Jones

Review of Work Completed by Groups (as volunteered at Eau Claire meeting)

Food Safety

(Beth Sandell and Donna Bailey): Minnesota plans to prepare a version of their teaching resource, "Food Safety At Home" for use with Hmong audiences during 2000. Content focuses on common kitchen safety and food handling problems in home kitchens (based on the drawing "What's wrong with this picture?", page 3 in WNEP Keeping Food Safe book). The resource will be available as a non-carbon paper teaching activity, a poster and an interactive CD-ROM.

Resource Management

(Carolyn Krueger and Nancy Coffey): Reviewed the possible use of Money for Food (case study scenarios) with the Hmong community. A revision of a case study has been written and has been forwarded to a few Hmong groups for review. Responses should be in by the end of the week. In general, it is found that Hmong families are not running out of money, but need to think about how they are using their dollars.

Ramsey County (MN) staff have conducted focus groups with members of the Hmong community, about resource management. Results have not been summarized...currently in "notes" stage.

Issues important to this group:

- * Materials currently being developed may be most appropriate in cities/communities of the size/nature of Eau Claire-other users may have to adapt the materials before using;
- * Many resource management lessons require math skills which may be problematic for some Hmong learners;
- * It is assumed that it is best to make materials as visual as possible;
- * Ramsey County (MN) has found that doweries are sometimes a major expenditure for Hmong families-educators are often unaware of this resource management issue.

Curriculum Review Form

(Donna Bailey and Bev Phillips): A version of a Curriculum review form has been forwarded to members of the Work Group. The criteria listed on the form are those deemed important during discussion at the Work Group meeting in Eau Claire. All Work Group members are encouraged to use the form as we assess teaching materials for appropriateness for use with Hmong learners.

Hmong Culture

(Larry Jones, MayKer Lee, Moua Yang): Some resources have been collected by individual members of this group, but the group has not met and no systematic method of organizing or sharing the materials has been planned.

Discussion of a Web Site for Sharing Resources for Nutrition Education with Hmong Audiences

General Discussion

- * Access to web site would work fairly well for all members.
- * WI would take the lead on setting up and maintaining the web site.
- * General approval of this approach.
- * Need to have a phone conference and or meeting on an annual basis to make sure that it is working well.

Preliminary Overview of the Web Site:

- * Background on Hmong people, with emphasis on Wisconsin and Minnesota residents History, Culture, Leadership structure
 - Demographics of the Hmong people in WI and MN
 - Sources of reliable information
- * Nutrition Education Needs of the Hmong
 - Summaries of available information related to the areas of food security, food safety, diet quality, and food resource management.
 - Assessment tools that might be used/easily adapted to help educators learn of the needs of their Hmong participants.
- * Nutrition Education Resources for Teaching Hmong Audiences
 - Tools/worksheets to facilitate planning educational programs.
 - Resources for Teaching about Food Safety
 - Resources for Teaching about Choosing a Healthful Diet (Diet Quality)
 - Resources for Teaching about Food Resource Management
 - Evaluation tools to assess changes in knowledge and/or behavior of learners.
- * Chat Room
 - A web based opportunity for educators to share ideas, problems and solutions encountered when working with Hmong learners.

Next Steps

- * The members of the Work Group agreed to continue exploring available resources and development of new resources, as described above.
- * Wisconsin (Bev and Larry) will develop a web site for the Work Group and let everyone know when it is accessible.
- * Members will send any additional resources/ideas related to "Background" to Larry Jones
- * Members will send any additional resources/ideas related to "Food Safety" to Beth Sandell
- * Members will send any additional resources/ideas related to "Food Resource Management" to Carolyn Krueger
- * Members will send any additional resources/ideas related to "Dietary Quality" to Bev Phillips

Next Meeting will be November 19, 1999 in Eau Claire, WI from 9:00 am to 3:00 pm. Members should let Larry Jones know if they intend to stay overnight November 18 so he can arrange motel accommodations.