

Sample WNEP Impact Statements

1. The director of Sunnyside Senior Center requested a lesson on food safety and lunch meats. Before the lesson, only 30% of the learners could identify foods that may be unsafe after the package date; after the lesson, 80% correctly identified that hotdogs or lunch meats that are past the expiration date on the package may be unsafe and should be discarded. Some of the Seniors commented on the value of the lesson: “I didn’t realize that I could get sick from the bologna in my refrigerator.”
2. Educators taught 29 seniors about diet quality topics. Of those completing an end-of-session evaluation, 27 said they would eat better. Twenty-eight of the learners rated the lesson as ‘helpful’ or ‘very helpful.’
3. Fifty-seven learners at the Fourth Street Food Pantry participated in an educational display about soup. Of these learners, 53 answered the following question: “What nutrition topics would you like to learn more about?” Over half (57%) said they would like to learn about getting more food for their money, and 35% said they would like to learn more about making healthy snacks for their children.
4. 35 adults with children at Head Start, 103 adults with children at WIC, and 50 adults with children at a community garden site participated in lessons about eating plenty of fruits and vegetables. Before the lessons, 124 participants said that they sometimes or often eat 2 or more servings of vegetables at their main meal. After the lessons, 83 participants at WIC said this.
5. Yellow County Educators taught hand-washing at Brown Elementary. After the lesson, 29 of 32 children correctly identified 20 seconds as the length of time needed for proper hand-washing. Teachers commented about how valuable the lesson was. One teacher said, “The children really had fun looking at the glo-germs on their hands. This will definitely help decrease the spread of germs in our school.”
6. Clinton County WNEP established a relationship with the Jobs Center and the Family Resource Center to provide monthly lessons at each site on the following topics: determining resources for food, tracking money and making a spending plan, and living within a spending plan. During a period of 6 months, educators reached 45 adults, 39 of whom had children. 9 of 11 learners participating in the lesson about planning for food money said that the plan they worked out in class would help them feed their family; 15 of 20 learners participating in the lesson about managing food money said that they learned something that would help them manage their food stamp dollars; and 12 of 18 learners participating in a lesson about food needs vs. food wants could name at least one food that is a “want” (not a “need”) that they would try to buy less of.
7. 132 adults participated in a lesson about planning meals. Of the 124 participants completing an evaluation, 91 said that they were able to plan a one-dish meal during the lesson that they would actually consider preparing for their family. Participants made the following comments after the lesson, “I can’t wait to try this recipe at home – it tastes good and it was actually easy to make!” “Thank you for giving me ideas to help me cook at home. I know it’s cheaper to eat at home, but I never had easy recipes like this to try.”